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<http://blogs.spiritsd.ca/aberdeenschool/>
February 2019



Dates to Remember
Feb. 18th to 22nd No School
Feb. 27th Red Cross Pink Day
Feb. 27th Gr. 10 & 11 Ready For Work Presentation 1:00 pm
Mar. 1st Grade 7 to 12 Winter Carnival
Mar. 6th Gr. 7 to 12 Ski Trip
March 11th School Community Council Mtg. 5:30 pm
Mar. 13th Persephone Field Trip Gr. 10 to 12
Mar. 15th K to 6 Winter Carnival
March 15th K to 8 Report Card Distribution
March 19th & 20th Student Progress Meetings 4:00-8:00
Mar. 20th Gr.7 to 12 Learning Fair 5:30 to 7:30
March 22nd No School
March 28th SRC FUN NIGHT
April 18th Gr. 9 to 12 Report Card Distribution
April 19th to 28th No School Easter Break
May 25th Grade 12 Graduation
May 26th Marafun Runners participate in Sask Marathon
June 20th to 26th Gr. 10 to 12 Exams
June 26th K to 9 Report Card Distri- bution
June 26th Last day of classes for K to 12
June 28th Gr. 10 to 12 Report Card Pick-up
June 28th School Closes for the summer



QUALITY ASSESSMENT/FEEDBACK/PERSONAL REFLECTION

Progress reports for students in Grades 9 to 12 were sent home on February 11th and reports for K to 8 will be sent home on March 15th. Our progress reports give students the opportunity to reflect on their learning and write about their success. Feedback is an integral part of the learning process and we believe that students should receive timely ongoing information that will promote the acquisition of learning outcomes. The feedback process also involves parents and guardians who are an integral part of the learning team.

We will be hosting a major Learning Fair involving all of our grade 7 to 12 students on March 20th from 5:30 to 7:30. Parents and guardians will have the opportunity to visit classrooms, see student work, and become involved in learning experiences with their children.

Thank-you For The Appreciation!

The Aberdeen School staff would like to thank the students of Aberdeen School for the wonderful lunch that they provided on Thursday, February 14th. The SRC really made the staff feel appreciated as part of Staff Appreciation Week in Aberdeen. Our SRC is an incredible group of individuals who do a magnificent job in providing student leadership.

Donna Duriez

Deane Martin Gray



OUR SCHOOL COMMUNITY COUNCIL IS AMAZING!

We would like to extend a warm thank-you to our School Community Council for the appreciation that they have shown to our staff this week. We really are grateful for such a caring community and wonderful families to work with. Our school community council is comprised of the following members: Bonnie Doige, Laura Laskowski, Lana Pearson, Lori Hamoline, Jodi Levy, Krista Doering, Brandi Tomin and Maryann Rempel.

KINDERGARTEN REGISTRATION

We would like to extend a warm invitation to any children who will be 5 years old by December 31, 2019 (a 2014 birthday) to register at Aberdeen School.

We invite parents to call the school at (306) 253-4333 to register their child for Kindergarten by **February 28, 2019**

Parents will be contacted in the spring regarding our Kindergarten Orientation Day for the 2019-2020 school year which will be on **June 7, 2019.**

If you know of friends or neighbors who have Kindergarten age children, please share this information with them.

FUN NIGHT is coming.... MARCH 28TH



5:30 pm – 8:00 pm
Carnival Games/Bounce Houses/Cake Auction
Raffle Board/Raffle Table/Concession

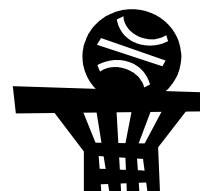
Don't miss this fun-filled evening!

Watch for the detailed brochure that will be sent home at a later date.

ABERDEEN CRUSADERS SPORTS UPDATE

Junior Boys Basketball

Congratulations to the Junior Boys Basketball Team for their outstanding season. The boys finished the year on a bit of a sour note, losing in conference playoffs to a tough Rosthern team. However, the boys had a 9-4 record over the course of the season and won three tournaments including our home tournament in a no-doubt final against rival Hepburn. Thanks to all the parents and teachers that supported our season. We have a great looking crop of 6's ready to turn junior next season, so look for more big things from the Junior Boys.



