



OSLER SCHOOL NEWSLETTER

October 30, 2015

Principal: Ms. Audrey Kampen
Vice-Principal: Mr. Glenn Key

Phone: 306-239-2077
www.spiritsd.ca/osler

"Learning, Growing.....Together"

DATES TO REMEMBER

Thursday, Nov. 5

- Remembrance Day Service - 10 a.m. Community is invited.
- School Picture Retakes—p.m.

Friday, Nov. 6

- Day in Lieu—No School

Mon, Nov. 9 & Tues. Nov. 10

- School Holiday—No School

Wednesday, Nov. 11

- Remembrance Day—No School

Tuesday, Nov. 17

- SCC Meeting—6:00 pm

Friday, Nov. 27

- Term 1 Progress Reports Issued (Gr. 1-9)

Thursday, Dec. 17

- Christmas Program

Dear Parents,

Wow! The last month seems a blur! Was it Mr. Lewchuk's clean shaven look; was it "Mrs." Key's entrance as a princess; was it the hustle of our soccer and volleyball games, or was it fantastic field trips to the Youth Farm Corn Maze and the Science Centre in Regina. It is wonderful that "learning and growing together" is so much fun and so rewarding!

It is also great to take a walk through our classrooms! Grade 7 students playing hard during gym; Grade 6 students listening to Grade 8 Science presentations about the structure of a cell, Grade 1 students helping their classmate write an "all about me" paragraph and Grade 2 students exploring how they can select and take care of books in for their individual book bins. Those are some of the great things that happen on "normal" days at Osler School.

At the last High 5 assembly, the Grade 4/5 class did a great job of teaching other students what responsibility looks like and sounds like at our school. Students who are outstanding examples of Osler School's High 5s receive High 5 tickets. So far two students have been recipients of tickets to a Blades' hockey game.

Looking forward to seeing many of you at our Remembrance Day Assembly next week! If you have any compliments, concerns or questions, please contact your child's classroom teacher or myself.

Yours in education,

Audrey Kampen

Any students who are part of Cadets, Sparks, Cubs, etc. are invited to wear their uniforms and participate in the Colour Guard at our Remembrance Day Service.



Check out our School Website for updates, reminders and announcements and sign up to receive email notifications of anything new!

Keep up to date on our team practices, games and competitions.

<http://blogs.spiritsd.ca/oslerschool/>

Osler School High 5's

- ✎ Be Respectful
- ✎ Be Responsible
- ✎ Be Safe
- ✎ Be Grateful
- ✎ Be Open to Learn and Grow



Soccer

The **Grade 4–6 Girls Soccer Team** had a very successful season this fall. The girls played in two mini-tournaments earlier in the fall and also hosted the playoff day on October 16th. The girls had a wonderful, positive attitude all season and were an absolute pleasure to work with. They worked very hard in practices and improved their skills with every game. We are so proud of your playing this season ladies!



Also, a special thank you to Mrs. Kathryn Baerg who volunteered her time to help coach this wonderful team of young ladies.

Congratulations to all the girls who played soccer this year!

Grade 6: Adria B., Cheyenne B., Kierra E., Kylee H., Kadence J., Sierra J., Ryllyn M., Isabelle W., Lara W.

Grade 5: Morgan B., Jaida C., Demia J., Rachel L., Elliot N., Sophia P., Kendra R., Isabelle S., Reece T.

Grade 4: Kyra B., Abby E., Autumn H., Cadence H., Payton H., Emily K., Kaedra K., Arabella L., Jenny R., Cassie U.

Coaches: Mrs. Milnthorp & Mrs. Baerg



Our **Division II Boys (Grades 4 to 6)** soccer season wound up on October 16th with the Division Final Tournament at VCA. The weather was absolutely beautiful and it was a great day for soccer. We wish to thank the

boys for playing their hearts out against some very tough opponents in three exciting, hard fought games on tournament day. During this season, we played many games and it was great to watch the boys progress in their soccer skills and talents. Most of all, we wish to commend the boys for their sportsmanly play. They were proud ambassadors for our school and true gentlemen on and off the field. It was a pleasure to work with the boys and we are very proud of them!

