

HAGUE ELEMENTARY SCHOOL

- KNOWING AND GROWING - CARING AND SHARING -

P.O. Box 210 - 325 Saskatchewan Avenue  
Hague, Saskatchewan S0K 1X0  
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E-mail: [hes@spiritsd.ca](mailto:hes@spiritsd.ca) Website: [www.spiritsd.ca/hagueelem](http://www.spiritsd.ca/hagueelem)

Ms. Janet Jackson - Principal  
Mrs. Joyce Bowers – Vice-principal  
Mrs. Pat Wagner – Admin Assistant  
January 7<sup>th</sup>, 2016



**WINTER RECESS**

Children benefit from outdoor play, physical activity, and breathing the fresh Saskatchewan prairie air. And to be able to enjoy the outdoors, children need to be dressed against the winter chill. This is obvious in the frigid temperatures below -20° C, but is of particular importance when the wind chill factor is high as well. We find that our students are most often better dressed for extremely cold weather than they are when the temperatures are deceptively mild.

Understanding that children need exercise and fresh air every day, our students will be given the opportunity to enjoy their outdoor recess time each day as conditions allow. This may mean that when temperatures dip below -25° C, children are provided a shortened time outside, which will be determined by the amount and direction of the wind (our playground has little shelter), the current wind chill factor, and the appropriateness of winter clothing. Even a shortened recess is a beneficial and important body break for us all. Please ensure that your child has the appropriate winter clothing to be able to enjoy the recess breaks outdoors.

**TRAFFIC SAFETY**

We like to encourage a Safety First approach in making our streets safer for children. Parents can help in the following ways:

- ~ **DO** drive slowly and with caution in the school zone. 30 KM in school zone.
- ~ **DO** encourage your children to cross safely, **NOT BETWEEN THE BUSES**. This also goes for parents!
- ~ **DO** come into the school to pick up your children.
- ~ **DO NOT** park in the bus zone. We have busses coming in and out during the day.
- ~ **DO NOT** park in the handicap zone. We have families that use the parking area during the day.
- ~ **DO NOT** park behind staff vehicles in either of the parking lots.

**SUPERVISION**

Help keep our school safe by ensuring that students do not come to school before 8:40 a.m. unless they are here for an extra-curricular activity. Staff are busy in the morning preparing for the day and we do not have supervisors on until 8:40. Thanks for your understanding and support.

**SCHOOL SKATING**

Our classes are excited to begin skating. Thank you to the Hague Figure Skating Club for their support of our students in organizing the Skate-A-Thon which helps to offset the cost of our use of the rink. Students and parents are reminded that hockey helmets are required to be worn on the ice at all times when students are skating with their class during the school day. Students are also reminded to carry skates in a gym bag, backpack or similar carrying bag. This is for student safety purposes as well as to prevent damage to bus seats for those students who ride the bus.



## ***KINDERGARTEN REGISTRATION***

Hague Elementary is accepting registration for students who will be attending Kindergarten in the 2016-2017 school year. Children born in 2011 are eligible to begin Kindergarten in the fall. Please call Mrs. Wagner at 306-225-2104 if you have a child who needs to be enrolled.

If you prefer to e-mail, please include child's first, middle and last name, child's birthday, child's hospitalization number, parent's names, home phone number/cell number and mailing address. Our e-mail address is [hes@spiritsd.ca](mailto:hes@spiritsd.ca)

Please remember to apply for a birth certificate, if you have not already done so. We will need a photocopy of the certificate when you register your child. Thank you.

## ***COMMUNICATION PROTOCOL***

If students or parents have concerns or questions about an issue at school, please follow this communication process:

- ~The classroom teacher is to be the first person to hear and address any concerns from a student or parent.
- ~If the issue cannot be resolved with the teacher, the principal is to be contacted.
- ~If the matter remains unresolved, the parent may request a meeting with the Director or designate (Superintendent).
- ~The parent may also request a hearing with the Board of Education to further appeal the decision.

## ***COMMUNICATIONS***

Families are reminded to please make arrangements for their children's play dates, birthday parties, and other social engagements prior to the event. Use of the office phone, by students, is for emergency purposes in the event a child is injured or ill.

Changes to students' after school schedules should be made by students and parents before or after school. If these changes require a change to bussing arrangements for your child, please ensure you notify your child's bus driver to avoid confusion.