CURLING

Senior Curling conferences were in Dalmeny on Friday, Feb 8th. Salix, Cora, Jonathan and Abbey had a competitive tournament, ending with a wild 12-9 loss to RJC in a game which included a steal of 5 by RJC followed by a take of 6 by Aberdeen. The team of Evan, Brooklyn, Waylon and Sage went undefeated and advance to Regionals in Meadow Lake in March.

Congrats to all senior curlers!

Junior Curling players have upcoming game opportunities to finish honing their skills this season before heading to Martensville and competing in playoffs on March 8th. Best of luck junior curlers!



BINGO FOR BREAKFAST WAS A SUCCESS!

The CIA would like to thank everyone who came out to BINGO to support us in raising funds for the breakfast program. We had about 70 people attend and raised \$685.



MaraFUN

Students in Grades 3-8 are invited to sign up for a cross-country program called MaraFUN. Starting in March, students will run 2km, twice a week to log 40km before their final race at the Sask Marathon in Saskatoon on Sunday, May 26.

Teacher volunteers will run group training twice a week after school, but students who cannot stay can train at home.

To register, parents need to go to <https://raceroster.com/events/2019/18602/2019-marafun-saskatchewan-marathon>. Please add yourself to our Aberdeen Crusaders team. Cost is \$15 if registered by the end of February.



Aberdeen Bingo

Did you know that you can work bingo's to go towards fees for clubs such as hockey, dance, soccer and school activities?

For more information please email aberdeen.bingo@sasktel.net or contact Wendy at (306) 202-8292.





BIG SKY SOCCER 2019

AGM will be held on Sunday
February 17 @ 7pm in ARC Upper
Viewing

RATES

U5 - \$40
U7 - \$80
U9 - \$90
U11 - \$100
U13 - \$125
U15 - \$150
U16-18 - \$150

AGES

U5 (parent and tot) 2014-2016
U7 2012-2013
U9 2010-2011
U11 2008-2009
U13 2006-2007
U15 2004-2005
U16-18 2001-2003

All Payments made to
Big Sky Soccer
c/o Wendy Campbell
Box 263 (305 4th Ave)
Aberdeen SK
S0A0A0
306-202-8292

SIGN UP BY MAR 15TH

to avoid late fees

All payments made by cheque to Big
Sky Soccer, cash or e-transfer at
bigskysoccerassociation@gmail.com
Please include the players names on
all documents to ensure proper
invoicing.
No registrations accepted after
March 30.

Begins April 28th ends June 27th

REGISTRATION

All registrations must be done online by the parents this
season.

Register online @
valleysoccer.ca

New players and coaches - valleysoccer.ca go to right
hand side of page click on towns, click on Big Sky, on left
side of page click on 2019 youth soccer and follow
directions

Returning players and coaches - same as above .. if you
need registration code please contact Wendy

Help us win!

\$10K\$0
CAN Play

Kids



Create your profile
now and get ready
to move.

Challenge runs March 1 – 10.

challenge.saskatchewaninmotion.ca



Aberdeen Library

DRAMA CLUB



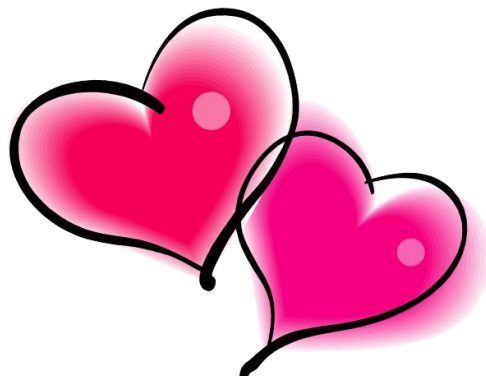
The Aberdeen Library Drama Club is a fun and interactive after-school drama club in which students will rehearse and perform a scripted play. Students in Drama Club will learn the basics of stagecraft, creativity and imaginative play, listening and observation skills, and self-confidence. Come and enjoy the rewards that come with working together to achieve a common goal.

