



ABERDEEN COMPOSITE SCHOOL
October 2018
 Principal: Donna Duriez Vice Principal : Deane Martin Gray
<http://blogs.spiritsd.ca/aberdeenschool/>
 Box 10 Aberdeen, SK S0K 0A0
 Phone: (306) 253-4333



RAISING TECHNOLOGY SAFE CHILDREN PRESENTATION FOR PARENTS
(Parenting the Selfie Generation)
OCTOBER 18th 7:00 pm
SPONSORED BY THE
SCHOOL COMMUNITY COUNCIL

Dr. Alec Couros, professor of educational technology & media at the Faculty of Education, University of Regina will be at Aberdeen School to present timely and informative information regarding digital citizenship in the 21st century. Dr. Couros is a dynamic and innovative speaker who will speak about social media and the role that parents can play in supporting their children to **use technology in a safe and positive manner**. The SCC has also arranged to have Dr. Couros available to present to students and teachers during the day.

The evening session will be held in the big gym and participants will have a chance to win a **\$50.00 gift certificate to LANDMARK CINEMAS**.

We look forward to seeing many parents at this exciting and informative evening.

Dates to Remember
Oct. 18th Digital Citizenship Presentation 7:00
Oct. 19th Western Day
Oct. 24th & 25th Parent Teacher Interviews 3:30-8:00
Oct. 25th Picture Retakes 1:00
Oct. 27th Junior Girls Volleyball Tournament in Aberdeen
Oct. 29th Gr. 4-8 Junior Halloween Dance
Oct. 30th School Community Council Meeting 5:30 pm
Nov. 5th SEE Your Future Career Field Trip Gr. 11 & 12
Nov. 7th Persephone Theatre Field Trip Gr. 10, 11 & 12
Nov. 8th Remembrance Program 9:30 am
Nov. 8th Live Different Motivational Presentation Gr. 6 to 12 @1:30pm
Nov. 9th No School PD Day
Nov. 12th & 13th No School Remembrance Day and Day in Lieu
Nov. 14th Gr. 9 Take Your Kid To Work Day
Nov. 20th Family Games Night 6:00 to 8:00 Sponsored by the SCC
Nov. 21st Gr. 1-8 Report Card Distribution
Nov. 23rd Gr. 9-12 Report Card Distribution
Nov. 26-Nov. 30 Grade 12 Work Experience
Dec. 20th K to 6 Christmas Concert 1:30 & 7:00
Dec. 21 SRC Christmas Banquet
Dec. 22nd to Jan. 6th Christmas Break
Jan. 23th, 24th, 25th & 28th Exams
Jan. 29th No School
Jan. 30th Semester 2 Begins

Education Week October 15th to 19th
Theme: "A World of Learning for Every Student"

This year the theme of education week is a reminder to celebrate the amazing learning opportunities available for our students. We have planned activities that highlight some of the wonderful successes that come from many different learning opportunities. Success is measured in many different ways in Aberdeen School. For some it is through the praise and feedback they receive from reading a new book, writing their first sentence, getting a great mark on a math assessment or receiving great peer reviews on a class project. Many experience success through participation in extra curricular activities, completing a pass while playing football at recess or participating in activities involving global citizenship projects. Our mission in Prairie Spirit School Division: *learning without limits in a world of possibilities* provides purpose and direction for the educators in our schools and guides us in making appropriate choices for student learning. We believe that students will experience success when we create environments where they are engaged as learners by providing rigorous and relevant learning situations that are guided by opportunities to create and foster relationships that lead to positive results. Our students will have an opportunity to share their thoughts about their learning experiences and successes during many of the activities planned for education week.

Donna Duriez
Principal

Deane Martin Gray
Vice-Principal

BUS DRIVERS' APPRECIATION

Please join us in extending to our bus drivers our most sincere thanks and appreciation for their devotion and commitment to the safety and welfare of our students.

