

#### Safe... CaRing... LeaRning...

### November 28th, 2023

Happy December DES Families,

As I am writing this, it is 4 degrees outside and I can't help but think that last year, we had already had snow for about a month!!!!

I want to share something with you that I shared with the staff the other day. Something that when I heard it the first time, just resonated with me. It is from a book I am listening to called Hidden Potential by Adam Grant. Adam Grant is an Organizational Psychologist and University Professor at Wharton. He has written many books, has a podcast, and does TED talks. I'm not mentioning this to up his credibility but just in case you were interested in what he has to say, you can find him.

A piece he mentioned that I would like to share, is how in our desire to be perfect we often get stuck on results. We use this as our measuring stick and oftentimes, it is unattainable at that time or we neglect all the learning we are doing focusing too hard on the outcome. Maybe it is the timing of hearing this for me, as a teacher with progress reports coming out, I connect to what we want our students to be at DES. We understand that there are set landmarks in our grades and we need to have milestones to reach, but we also need to understand that everyone is different and has a different path to reach an outcome.

I connected this to another learning of mine around inclusion. The idea of all students in our classrooms should be in our classrooms and engaged in the learning that happens. My thoughts come from the work of Shelley Moore. Many of us grew up in a situation where students who were not at grade level were separated from the class. The idea is that there are two types of students. Those that can learn and those that can't. A different perspective and what

Moore says, is that all students in a class learn differently and not one child is the same, so our classrooms need to reflect this idea.

Why do I bring this up... well... when I look at my three children, their journeys in school are so different. Three kids were raised the exact same way, by the same parents. At times, we get focused on what is said in the progress report or the mark on Edsby. At our house, this has caused tension and at times unrealistic expectations for our three kids. I get stuck on my own kids having perfect results or being perfect students when I know that my version of perfect, isn't who they are.

So what does Grant suggest... well first instead of focusing on perfection, focus on excellence. Perfection is unattainable but students should strive to be the best version of themselves. Secondly, and this was my favourite part, at the end of learning, one should ask themselves these two questions instead of comparing themselves to whatever measure is put in place.

- 1. Did I make myself better today?
- Did I make someone else better today?

In schools, we need measures in place to allow us the opportunity to see learning and to guide its direction. This allows us to set a direction, change our path, and provide support. Our progress reports are a part of this journey and are just a snapshot of a moment in time. Learning never happens in a straight line and at times we need to go backward a step to move forward three. It's messy and never perfect and all we can ask of our students, staff, and families is we be our best versions and we continue to grow and support others to do the same

Jesse Reis and DES Staff

## Deliste Elementary School

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School Phone: 306,493,2451

#### **Important Dates:**

- Friday, Dec. 1—School Skating—Grade 3 & Grade 3/4—issues at arena—have to reschedule
- Friday, Dec. 1—Progress Reports sent through Edsby—Grade 1—Grade 6
- Wednesday, Dec. 6—Hot Meal Forms due
- Friday, Dec. 8—School Skating—Grade 1/2 & Grade 2
- Tuesday, Dec. 12—Hot Meal—Taco in a Bag
- Friday, Dec. 15—School Skating—Grade K ACE & Grade 1
- Friday, Dec. 22—School Skating—Grade K BDF
- Monday, Dec. 25—Friday, Jan. 5—Christmas Break—No Classes
- Monday, Jan. 8—Classes resume—Day C, Kinder ACE
- Friday, Jan. 12—School Skating—Grade 5./6 & Grade 6
- Friday, Jan. 19—School Skating—Grade 4 & Grade 5
- Friday, Jan. 26—School Skating—Grade 3 & Grade 3/4
- Wednesday, Jan. 31—No Classes—Preparation Time

#### Thank you!

- Pat Henderson and family—for the donation of hockey helmets for our School Skating Program
- River Landing Dental—for the dental kits for some students
- Bennet Lenz for their continued volunteerism at DES with staff and students



Reminder—School Activity Fees are due—please send payment as soon as possible for your student's school supplies and activity fees. Amounts for students in grades 1—6 are \$55 and amounts for kindergarten are \$40. Fees can be paid online through Rycor with a credit card, or you can send cash or cheque to school. Receipts will be issued after payment is received.

If you would like to pay in installments or at a later date, please just let us know and we will gladly accommodate.



On Monday, November 27th,
DES had the pleasure
of having
Jackson Rolling Thunder Tahuka
share his knowledge, a dance, some
drumming and singing with us.
Thank you Jackson!

We are planning some fun events and spirit days to build some holiday enthusiasm and cheer. Everyone is welcome to participate each day.