## ***EMERGENCY DRILLS***

Emergency Protocol drills include **fire drills** as well as **lockdown** and **hold & secure** drills. We will continue to practice these through the remainder of the year.

**LOCKDOWN** - a threat to our safety would be assumed to be inside the building

- students remain in rooms with locked doors, lights turned off, and staff and students gathered quietly in a corner out of the line of sight through any window
- front entry doors to the school would remain unlocked to allow emergency responders access to the interior of the building

**HOLD & SECURE** - perceived threat would be outside the building

- all exterior doors would be locked, preventing the threat from entering the building
- children and adults remain inside the school, but movement around the inside of the school would generally proceed as normal

## ***LOST AND FOUND***

Our collection of Lost and Found items is overflowing. Please stop by the school and browse through the articles of clothing to see what might belong to your household. Thank you for taking time to go through the items. Any items not claimed by June 30<sup>th</sup> will be donated to thrift stores.

## ***DONATIONS***

Thank you to the grade 6 class who sold candy canes, to parents and community members for your donation of non-perishable food items and also monetary contribution at our Christmas concert. With your generous support, the Hague Ministerial was able to deliver food hampers to families in Hague and area.

## ***STUDENT LUNCHES***

As you know, a review of microwave ovens in our school will be undertaken prior to June. This means that the use of microwave ovens at Hague Elementary will be discontinued shortly after that review. Families are encouraged to consider that change in advance and to begin packing lunch options that don't require heating OR to pack already-heated food in a Thermos.



We will continue with the hotdog sales on Fridays and also the monthly Subway lunches. Our next Subway lunch will be on Monday, January 25. Order form will go home on Wednesday, January 13.

## ***MUSIC FESTIVAL***

The SaskValley Music Festival will be held in Rosthern March 13-20, 2016. Entries to the 2016 festival are due January 22, 2016, including all entries for choirs, choral speech and individual speech arts as well as individual vocal and instrumental entries. If you have questions please contact Linda Swab @ 306-232-4636, [lbaker@sasktel.net](mailto:lbaker@sasktel.net) or the entry secretary, Sherry Derksen, 306-232-4265, [sheralynr@sasktel.net](mailto:sheralynr@sasktel.net).

## ***WIN A TRIP AND SUPPORT YOUR SCHOOL***

The new Prairie Spirit Schools Foundation is holding a Trip a Month Raffle to raise funds to support innovative programming in Prairie Spirit Schools.

**For every \$100 ticket sold through your school, your school will receive \$25.00 to support innovative student learning initiatives.**

Details are as follows:

~ There will be 12 draws for a \$2200 travel voucher (winners can choose their own destination)

~ **EVERY** ticket is in for **EVERY draw** (12 chances to win)

~ Only 1000 tickets will be sold (great odds)

~ Draw date is January 27, 2016 at 6:00 pm at PSSD Office

~ Trip details will be finalized with the exclusive sponsor-Gateway Travel in Martensville

To purchase a ticket with cash or by cheque, please contact the school office at 306-225-2104 or contact the Foundation at 306-683-2881 or [psfoundation@spiritsd.ca](mailto:psfoundation@spiritsd.ca).

For more information and Rules of Play, please go to: [www.prairiespiritschoolsfoundation.ca](http://www.prairiespiritschoolsfoundation.ca)

## ***2015 - 2016 EVENTS CALENDAR***

Monday, January 25 - Subway Lunch

Friday, January 29 - Teacher Prep Time - NO CLASSES

Wednesday, February 3 and Thursday, February 4 - Parent-teacher-student conferences

