



OSLER SCHOOL NEWSLETTER

"Learning, Growing.....Together"

October 2, 2015

Principal: Ms. Audrey Kampen
Vice-Principal: Mr. Glenn Key

Phone: 306-239-2077
www.spiritsd.ca/osler

DATES TO REMEMBER

Friday, Oct. 2

- Picture day

Monday, Oct. 5 & Thursday, Oct. 8

- Student Progress Conferences for Grades 1 to 9 - 3:30 to 7:00 pm

Monday, Oct. 12

- Thanksgiving—No school

Tuesday, Oct. 13

- SCC meeting - 6:00 pm

Thursday, Oct. 15

- High 5 Assembly—9:00 am

Friday, Oct. 16

- Hot Lunch

Friday, Nov. 6

- Day in Lieu—No School

Mon, Nov. 9 & Tues. Nov. 10

- School Holiday—No School

Wednesday, Nov. 11

- Remembrance Day—No School

Wednesday, Nov. 17

- SCC Meeting—6:00 pm

Check out our **School Website** for daily updates, reminders and announcements.

Keep up to date on our team practices, games and competitions.

<http://blogs.spiritsd.ca/oslerschool/>

Dear Parents,

The first month of school flew by and I am not sure where it went! The cross country, soccer and volleyball teams are busy practicing and have all started competing. The apples orders are all in and now we wait for delivery. The pancake breakfast was a huge success!

Again we are very thankful for such a supportive community. Apples sales continue to increase and \$908 was collected at the pancake breakfast to support the expansion of our classroom libraries.

The Terry Fox Assembly and Walk/Run was a wonderful tribute to a Canadian hero. Wayne Dueck, the guest speaker, challenged each of us to think about what we can do to make someone else's life a little better. We couldn't have asked for better weather.

The High 5 posters around our school remind students and staff of the great characteristics our students display. Conversations about what respect looks like and sounds like take place in the classrooms. We have also started a recognition program where students who are an excellent example of one of the High 5 characteristics will be given a ticket which will be entered into a draw in the office. Our next assembly which will highlight "being responsible" is on Thursday, October 15 at 9:00 a.m. Interested parents are welcome to join us.

Looking forward to seeing you at our student progress conferences on October 5 and 8. Thank you for using the new online sign up program to book your conference times.

If you have any compliments, questions or concerns, please contact your child's classroom teacher, Mr. Key or myself.

Ms. Kampen



Osler School High 5's

- ✎ Be Respectful
- ✎ Be Responsible
- ✎ Be Safe
- ✎ Be Grateful
- ✎ Be Open to Learn and Grow



Division 3 BOTTLE DRIVE

Thank you to all who contributed to the Grade 8 and 9 Regina Trip Bottle Drive - community members, parents and students.

We raised **\$1903.35!!!** That's great and will go a long way in reducing the trip costs for our students.

A special thanks to Larry and Sandi Arnason, Maria Wiebe, Melinda Reimer and Dave Janzen for using their trucks/trailers to take the bottles into Sarcan.

Look for one more bottle drive in the spring!



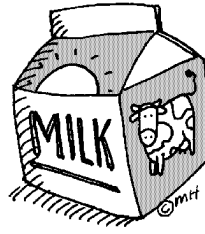
Scholastic Book Fair is coming to Osler School!!

The Fair will run from **Monday, October 5th to Friday, October 9th.**

We will be open during the Student Progress Conferences on **Monday, October 5th and Thursday, October 8th from 3:00-7:00 pm.**

With birthday parties and Christmas right around the corner, come check out the Book Fair for great gift ideas!!

Milk and Juice Boxes



Students may purchase milk and juice at lunch time. The price is 75¢. You may also buy a beverage card which enables you to buy 20 milk or juice for \$13.00.

Canadian Tire \$\$\$\$\$

Mrs. Lane will continue to collect Canadian Tire dollars this year. Thanks for your past donations; these donations help towards gym equipment costs. Students can turn in their \$\$ to Mrs. Lane or Mrs. Berg in the office. Thanks so much for your support!!

School Fees

Thank you to all who have already paid their school fees for the 2015-2016 school year. School fees are due by the end of September. If you are unable to pay the total amount, please contact Candace Berg in the office to make alternate arrangements.

Kindergarten Student Progress Conferences

Student Progress Conferences for kindergarten students are booked by Mrs. Edwards in November.

Student Drop Offs/Pick Ups

Thank you to all parents/grandparents/guardians as we work to keep the area in the front of the school safe for our students. As the weather gets colder, traffic volume increases, so let's keep the following in mind.

- The bus zone is off limits for drop offs and pick ups from 8:15 - 9:00, and from 2:45 - 3:30.
- U turns and 2 point turns are not allowed - please drop off/pick up and continue in the direction you were heading.
- Please remember that school doors are locked until 8:30, and our first bell rings at 8:45.

We appreciate your cooperation as we work together to keep our school community safe!