Well done, boys!

Grade 6: Dante J., Noah T., Dutch M., John T., Carter P., Owen M., Trent L., Ethan M., Casey M., Maison B.

Grade 5: Dane P., Noah D., Bailey K., Simon D., Shayden F., Ezra F., Shade H.

Grade 4: Dallas P., Chase S., Jonah T., Caius W. Joseph W., Tyler B., Josiah T., William D., Raiden T., Mackenzie L., Chase R., Tristan E.

Coaches: Ms. Bodnar and Mrs. Hartery

**Thanks to our many cheering fans!
Your support was greatly appreciated!**

Cross Country

This year, 48 students in Grades 4-9 were members of our **Osler School Cross Country Team**. These athletes practiced twice a week at lunch time and tried their best throughout the short season. They competed in two cross country meets this fall. On Monday, September 21st, we traveled to Langham to run on the old golf course overlooking the South Saskatchewan River. It was an absolutely beautiful fall day and many of our athletes placed in the top 20 of their age categories. On Wednesday, October 7th, our cross country team traveled to Delisle to compete in the District Cross Country meet. Many athletes completed personal best races and should be very proud of their hard work. A special mention to **Morgan B. and Brayden A.** who both placed 1st in their respected age categories and received a medal from CVAC.



Congratulations to all the runners on the team. Even though it is a short season, all athletes worked hard to prepare for the two meets. Besides these great results, we are incredibly proud of how our athletes supported each other in what is traditionally considered a solitary sport. The cheering heard at the finish line for our athletes was always something that impressed us as coaches.

A very special thank you to **Paxton K., Maddy H., Kirsten S., and Shayla J.** These girls did an amazing job of helping with our younger runners during practices and meets. We were so fortunate to have your help.

Coaches: Mrs. Milnthorp & Mr. Key

Provincials - Cross Country

During the Cross Country District meet in Delisle, three athletes from Osler School qualified for the Provincials Championships, which was held in Saskatoon this year. On Saturday, October 17th, Osler School was represented by **Kendra R., Brayden A., and Jadrian G.** This was a great experience for these three athletes and we could not be more proud of their achievements. Congratulations Kendra, Brayden, and Jadrian!!

Dressing for Winter!

Students have great fun outdoors in the wintertime when they are dressed appropriately. Students in Kindergarten to Grade 6 are expected to play outside at recess time unless the windchill is greater than -27 degrees Celsius. Students in Grade 7-9 have the privilege to stay indoors at recess and noon hour but must still be dressed for winter when they ride the bus to school and to Practical and Applied Arts at Valley Christian Academy.



Thank you to NSC Minerals for their very generous donation of 4 tickets to a Saskatoon Blade Hockey game this season.



We used these tickets to congratulate two of our students for making choices to be respectful and responsible.



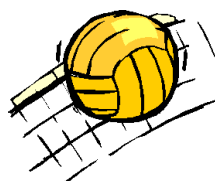
Terry Fox Run

Osler School raised \$811.75 for Terry Fox this year!

Mr. Key made a beautiful princess, and Mr. Lewchuk looks wonderful without his facial hair.

We also want to thank Monica Thiessen for Mrs. Carter's colourful new hair!

Way to go Osler School!



Volleyball

It has been a busy season with our Division 3 Boys and Girls Volleyball Teams.

The grade 7 boys and girls finished up their season last Saturday with a tournament at the Warman Middle School. It was a great day of lots of play and improvement. Good job this season Grade 7s!

The Grade 8/9 teams have also been busy. The girls lost out in their first playoff match this past Tuesday. They showed so much improvement on this last day. They defended well and set up a few plays for our side. We are very proud of what they accomplished.

The boys had a close call on Monday which was their first round of playoffs. They took Rosthern to 5 games, winning 25-19. It, as well, was a day of improvement with some great plays. On Wednesday in the second round of playoffs they played Martensville, taking the win in the 3 games. They move on to the conference finals in Dalmeny on Saturday. Good luck boys!

