

Stay Home if you are Sick

If you have new or worsening symptoms that include any of the following symptoms (see below) it is recommended that you stay home and contact Saskatchewan Health Authority by calling 811.

- Fever
- Cough
- Headache
- Muscle and/or joint aches and pains
- Sore throat
- Chills
- Runny nose
- Nasal congestion
- Conjunctivitis (pink eye)
- Dizziness
- Fatigue
- Nausea/vomiting
- Diarrhea
- Loss of appetite (difficulty feeding for children)
- Loss of sense of taste or smell
- Shortness of breath
- Difficulty breathing