Monday, February 15- Family Day - NO SCHOOL

Tuesday, February 16 - Friday, February 19- Mid-term Break - NO SCHOOL

Monday, February 22 - Classes resume for students

Monday, February 29 - Subway Lunch

Wednesday, March 23 - Progress reports go home

Thursday, March 24 - Subway Lunch

Friday, March 25 - GOOD FRIDAY - NO SCHOOL

Monday, March 28 - Friday, April 1 - Easter Break - NO SCHOOL

Monday, April 18 - Subway Lunch

Monday, April 25 - Teacher Prep Day - NO CLASSES

Friday, May 20 - Teacher Prep Day - NO CLASSES

Monday, May 23 - Victoria Day - NO SCHOOL

Thursday, May 26 - Subway Lunch

Monday, June 20 - Subway Lunch

Tuesday, June 28 - Last day of school for students-Progress reports go home

Wednesday, June 29 - Teacher Work Day

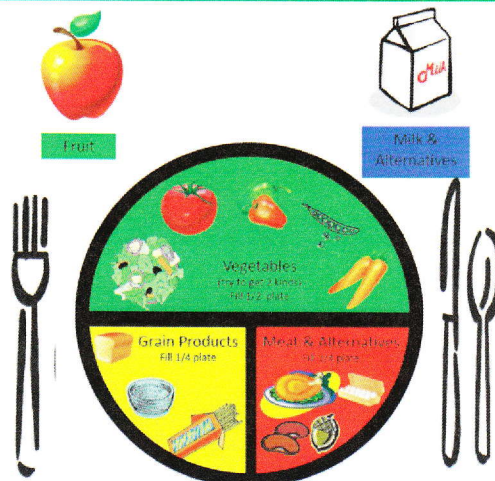
Thursday, June 30 - Teacher Prep Day / School Year Ends

Parents please check your child's school planner for classroom/school events or our school website at [www.spiritsd.ca/hagueelem](http://www.spiritsd.ca/hagueelem) for any updates!



# Menu Planning

Menu planning can be a hard job when feeding a family of different ages and with different food likes. Planning a menu ahead of time can help you to create tasty nutritious meals for the whole family. Writing a quick menu for the week before shopping can help you to save time, money, and ensure you have all of the ingredients on hand.



## At every meal:

- Use Canada's Food Guide to help you include food items from all four food groups.
- Vary your food choices within each food group to get a variety of different nutrients.
- Plan the timing of snacks so that they do not affect the child's appetite at mealtime.

## When you have little time:

- Have healthy options on hand, such as washed vegetables and fruits or portioned leftover meat, for quick sandwiches and salads.
- Consider using a slow cooker so meals are ready when you arrive home.
- Use leftovers to create new dishes.
- Have homemade frozen meals on hand rather than buying convenience foods.
- Keep a list of family favourites handy for when you are out of meal ideas.

## When you have lots of time:

- Involve your child in the planning and preparing of meals.
- Cook larger dishes and save leftovers for days when you have little time.
- Wash, prepare, and store vegetables and fruits to have them ready for later.

**To help develop healthy eating habits, include many different tastes, textures, and colours, and provide children with opportunities to try new foods. Enjoy meals as a family.**



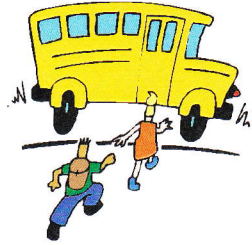
*Written by the Public Health Nutritionists of Saskatchewan with support from Saskatchewan Health Regions (2015)*

*Distributed by Cassandra Touet, Public Health Nutritionist, Saskatoon Health Region*

Public Health Nutritionists  
of Saskatchewan



# Prairie Spirit School Division Bus Rules

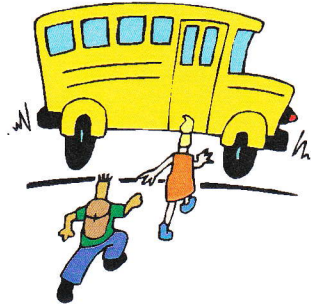


1. Students must show respect for driver, equipment, other students and their personal space
2. Student seating will be assigned by the bus driver
3. Students must remain seated and facing forward on the bus
4. Quiet conversation with close neighbors is allowed.
5. Eating or drinking on the bus is not permitted. Water will be allowed.
6. Windows are to be adjusted only with permission of the bus driver. Keep head and arms inside the bus at all times.
7. Student personal items and books must be placed near feet or on lap.
8. The aisle must be kept clear of objects at all times
9. Students must promptly obey instructions of the driver
10. If this is a charter, there must be a teacher or adult on the bus to supervise the students. It is not the charter driver's responsibility to enforce these rules. Exceptions would be Band and HE/ IA charters.

**Remember students on route buses are responsible and accountable to the Principal and Bus Driver for conduct and behaviour on the bus.**



## Prairie Spirit School Division Bus Rules (Rationale)



1. Students must show respect for driver, equipment, other students and their personal space
  - It is a privilege to ride the bus
  - Transportation is provided to public school students by the school board at a considerable cost.
  - Students are responsible and accountable to the principal for their conduct and behaviour from the time they get on the bus in the morning to the time they get off the bus at night. This also includes school class trips and charter trips.
  
