**Supplements**: Dymatize Elite Mass Gainer, Optimum Nutrition Gold Standard, MusclePharm Combat Powder, AllMax Nutrition Isoflex, Universal Nutrition Ultra Whey Pro, Twinlab Vege Fuel, Now Soy Protein Isolate-non-GMO, Twinlab Soy Protein Isolate, Universal Nutrition Milk & Egg, Dymatize Elite Egg Protein, Dymatize Elite Casein, Grenade Hydra, Universal Nutrition Casein Pro, AllMax Nutrition Casein- FX