5 - 10 years

WHEN: Monday 4:15 – 5:10
WHERE: Aberdeen library, ARC

11 – Adult years

WHEN: Wednesday 7:15 – 8:10
WHERE: Multi-use room, ARC



Home & School

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February 2019



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SHORT NOTES

A parenting mission statement

Can you name the three most important things to you as a parent? Putting them in writing will help to guide your parenting. Fill in the blank in the sentence, "I'm raising a child who ____" ("is kind to others," "works hard in school").

Find learning treasures

A secondhand store offers more than clothing and household items—you can find learning tools there, too. Help your youngster look for gently used books or board games (check to make sure all the pieces are there). He might also find magnetic letters or numbers, arts and crafts supplies, and small whiteboards or chalkboards.

Practice cursive

If your youngster is learning cursive, suggest creative ways to practice. She could make nameplates for family members' bedroom doors or write greeting cards and thank-you notes in cursive. *Idea:* Encourage her to use cursive when she takes notes in class. It's faster because she doesn't lift her pencil off the paper after each letter.

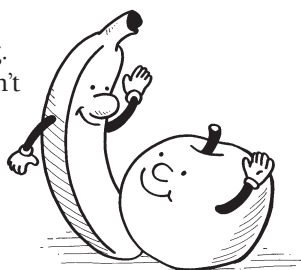
Worth quoting

"Joy is not in things; it is in us."
Richard Wagner

JUST FOR FUN

Q: What did the banana say to the apple?

A: Nothing. Bananas can't talk!



Embrace empathy

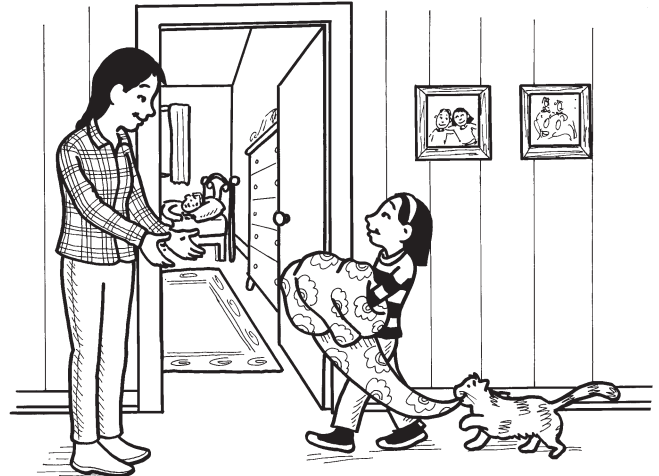
When Claire notices a classmate on crutches struggling with his books, she senses his frustration and offers to help. She has empathy—she can understand and share others' feelings. Build empathy in your child with these ideas.

Read feelings

Learning to identify other people's emotions is the first step toward feeling empathetic. Take turns acting out a feeling for family members to guess. For example, open your eyes and mouth wide to show fear. Or slump your shoulders and look down to display sadness. *Variation:* Draw faces on paper plates, and guess the emotions.

Create an "empathy identity"

Notice ways your youngster shows that she cares how people feel. You might say, "I can tell you feel bad that your brother is sick. It was nice of you to bring him a blanket." You could also point out others



showing empathy, too—in real life and in books and movies.

Respond appropriately

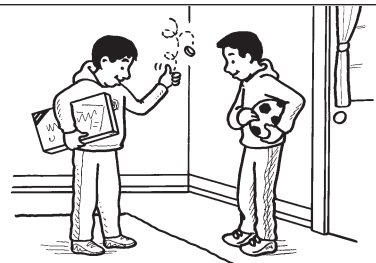
When someone is having a hard time (say, a friend's parents are getting divorced), your child may not know what to say. The good news? Sometimes people just want another person to listen and express empathy. Brainstorm honest responses like "I'm not sure what to say, but I'm glad you told me," or "I'm sorry this is happening. I'm here if you want to talk."♥

Let's collaborate!