Thursday, Dec. 7th—Pay it Forward Day—Making Christmas cards in class Friday, Dec. 8th—Candy Cane Day—Wear Red and White Monday, Dec. 11th—Christmas Hat Day

ITuesday, Dec. 12th—Jersey Day

Wednesday, Dec. 13th—Snowflake Day—making snowflakes crafts in class Thursday, Dec. 14th—Holiday Hair Don't Care—Crazy Hair Day

Friday, Dec. 15th—Merry & Bright—wear your brightest colours—we are

also having a Christmas Carol contest this day

Monday, Dec. 18th—Mitt, Toque and Scarf Day

Tuesday, Dec. 19th—Two Turtle Dove Day—Twin Day

Wednesday, Dec. 20th—Christmas Sweater Day—craft in classroom

Thursday, Dec. 21st—Mad About Plaid Day—wear plaid Friday, Dec. 22nd—PJ Day—Dream a Little Dream Day



#### DES Accessible Playground Fundraising Efforts

We continue to fundraise for the development of a new accessible playground that will allow all kids to play and enjoy.

The following have generously donated to our project thus far:









Also several donations that came through the fundraising efforts of our SCC Annual Fun Night in June.

Personal donations from local students and community members have also been received.

We appreciate every single penny as we collect and build this community project for all.

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We have opened up the Creative Kids online application site and are accepting applications until December 1. Families can apply for artistic, cultural, dance, theatre, and music classes and programs that begin after January 1.

Potential students, and their families, who may not be able to afford classes, can apply by the December 1 deadline, to apply for funding for the above-mentioned programs. We will notify them of results by December 20, just in time for winter classes to begin. (Note that we will send payment to service providers in mid-January for successful applications.)

We also accept paper applications, which can be downloaded from the Creative Kids website. The application link and application forms are at <a href="https://creativekidssask.ca/apply-now/">https://creativekidssask.ca/apply-now/</a>

As always, please call us toll-free at 1-855-277-9469 or email <a href="mailto:info@creativekidssask.ca">info@creativekidssask.ca</a> with any questions.

Creative Kids Saskatchewan 404 - 2125 11th Avenue Regina, SK S4P 3X3 (306) 780-9361 1-855- 277-9469 www.creativekidssask.ca

LifeTouch Picture Orders

**Don't Forget to Order This Year's School Pictures** 

ENJOY 10% OFF

your order!

CODE: F2310OFF

EXPIRES: May 1, 2024

**Redeem Now** 



Delisle Interagency Group is once again collecting clean, reusable coats, jackets and ski pants to be distributed free to children and adults in our Community. We are asking for your support of this worthwhile project!

Donations of new or gently used and laundered items can be dropped off:

Recreation Office (Town Hall) - Monday, Wednesday & Friday (10 am - 3 pm)

Halloween Family Dance Party (October 29th 2 pm-4 pm)

Delisle Curling Rink: Wednesday November 1 (5 – 7 pm) & Friday November 10 (4 – 8 pm)

If you are unable to drop-off during these times, please contact Shelley @ 306-493-2505 to make other arrangements.

Donations accepted until November 10th!

If you or someone you know is in need of a little extra warmth this coming winter, please reach out confidentially to Shelley Worth @ 306-493-2505 or <a href="mailto:shelley.worth@sasktel.net">shelley.worth@sasktel.net</a>. We will then schedule a personal time to view the items available in mid-November.

Thank you!

\*donations have closed, but if you or your family members are needing some outdoor clothing or winter gear—please reach out to the Interagency Group at the contact info above or Shelley Worth\*

## How are the Children?

**Early Childhood Development Information** 



When You: Sing to your baby in the womb

They: Learn to recognize your voice





When You: Listen to songs & rhymes

They: Become aware of sounds and words

When You: Bang on pots & pans



They: Experiment with volume and rhythm







# Share your love, share your home

We did and it and made a difference



## Become a Treatment Foster Care parent today





We are seeking families to become Professional Treatment Foster parents in an innovative program. You will assume responsibilities for the care, treatment, and community engagement of children in your home. Foster parents will be provided with training clinical and consultative support, and respite services, including access to a 24-hour on-call system and receive a professional salary.

APPLY NOW by calling Dianna Stang at 306-659-3105 or email dianna.stang@ranchehrlo.ca

Sun Mon

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1 Kinder ACE Skating—Gr. 3 & Gr. 3/4 Progress Reports	Skating—Gr. 1/2 & Gr. 2 Wear red & white	15 Kinder ACE Skating—Kinder ACE & Gr. 1	22 Kinder BDF 2. Skating—Kinder BDF	29 3(	
	√ Kinder ACE	14. Kinder BDF	21 Kinder ACE	28 ses ary 8th	
	6 Kinder BDF Hot Meal Forms due	13 Kinder ACE  *****  ****************************	20 Kinder BDF	Christmas Break—No Classes Classes resume Monday, January 8th	Please see page 3 of the newsletter for the Spirit Day Activities planned for Dec. 7th—22nd
	5 Kinder ACE	12 Kinder BDF Hot Meal—	19 Kinder ACE DES Movie Night— 6pm start at the school	26	Please se
	4 Kinder BDF	11 Kinder ACE	18 Kinder BDF	25	
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