Thanks for a great season!

Volleyball Team Members:

Grade 7 Girls: Chloe, Carlee, Madison, Emma, Megan, Brittney, Alexis

Grade 7 Boys: Dylan, Jaret, Levi, Xander, Chase, Seth, Chantze, Keenan, Adam, Flo

Grade 8/9 Girls: Autumn, Arielle, Kaitlyn, Trinity, Paxton, Maddie, Kirsten, Rachel, Kendra, Shayla

Grade 8/9 Boys: Eric, Brendan, Adam, Corbin, Brayden, Jadrian, James

Coaches: Mrs. Lane and Mrs. Klassen

Family Health Information

- ◆ [Safe School Lunches](#)
- ◆ [Impetigo](#)
- ◆ [E-Cigarettes](#)
- ◆ [HIV Not your problem...Think Again!](#)

Find more family health info at:
www.saskatoonhealthregion.ca
(Search: school newsletter inserts)

HEALTHY STUDENTS = BETTER LEARNERS

Resonate Music Gala

Friday, December 4th

Proceeds support the
PSSD Resonate Student Workshops

Tickets: \$15/adults, \$10/children (18 & under)


Limited tickets available to purchase at the school office prior to Monday, November 23rd.

Basketball Coach(es) Needed!!!

As we tie up our soccer, cross country and volleyball seasons we are looking forward to basketball. We will have at least four teams but it does not look like we will have enough staff members to coach all of them. In order to keep these extremely valuable programs going we will need some help from you as parents and community members. Please contact Mr. Key at the school to discuss this opportunity.



November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Grade 9 'Take a Student to Work Day'	5 Remembrance Day Service 10:00 am School Picture Retakes 1:00-3:00 pm	6 No School Day in Lieu	7
8	9 No School School Holiday	10 No School School Holiday	11 No School Remembrance Day 	12	13 High 5 Assembly 9:00 am	14
15	16	17 SCC Meeting 6:00 pm	18	19	20 Hot Lunch	21
22	23	24	25	26	27 Term 1 Progress Reports (Grade 1-9)	28
29	30					

Home & School CONNECTION[®]

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November 2015

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SHORT NOTES

Take good notes

Help your youngster practice note taking with this idea. During a family discussion, appoint him as secretary. Explain that he doesn't have to write every word that's said, and he can use abbreviations and symbols. Instead of "We are going to Katie's chorus concert on Friday at 7 p.m.," he could write, "Katie's chorus Fri @ 7."

Dress for the weather

Your child will enjoy winter recess more—and get more exercise—if she's warm enough. Plan ahead by making sure she has a winter coat, mittens or gloves, a hat, and boots. *Note:* If your family needs assistance getting these items, let the school counselor know, and she may be able to help.

Make your own audio books

Would your youngster like a collection of audio books? Encourage him to record himself reading favorite stories aloud. He can practice using expression by trying a different voice for the narrator and for each character. Then, he'll be able to play back the recordings whenever he wants to listen.

Worth quoting

"The beautiful thing about learning is that no one can take it away from you." B.B. King

JUST FOR FUN

Q: When you lose something, why do you always find it in the last place you looked?

A: Because once you find it, you stop looking!



Parent-teacher conference FAQ

Whether this will be your first parent-teacher conference or you've already been to several, these answers to common questions will help you get the most out of your meeting.

Q: What should we expect at a typical conference?

A: The teacher will tell you what your child does well, show you work samples, and go over any problems. She may also explain how she's helping your child and suggest things to try at home. Plus, you can share information about your youngster.

Q: How can I prepare for our meeting?

A: It's helpful to write down questions ahead of time. You could ask about schoolwork, your child's behavior, and how she gets along with others. Also, include anything your youngster wants you to discuss.

Q: My child isn't having problems in school. Do I still need to attend the conference?

A: Yes! A conference lets you talk one-on-one with your youngster's teacher and hear how your child is doing. And



it strengthens your relationship with the teacher so it will be easier to reach out to her in the future.