Bernadette Hamoline
Bert Bussiere
Dolores Dyck
Howard Elgersma
Sandy Janzen

Bernadette Hiebert
Cindy Beaulieu
Don Levesque
Randy Chorney
Tammy Lynchuk

STUDENT DROP OFF AND PICK-UP

Please do not park behind the busses on Thompson Street between Second Avenue and Central Avenue. **There is a parking bylaw in effect during school hours.** Signs are posted in this area. Individuals are often walking or running between the busses or around the busses to get to vehicles parked directly behind the busses on Thompson Street. There is moving traffic on the street directly behind the busses and we are concerned that someone may be struck by a vehicle while crossing the street. No one should walk between the busses as this creates a safety issue. Thank-you for your anticipated co-operation and willingness to work together to create a safe environment for the students in our school.

SCHOOL BUS NON-OPERATION

The following is information regarding the non operation of school buses in inclement weather:

Winter weather conditions which result in a combination of factors such as severely limited visibility, dangerously high wind chill values, or icy roads, may be seen as reasons for non-operation of the school buses. Specific conditions which meet or exceed the following criteria can be seen as reasons for non-operation of the school buses to schools in the division.

A) combined temperature and wind-chill factor of -40°C at 6:00 am.*

B) severely drifted or extremely icy roads.

C) limited visibility because of dense fog, heavy rain, blowing snow or severe dust storms.

*These environmental conditions as announced by Environment Canada .

The decision not to run a bus **would be made by the bus driver**, who would immediately inform the school principal of the decision. The bus driver will also contact all families on his/her route to inform them that the bus will not be running. Buses that do not run in the morning because of weather conditions, are not to run at all on that same day. The only exception to this rule will be when the cancellation is a result of reduced visibility due to fog. In that event only, buses will run for charters and for the afternoon routes if the fog in that area has dissipated at the time of departure.

There is to be no early dismissal due to deteriorating weather conditions. If it is determined that the buses will not run at the regular dismissal time, previously arranged in-town billeting is to be used for bus students and families are to be notified of those arrangements.

IT IS EXTREMELY IMPORTANT THAT ALL BUS STUDENTS HAVE AN IN-TOWN BILLET. PLEASE CONTACT THE SCHOOL IF YOU DO NOT HAVE A BILLET!

Book Fair



We are excited to announce that we are hosting a Scholastic Book Fair at the school again this year. The fair will be open on October 24th & 25th from 3:00-8:00. Be sure to check it out when you are at parent/teacher/student progress meetings. Please come out and purchase books; 60% of the sales stays within our school to purchase library and classroom materials!

CRUSADERS' SPORTS UPDATE

Cross - Country

We had 8 athletes participating in the Crusader Cross Country season this year. Our runners ranged from grade 4 to 8. Our returning runners were Jackson, Walter, Damien and Jonathon. Our newest runners were Nate, Aurora, Sam and Ayanna. We had our first meet in Langham. It is always a tough course, but our Crusaders did awesome! Ayanna placed 3rd in her run. We also had top 20 finishers including Jackson, Sam and Jonathon. We attended a meet in Martensville where Ayanna placed 6th. At the Sled Dod race in Saskatoon Jonathon placed in the top 20. Districts were in Delisle. Ayanna placed 8th and Jonathon got 16th. Nate showed perseverance by practicing hard and always running his best. Damien and Aurora always had great attitudes and were wonderful cheer leaders for other runners. It was a great season.



Well done Crusaders!

REMEMBRANCE DAY PROGRAM

**Thursday, November 8th, 2016
9:30 a.m.**

The Aberdeen School Remembrance Day program will be held on Thursday, November 8th beginning at 9:30 a.m. in the main gym.
Community and family members are welcome to join us.

All students will receive a poppy to wear at the program. There will be a donation collection container at the office beginning Monday, November 5th. Students in Grades 7 -12 may also make a donation at the door to the gym when they receive their poppy.

Poppy funds go to:

- provide assistance to any ex-servicemen and women in need
- build and maintain care facilities for the elderly and disabled
- related services for veterans such as meals-on-wheels and transportation
- disaster relief declared by the federal or provincial governments

Thank you!