2. Student seating will be assigned by the bus driver
  - Policy requires bus drivers to manage student behavior and a seating plan can support the orderly conduct on the bus during the bus ride.
  - Orderly conduct on the bus is extremely important. If the bus driver is distracted having to constantly discipline students, he is unable to focus his attention on the road and driving the bus. This is dangerous.
  - Students can be accountable for damage to their seating area
  
3. Students must remain seated and face forward on the bus
  - In the event of a collision, the students are in the most safe position while seated and facing forward. The seat in front is padded and provides protection in a collision.
  - Also we must respect other personal space
  
4. Quiet conversation with close neighbours is allowed.
  - If the level of noise level is inappropriate, the driver's concentration is distracted and can't attend properly to driving the bus
  - Please avoid unnecessary noise.

# Home & School

Working Together for School Success

CONNECTION®

January 2016

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## SHORT NOTES

### Resolution: Success!

This year, have your child make resolutions that will motivate him to do his best in school. For instance, he could pick a subject to improve in or a challenging book series to read. Encourage him to draw a picture of himself meeting his goal and share the drawing with his teacher.

### Hands-on history

Let your youngster take white paper and an unwrapped crayon on a walk around town. She can place the paper over engravings on historical markers or plaques and rub lightly with the side of the crayon. At home, suggest that she write a caption for each rubbing to tell a "local history" story.

### Sick time

When your child is sick, notify the school as soon as possible that he will be absent. Then, follow school policy about how long he must be symptom-free before he may return to class.

*Note:* He could ask a sibling or friend to bring home his work. Or when he goes back, he can talk to his teacher about making up the work.

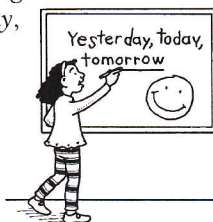
### Worth quoting

"Every time you tear a leaf off a calendar, you present a new place for new ideas and progress." *Charles Kettering*

## JUST FOR FUN

**Q:** Can you name three consecutive days without saying *Sunday, Wednesday, or Friday*?

**A:** Yes! Yesterday, today, and tomorrow.



## The three Cs of group work

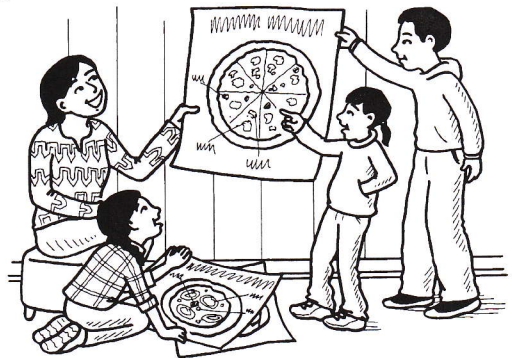
Three kindergartners work together on a mural in art class. Several fifth graders discuss a novel they read in reading group. No matter how old your child is, being able to communicate, collaborate, and compromise is important when she works with others. Consider these ways to practice at home.

### Communication

Group members communicate better when one person speaks at a time. Let your youngster create a "talking stick" by covering a ruler with aluminum foil or decorating a paper towel tube. During a family discussion, pass the stick around—only the person holding it may speak. This will remind your child to wait her turn and listen to what others say.

### Collaboration

Show your youngster that when people combine ideas, they often come up with new or better ones. Pretend you're a restaurant marketing team in charge of designing a pizza or burger. Start by looking at menus for interesting twists (barbecue pizza, burger with fried egg), and create something differ-



ent (blue cheese pizza, Caesar burger). Then, work together to make your new menu item for dinner.

### Compromise

When group members disagree on a topic for their presentation or on who will take what role, it's important to compromise. That means stating what you would prefer—and what alternatives you're willing to accept. Your child can try this at home when your family makes a decision. For example, maybe one sibling wants to go sledding while another would prefer ice skating. They could agree to sled first—but the one who wanted to ice skate gets to choose the hill they'll sled on.♥

## Keep track of progress

By staying on top of how your youngster does in school, you can support his achievements and nip any problems in the bud. Try these strategies.