Apple Fundraiser 2015

Our annual "Apple Fund Raiser" sponsored by our Junior Monarchs Student Council (JMSC) will be wrapping up next week with the arrival and distribution of the apples. The apples should be ready for pick up by noon on Monday, October 5th. Pick up times for apples are as follows:

Monday (Oct. 5)	12:15 - 7:00
Tuesday (Oct. 6)	3:15 - 6:00
Wednesday (Oct. 7)	3:15 - 5:30
Thursday (Oct. 8)	3:15 - 7:00



Anyone wanting to purchase additional boxes can stop by the school because several extra boxes have been ordered. The students and staff of Osler School would like to thank everyone who works so hard to make this fundraiser a success - our brokers and organizers, student sellers, staff and parent volunteers and, of course, our loyal customers! Thank you!

Student Progress Conferences

**Monday, October 5th and
Thursday, October 8th.**

Please go online to book conference times with all your child(ren)'s teachers at times that work for you!

An information sheet was sent home on Monday. If you have any questions, please call the school office.

www.schoolinterviews.ca

School Event Code: BFPEP

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Nut Allergies

Please remember that Osler School is on **Peanut/Nut Alert**. Help us to keep all of our children safe by checking labels when packing lunches or bringing food to school.



Campbell's Labels for Education

Osler School continues to collect Campbell Soup labels. Please help us by saving your labels and sending them to school. Please note that soup labels must include the UPC and front label. The more labels we collect, the more points we earn. These points will be redeemed for merchandise for our school—books and sports equipment.

Phone Book Recycling

The Sasktel Pioneers program which paid schools to recycle phonebooks has been discontinued. We appreciate your support of this program over the last years. You can continue to recycle your phonebooks by bringing them to school. A community volunteer will be delivering them to Menno Industries in Waldheim which is a sheltered workshop for adults with intellectual disabilities. Phonebooks will be delivered to Menno Industries in mid-October.

Building Friendships before & after school care. Contact Crystal Campbell
at 306-220-0289 or
at buildingfriendships@hotmail.com for more information.

Partnership With the University of Saskatchewan

We want to welcome Erin Willems and Brayden Miskolzie, who are students from the College of Education, to our school this year. As part of their student teaching experience they will spend every Tuesday and Wednesday helping in Mrs. Saunders, Mrs. Sorokan's and Mrs. Fries' classrooms.

Family Health Information

- ◆ [Seasonal Flu Information](#)
- ◆ [Trick or Treat](#)
- ◆ [When to Stay Home From School](#)
- ◆ [Save that Smile](#)

Find more family health info at:
www.saskatoonhealthregion.ca
(Search: school newsletter inserts)

HEALTHY STUDENTS = BETTER LEARNERS



Population and Public Health

Money Found

In mid-September, a Ziploc baggie containing cash was found on the front yard of one of the school's neighbours. If you or your child lost some money, please contact the school office to claim.

CALLING ALL ARTISTS

*PAINTING * DRAWING * PRINTMAKING * COLLAGE
ALL ART SUPPLIES INCLUDED*

*GRADES 4-6 SATURDAYS 2:30 PM –4:30 PM
GRADES 7-9 THURSDAYS 4:00 PM–6:00 PM*

*CONTACT JEAN MONTGOMERY AT 306.382.3490
CREATIVEOUTLETS@HOTMAIL.COM*

WARMAN SASKATCHEWAN

Missoula Residency Week October 5-10, 2015

Open Auditions 3:30-5:30 Monday, October 5
at Rosthern Elementary School Gym
Students from K-9 are welcome to audition

SHOW TIMES: October 10, 2015 3:00 pm and 5:30 pm

Tickets \$10/seat \$5/under 5 yrs
Available at the Station Arts Centre 232-5332

SHOW SYNOPSIS

ALADDIN

Conceived and Written by Michael McGill
Music and Lyrics by Michael McGill



For Aladdin it's not easy to find a magic lamp but it's even harder to get a date! It's a swirling sandstorm of famous Arabian Tales from Ali Baba to Scheherazade, and even Sinbad the Sailor, as Aladdin journeys to find a magic lamp in a Cave of (not-so-great) Wonders. Along his way Aladdin seeks answers and advice from wise Genies, a powerful Sultan, and his own Mather to find a way to meet the Princess. However, even with the lamp in hand, Aladdin will have to learn that it takes more than a wish to make a good impression. Full of memorable characters, from lost Penguins to talking Palm Trees, this is an adventure worthy of 1001 laughs.

Home & School

CONNECTION®

Working Together for School Success

October 2015

Sponsored by your School Community Council



SHORT NOTES

Enjoy poetry

It's fun to think about what a poem might mean. Let your youngster check out a volume of poetry from the library, and take turns reading aloud from it. Talk about what the poet could be saying. Your child will work on reading comprehension as she discovers the joy of poetry.

Support for special needs

If your youngster struggles with friendships because of a disability, a social skills group may help. He'll practice strategies like starting conversations, listening to what others say, and waiting his turn to speak. Plus, he might make friends he can get together with outside of the group. Tip: Ask your child's school counselor, doctor, or therapist to recommend a group.

Promote self-confidence

Nothing builds success like success itself, so give your youngster plenty of chances to shine. Let her pursue her interests—even if they're not what you would have chosen for her. Or encourage her to learn a new hobby. Feeling capable is a great confidence booster.