Q: I'm nervous about going into the school and talking to the teacher. How can I feel more comfortable?

A: Keep in mind that the teacher wants you to be her partner in your child's education. Knowing that you are welcome—and needed—may help you feel confident. Arrive early so you're not rushed, and arrange child care (perhaps swap with another parent) so you can talk without distractions.♥

Explain your math thinking

"I know that $3 \times 26 = 78$ because 3 quarters = 75 cents, plus 3 more pennies = 78 cents!" When your youngster explains how he solved a math problem, it helps the process become more automatic for him. Encourage him with these ideas.

Talk. Let your child hear you do math out loud when you calculate a tip or estimate how long a car trip will take. He'll discover different ways of solving problems and learn that math thinking is an important part of everyday life.

Listen. When your youngster finishes his math homework, pick a random problem, and ask him to explain how he figured it out. Talking it through will deepen his understanding of math concepts—and it may help him correct any errors or find a more efficient method.♥



Steps to project success

School is full of projects, from science experiments to social studies reports and more. No matter what kind of project your youngster has, these steps can help him do his best.

1. Pick a topic. Your child will enjoy his project and learn more if his topic interests him. If the teacher assigns a project about the Middle Ages, a Lego fanatic could build a castle to use in his presentation, for instance.

2. Do research. Encourage your youngster to become an expert on his topic, whether he's experimenting with simple machines or researching state history. He should do this by



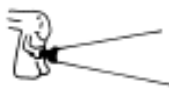
reading various sources, such as nonfiction books, textbook chapters, magazine articles, and websites.

3. Make visuals “pop.”

A bright background in his rain forest diorama or a colorful bar graph on his science project poster will catch his teacher's eye. But visuals must also be neat and accurate—for example, he wouldn't include an elephant in his rain forest.

4. Review and rehearse. Have your child look over his project carefully to make sure he addressed all the requirements. If he has to present it to the class, let him practice in front of you so he'll work out the kinks and feel confident. ♥

ACTIVITY CORNER



My name, your name

Your child's name is a big part of her identity. Encourage her to explore it with these activities that help her learn about culture, history, and geography:

- Tell your youngster the story of her name—why and how you chose it. Perhaps she is named after a relative or the name is important in your religion. Then, let her look it up in a baby-name book or online.



- Have your child research relatives' and classmates' names. She will discover what the names mean and what countries they're from. Together, find the countries on a map.

- Visit ssa.gov/oact/babynames to see the most popular baby names by year. For example, John and Mary were number one a century ago, while last year it was Noah and Emma. Build thinking skills by asking “Why do certain names become popular?” or “Why do you think Noah and Emma are most common now?” ♥

Q & A In control of fears

Q: I have twin girls. Suddenly, one is scared of storms, and the other is afraid of dogs. What should I do?

A: Fears are normal for kids—typical ones include bugs, the dark, and doctors, as well as storms and dogs. The good news is that most childhood fears go away over time. Try talking to your girls about their fears and coming up with strategies so they feel more in control.

With your daughter who fears storms, discuss ways your family prepares for weather emergencies. Then, let her do a specific task like gathering flashlights and placing one in each room.

You could have your other twin check out library books about dogs. Often, being more knowledgeable about something can make it less frightening.

Note: If either girl's anxiety interferes with sleep or schoolwork, talk to her doctor. ♥



PARENT TO PARENT A bowl full of thanks

As we were discussing our Thanksgiving plans, my son Bradley remembered our tradition of going around the table and saying what we're thankful for. Then he asked a good question: Why do we only talk about being thankful one day a year?

His question led to what we hope will become a new year-round tradition. Once a week before dinner, we each get a slip of paper and write one thing that made us feel thankful

that week, such as a delicious lunch or seeing an old friend. We put the slips in a bowl. Then, we take turns pulling out a slip and reading it aloud—and everyone tries to guess who wrote it.

We have only done this twice so far, but Bradley said that now he regularly thinks about what he's thankful for so he has something to share at dinner. And it's fun to guess why others are thankful! ♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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