Aberdeen School Breakfast Program

We have recently implemented a breakfast program at our school. A table with healthy snacks is set up in the front entrance of the school. Students may choose to pick-up an item on their way to their classrooms. We are presently seeking funding for our program like grants etc. to keep it running throughout the year. We will gladly accept any donations of non-perishable nut free foods like breakfast bars or granola bars. Thank-you to Mrs. Printz and her Home Economic students and Mrs. Kocay and the Functional Life Skills class for their work in preparing the breakfast snacks. Mr. Cumming, Mr. Holubetz and Mr. Myrah are also helping out with the program. If you need any information about donations etc. please contact Mrs. Duriez.



We SCARE HUNGER

**Wednesday,
OCTOBER 31ST**

Town of Aberdeen

WE DARE YOU TO GIVE!

CIA members will be out “trick-or-treating” in Aberdeen for non-perishable food items in support of Aberdeen Christmas Miracles and the Saskatoon Food Bank from 4:00-5:30pm.

People living outside of Aberdeen can send or drop off food items at the school prior to October 31st.

TERRY FOX WALK

Once again Aberdeen School has proven to be one of the best schools when it comes to supporting Terry Fox. As a school we raised \$ 2702.05 and had excellent participation in all initiatives including hat day and our walk/run on September 25th.

Congratulations to the Grade One class for raising \$722.00, led by the efforts of Thatcher B, Aubrey W, and Nicholas W who were also the top three earners in the entire School. Their reward will be a pizza party for the entire class!! Other major contributors include Wil B in Grade Three, Sam B in Grade Five and Brianna H in Grade Six.

**Over the last 15 years our school has raised an amazing
\$53 215.91. Great job Crusaders!!!**



AWARDS NIGHT

Thank-you to the parents, students and sponsors who participated in our awards presentations on October 12th. It was a great opportunity to celebrate the academic achievements of the past and present students in our school. We were very pleased to award over \$2,000.00 in scholarships and bursaries. We also want to congratulate all of our students for their commitment to their studies and especially recognize our past students who have received scholarships for post-secondary endeavors. Two of our students were granted Guaranteed Entrance Scholarships to the U of S for having admission averages over 95%. We also have students who have earned scholarships for academic achievement that will support them in their post-secondary studies and we want to extend our congratulations to them for their diligence and hard.

*Academic
Awards*

POP CAN TABS

Silver for Gold is a collaboration between EcoGenx Agriculture Recycling Ltd and Small But Mighty SK.

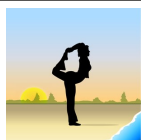
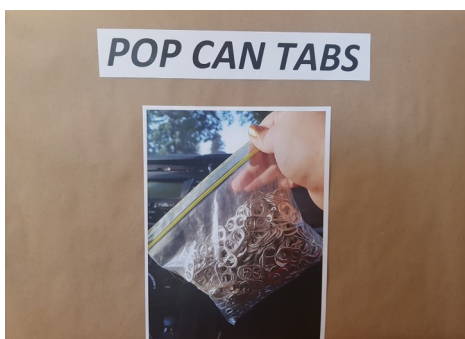
Small But Mighty SK is a group of pediatric oncology parents who aim to spread awareness of childhood cancers in our Saskatchewan communities and raise funds for childhood cancer research. This group has raised over \$100,000 in the first 4 years of their annual event, the Gold Walk.

EcoGenx joined our fundraising efforts in 2017. We collect aluminum tabs and turn them in for recycling. This year EcoGenx had a SK company buy the tabs for \$0.80/lb! 100% of the money raised goes to our fundraising for childhood cancer research. All money stays in Canada and is directed to the C17 through our collaboration with Childhood Cancer Canada.

This year over 2 million tabs were brought in! With some businesses matching EcoGenx's efforts, this initiative raised nearly \$4000!

Follow along and find more information at the Silver for Gold's FB page <https://www.facebook.com/silverforgold/> Here you can find an interactive map as well to different drop off locations throughout the province.

Pop Can tabs can be dropped off at the school office.

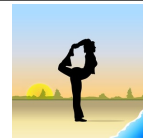


Family Yoga

Saturday mornings from 10:00-10:45

Beginning November 3rd

Six week program/\$45 per family



Adult Yoga Classes

Friday evenings from 7:00-8:00

Beginning November 16th

5 week program/\$40 or \$10 drop-in

Please phone Christine at (306) 500-2147 after 6:00 for registration or questions.