- **Go over papers.** Look at each graded assignment your child brings home. This is an easy way to see what he's doing well and what he needs to work on.
- **Use electronic tools.** If the school posts grades online, check them regularly.
- **Communicate with the teacher.** Contact her if your youngster says a subject is difficult or brings home low grades. You could ask about ways to help him.♥



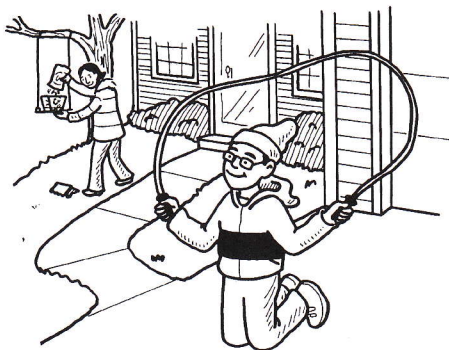


## Behavior “mysteries”

Is your youngster's behavior sometimes baffling? Here are solutions to common scenarios parents face.

**My child behaves in school but acts out at home.** Your youngster probably feels more relaxed at home and can let his guard down more with you. Rest assured this is normal. Remind him of the consequences for misbehaving at home, and follow through when he acts out. (And be glad that your child behaves at school!)

**After school, my youngster doesn't want to talk about his day or start homework.** Your child may be



struggling to switch out of “school mode.” Try giving him a break first—he may appreciate a few minutes to unwind, just as some adults do after work. Suggest a snack and exercise, such as riding his bike or jumping rope.

**My child only obeys me when I raise my voice.** If

your youngster knows he has to do what you ask only when you shout, he'll probably wait for your raised voice before he listens. Tell him that you'll ask nicely once, and after that, there will be a consequence for not listening.♥



### ACTIVITY CORNER

#### Experiment with evergreens

Your child may wonder why some trees stay green throughout the year (*evergreens*) and others lose their leaves (*deciduous*). With this activity, she can find out.

Let your youngster cut out two green construction-paper “leaves” and sprinkle them lightly with water. She should wrap one in waxed paper and lay both leaves in the sun for at least two hours. What happens? (The bare leaf stays dry, but the protected one remains moist.)



*The science:* A deciduous tree loses water through its leaves' tiny pores, so it gets rid of the leaves to conserve water in harsh weather. But evergreen leaves have a waxy *cuticle*, or covering, kind of like the waxed paper that protected your child's paper leaf. This coating keeps the water from evaporating, so leaves can remain on the tree through the winter.♥

### Q & A

#### Spell-check pitfalls

**Q:** My daughter says spelling is no big deal because we have spell-check and autocorrect.

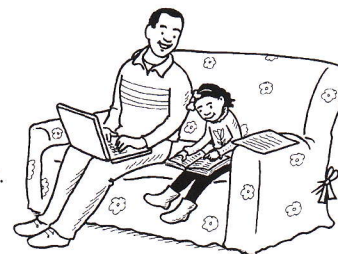
*How can I convince her that spelling still matters?*

**A:** Spell-check and autocorrect are handy tools. But they're not foolproof, and they're not always available.

When your child writes a school report, sit with her while she runs spell-check. Together, look for examples of mistakes caused by relying on the computer. This often happens with homophones (*it's* and *its*, *you're* and *your*), for instance. She'll need to know the difference to use the correct word.

Also, help her think of situations where she won't have spell-check or autocorrect, such as taking a test or using special software that doesn't include the feature. And if she can't spell a word, she may not recognize it when she reads, which can interfere with her comprehension.

Finally, point out that if she studies her spelling words, thinks carefully about how words are spelled, and proofreads her work, she'll find that the best spell-check is in her own head!♥



### PARENT TO PARENT

#### Helpful strategies for ADHD

My fourth-grader, Ryan, has ADHD, and he often loses books and papers and forgets to turn in assignments or to bring home slips for me to sign.

I talked to a fellow PTA parent whose oldest son has ADHD. She said her son puts sticky-note reminders everywhere—on his desk and binders and beside the front door. He also does better

of sleep, about two hours more than his siblings need.

I got colorful pads of sticky notes for Ryan, and he came up with a system for color-coding his reminders. Also, we are moving up his bedtime by a few minutes each night until we notice a difference. I know Ryan will still forget things from time to time, but it's helpful to know that we have strategies to try.♥



### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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