Worth quoting

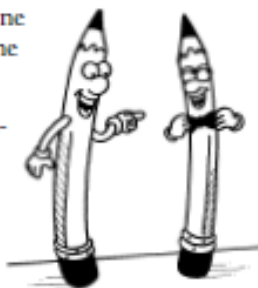
"Be sure you put your feet in the right place, then stand firm."

Abraham Lincoln

JUST FOR FUN

Q: What did one pencil say to the other?

A: You're looking sharp!



Positive attention = positive behavior

A little attention goes a long way toward helping your child behave well. Here are loving ways to inspire better behavior.

Announce a "time-in"

It's the "opposite" of a time-out—you and your youngster take a short break together *before* a situation where he tends to misbehave. During your time-in, you might color, play a quick game, or drink smoothies. This may prevent him from acting out to get negative attention.

Be playful

Pretending or being silly can make things go more smoothly. For example, to prevent your child from dragging his feet while getting ready for school, you could say, "Let's pretend we're astronauts. T-minus 10 minutes to blastoff!" Your playful discipline may not work every time, but your youngster just might discover that it's fun to cooperate.

Inspire a turnaround

Steer your child toward better behavior while you run errands by giving him jobs to do. In a store, you could say, "Okay, you're the leader. Can you find the garden department?" Or at the bank, have him count the coins while you count the bills. He'll feel important—and be less likely to get bored and misbehave.♥



Early to bed, ready to learn

Share this interesting fact with your youngster: While she's asleep, her brain is busy organizing and storing information she has learned. Use these guidelines to help her get a good night's sleep and improve learning and memory:

- Elementary school students need 9–11 hours of sleep—experts recommend a range because some kids require more sleep than others. If your child has a hard time waking up or feels drowsy in school, move to an earlier bedtime.
- The light from a computer (or any screen) can prevent your youngster from winding down. Have her turn off anything with a screen at least an hour before bed.♥



Hints for homework time

Make homework more pleasant for your youngster with these ideas for starting out strong and staying on task.

Get comfortable. Some children concentrate best by sitting at a desk, while others do better sprawled on a bed or the floor. Kids who tend to fidget might think better while balancing on a big exercise ball. Let your child experiment to see what she prefers. Then, she'll be able to focus on her work—not on getting comfortable.

Get focused. Your youngster could work in her room, away from siblings and the TV. If she shares a room or likes doing



homework in the kitchen or living room, help her set up a file-folder “cubicle” to block out distractions. She should staple together file folders (long edge to long edge) and stand them up to block off her work area. *Idea:* Have her write helpful information on the sides facing her, such as math facts or words she frequently misspells.

Get started. Sometimes beginning her homework is the hardest part. Encourage your child to start with an easier assignment—the satisfaction she feels from finishing it may give her momentum to tackle more challenging work. Or she could tell herself that if she completes one subject, she can take a break to ride her scooter or call a friend.♥

Q & A How to be careful online

Q: My son is just starting to use the Internet. We set up “parental controls,” but I know they’re not perfect. Other than watching him every second, what can I do to help him stay safe online?

A: Parental controls and supervision are important, but it’s also a good idea to teach your son habits to use on his own.



First, explain that “real life” safety rules apply online. For instance, he shouldn’t talk to strangers or go places that you haven’t approved. When he wants to visit a new website, he needs to let you know so you can make sure it’s appropriate. Keep in mind that sites with user comments or chat features usually aren’t good choices because they allow strangers to post or to talk to him.

Finally, just as in real life, he should tell you right away if a stranger tries to contact him or if he sees something confusing or upsetting.♥

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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ACTIVITY CORNER

Shaky science

Can your child create a building strong enough to withstand an “earthquake”? With this activity, he will practice thinking like an engineer.

1. Together, prepare an 8½ x 11 pan of gelatin dessert. Cover and refrigerate overnight, until set.
2. Have your youngster connect toothpicks with marshmallows to create a building that rises out of the gelatin.
3. Grasping opposite ends of the pan, gently shake it back and forth to create an earthquake. Does his building tumble, or do pieces fall off? He can redesign and test again. Which designs work best?
4. Talk about how engineers might make earthquake-proof buildings. For example, a low, wide building may fare better than a tall, narrow one. Also, which shapes (squares, rectangles, triangles) make the base or walls stronger?♥



PARENT TO PARENT

Fun with family photos

My daughter Annabelle loves storytelling. She often uses her imagination to act out tales with her miniature people and animal figures. When I heard her naming them after our family members and pets, I had an idea.

We gathered family photos, including ones with her grandparents, aunts, uncles, and cousins. Then, I helped her flatten empty pasta and cracker boxes and glue photos to them. She cut out around each person

and pet and stuck the cardboard figures in globs of play dough to make them stand up.

Now Annabelle likes to act out family stories using the figures. She reenacts beach vacations, holiday meals, and more. Sometimes we play along with her, each pretending to be a different person. It’s a great way to build her language skills—and to “spend time” with relatives we don’t see often.♥