Home & School CONNECTION[®]

Working Together for School Success

October 2018

Sponsored by your School Community Council



SHORT NOTES

Exercise your brain

Your child's brain is like a muscle—the more he uses it, the stronger it will become. Suggest that he give his brain a workout with activities like using his nondominant hand to throw a ball or to color. Learning to speak a foreign language or play a musical instrument are also known brain boosters.

DID YOU KNOW?

If your youngster qualifies for free or reduced-price meals, your family may also be eligible for low-cost internet. Contact local internet providers to find out. In addition, most libraries have computers with internet access. Your child can use them to do research for school or to look up topics she's curious about.

Family talent show

Stage a talent show to help family members appreciate one another's skills. Each person can choose something he likes to do (singing, juggling). Encourage practice time, and choose a night for your event.

Worth quoting

"The world is round so that friendship may encircle it." *Pierre Teilhard de Chardin*

JUST FOR FUN

Teacher: Jill, name four members of the bear family.

Jill: Mom, dad, sister, and brother!



Super homework support

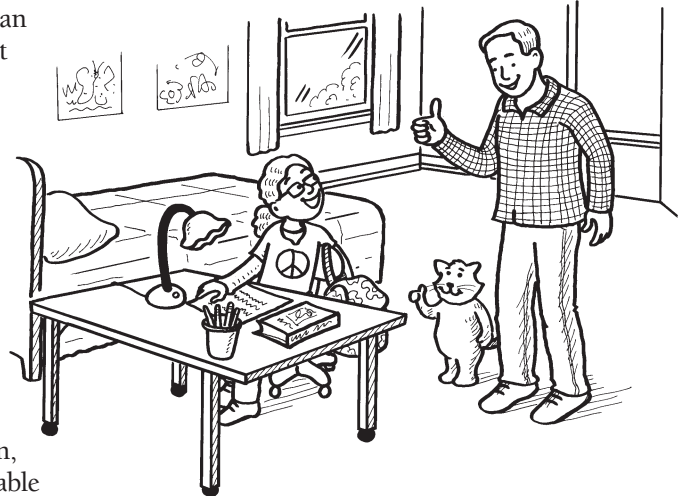
Making homework an important part of life at home will show your youngster that her education matters. Letting her work independently will also send the message that you believe in her. Consider these strategies.

Provide backup

Allow your youngster to work on her own, but tell her you're available if she needs you. Say she's confused about the directions for an assignment. You could encourage her to reread them slowly or maybe read them aloud to her. If she's not sure how to approach a math problem, you might look at similar problems together in her textbook.

Give feedback

Point out to your child what she's doing well—you'll inspire her to repeat the behavior in the future. For instance, if you notice she started a long-term project the day it was assigned, you could say,



"Nice move! Now you have plenty of time to come up with good ideas and do your best."

Show interest

Glance over finished homework so you know it's done and your youngster knows you care. Also, look at returned assignments. She might proudly share a nice comment her teacher wrote on her essay. Or if a paper has spelling errors, ask how she can avoid the same problem next time, perhaps by looking up unfamiliar words in a dictionary.♥

Organization made easy

Good organizational skills will help your child find what he needs—and save time. Try these tips:

- Encourage your youngster to help with jobs that teach organization. For instance, have him organize your toolbox. Let him try his ideas, such as grouping together same-size screws or arranging wrenches from shortest to longest.

- Point out that *staying* organized is easier than *getting* organized. If he cleans out his school desk and his backpack every Friday, those tasks won't be overwhelming. *Idea:* He could put sticky notes on his desk and bag that say "Please clean me on Friday!"♥