Knowing how to collaborate with classmates will help your youngster work well and learn in a group. Try these tips to practice collaboration skills at home.

Balance speaking and listening. During family discussions, give each person a chance to talk. Your child should listen carefully so he can acknowledge what everyone says and build on their ideas. ("I liked what you said about _____. I think _____.")

Encourage compromise. If your youngster has a disagreement with a sibling or friend, such as whether to play indoors or outdoors, think of it as a learning opportunity. Ask them to think of a way they could both feel satisfied, perhaps by doing a jigsaw puzzle outside at a picnic table. Or they might flip a coin to decide which to do first.♥



Mix-it-up study methods

Fresh techniques will breathe new life into your child's study sessions. Share these ways to add variety and help him stay motivated.

Create a mural

Suggest that your child hang a big sheet of paper on a wall. On it, he can write and illustrate facts, concepts, and procedures he's studying. Say his math test includes rounding numbers, he might write the rule ("If a number ends in 5–9, round up") in big orange letters across the bottom and add examples



in green going sideways up the mural. Let him design a new panel for each subject. He'll have a handy study tool—and a colorful piece of art.

Play with clue cards

Encourage your youngster to make and play a card game with a study partner. He could write each concept on a separate index card and list three clues on the back. For

"electric circuit," clues might include "path," "current," and "conductor." He can shuffle the cards and stack them clue sides up. Players take turns drawing a card, reading the clues, and saying what's on the other side. Keep the card if you're right—the person with the most cards wins. ♥

ACTIVITY CORNER

Write a picture book

Your youngster can use her imagination to retell a familiar story, then preserve her version in a homemade book! She'll practice experimenting with characters, setting, and plot as she writes.



First, let your child pick a story and think of ways she could put her own twist on it. She might write a plot based on *Charlie and the Chocolate Factory* (Roald Dahl) but use herself and her friends for the main characters. Or maybe she'll pick a story set in another country, such as *Madeline* by Ludwig Bemelmans, and have it take place in the United States.

Next, have your youngster write each sentence or paragraph of her story on a separate sheet of paper and illustrate it. Finally, invite her to read her book aloud to your family. ♥

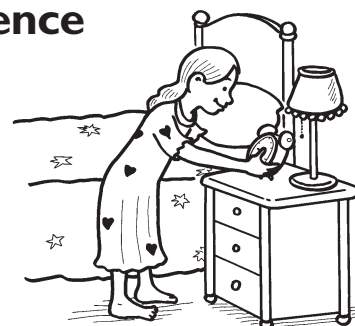
PARENT TO PARENT

Boost independence

Coaxing my daughter, Grace, through her routine on school mornings was no easy task. I decided that she needed to become more independent—and that our mornings could be more pleasant. So I've started having her get ready by herself.

I let Grace pick out an alarm clock and showed her how to set it. Then, on her closet door, we posted a list of her morning tasks, including getting dressed, brushing her teeth, and fixing her hair.

Now when we're both ready, we meet downstairs for breakfast before we head out the door. Our mornings are much easier, and I think Grace is proud of her newfound independence. ♥



Q & A Time for a cell phone?

Q: My fourth-grader says some of his friends are getting cell phones, and now he wants one. Are cell phones appropriate at this age?

A: Most kids this age don't really need a cell phone, since they're supervised by adults who carry phones. And owning a phone, especially one with internet access, is a big responsibility. To decide when to give your son a phone, first think about your family's budget. Also, consider how well he

follows safety rules and takes care of his belongings. Those are good indicators of how he will behave with a phone.

If you feel he's ready, you might start with a lower-cost one with limited features. Then, create guidelines. Perhaps he may use his phone only to call or text family members and close friends. Discuss consequences for breaking or losing it. And set times when his phone is off-limits, such as during family meals, in the hour before bedtime, and after lights-out. ♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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