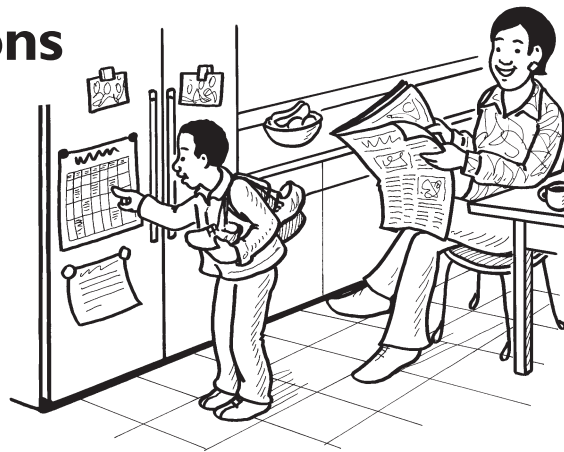


Setting expectations

Andrew always wears his sneakers to PE class and returns his books on library day. Robert sometimes forgets his sneakers and misses out on PE, or he leaves his library books at home and can't check out new ones.

What's the difference? Andrew's parents expect him to keep track of his schedule. Here's how to set expectations for your youngster.

Discuss in advance. Be clear about what you expect, and remind your child regularly. For example, if you want him to manage his schedule,



you might post it on the refrigerator and tell him that it's his job to check it each day. Or if you're getting a pet, explain what he'll need to do to care for it. ("You'll be in charge of filling the food bowl every evening.")

Be reasonable. Set expectations that your youngster can live up to. If he plays soccer, for instance, you might not expect him to

score goals, but you could expect him to attend every practice, show good sportsmanship, and try his best.♥

ACTIVITY CORNER

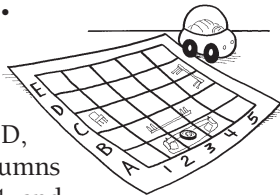


Build map skills

This version of hide-and-seek lets your youngster practice finding places on a grid. She'll have fun working on map skills and spatial reasoning.

1. Draw a grid.

Have your child make a grid with 5 rows (labeled A, B, C, D, and E) and 5 columns (labeled 1, 2, 3, 4, and 5). Her grid will represent a room in your home.



2. Add pictures. Next, your youngster should draw furniture or other items in the boxes to indicate their locations in the room. Say your couch is centered along the front wall of the living room. She could draw a couch on her grid across boxes A2, A3, and A4.

3. Hide an object. Take turns closing your eyes while the other person hides something (perhaps a toy car) in the actual room. Then, place a penny on the grid to show where you hid the item. If you put the penny on A3, your child might figure out that the toy is under the center of the couch.♥

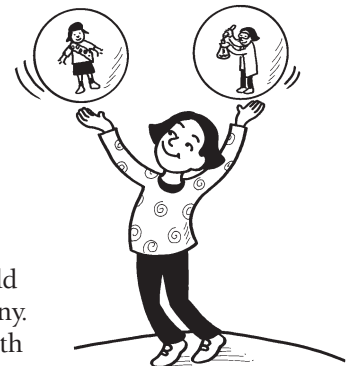
PARENT TO PARENT

After-school activities: Find a balance

My fifth grader, Alicia, was already in Girl Scouts and the school science club when I agreed to sign her up for martial arts. Before long, she started coming home too tired to do homework, and she had little time to play.

Alicia and I realized she needed to cut back on her extracurricular activities. She wasn't thrilled, but I explained that school comes first—and that she would enjoy each activity more if she weren't juggling so many. We talked about what to drop. She wanted to stick with her friends in Girl Scouts, and she loves the experiments she does in science club. In the end, she decided martial arts would be the one to go.

Alicia has more time for homework and play now. And maybe she can try martial arts next summer when school is out.♥



Q & A How to talk about lockdown drills

Q: My son came home anxious about a lockdown drill they did in school. How should I discuss this with him?

A: Lockdown drills help students know what to do in an emergency that requires them to shelter inside the school.

Explain to your son that his teacher and principal want to keep him and his classmates safe. That's why the school holds drills to prepare the children for

situations like intruders, fires, tornadoes, or earthquakes. Although it's scary to think about emergencies, having a plan can make him feel more in control.

Ask your son to name other ways we stay safe, such as wearing a seat belt in the car, looking both ways before crossing the street, or going indoors during a thunderstorm. He'll realize that he knows how to do a lot of things that help to protect him.

Note: If he continues to feel anxious, contact the school counselor for advice.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
www.rfeonline.com
ISSN 1540-5621