

# OSLER SCHOOL NEWSLETTER

"Learning, Growing......Together"

January 28, 2016

Principal: Ms. Audrey Kampen Vice-Principal: Mr. Glenn Key

Phone: 306-239-2077 www.spiritsd.ca/osler

#### DATES TO REMEMBER

#### Friday, January 29

• Teacher Prep — NO SCHOOL

#### Wednesday, February 3

• Cybersafety Parent Presentation -7pm

#### Monday, February 8

• Skiing at Table Mountain—Gr. 4-9

#### Tuesday, February 9

• SCC Meeting—6:30 pm

#### Thursday, February 11

 Bears & Paws Puppet Show—11 am & 1 pm

#### Mon, February 15– Fri, February 19

• Winter Break—NO SCHOOL

#### Monday, February 22

 <u>Munsch it Up</u> Puppet Theater - 1:30 pm

#### Friday, February 26

• Performance by the Saskatoon Symphony—9:30 am

#### Check out our School Website for updates, reminders and announcements.

Sign up to receive daily email notifications of school announcements!

Keep up to date on our team practices, games and competitions.

http://blogs.spiritsd.ca/ oslerschool/

#### Dear Parents,

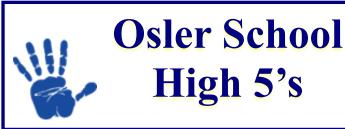
I am saddened by the events that occurred in La Loche on Friday afternoon and extend my deepest condolences to the students, staff, parents and the entire community as they begin to rebuild their community and schools. As our flag flies at half mast, I ask you to remember the staff and students at La Loche Community School in your thoughts and prayers.

Given the events of the last weekend, it was timely that the Grade 7 class highlighted "Be Safe" at our last "High 5" assembly. They examined choices that students make which keep themselves physically and emotionally safe and the responsibility everyone has to create a safe environment for others. Continuing with our theme of making safe choices, Grade 5-9 students will be attending a Cybersafety workshop the afternoon of February 3th. Sgt. Brian Trainor will also be available for a presentation for parents in the evening. We hope to see many of you there.

The month of February is filled with other great presentations as well. The Osler library is hosting the Bear and Paws Puppet Theatre in our school. We have booked Wide Open Puppet Theatre to present <u>Munsch It Up</u> and players from the Saskatoon Symphony will be presenting a concert. What a wonderful month to explore the arts! Please see further details in this newsletter.

It is great to see so many of you at our student progress conferences this week. I am hearing how much you appreciate the online booking system. I also heard comments that the new bell schedule kept conferences on time. If you have any further compliments, questions or concerns, please do not hesitate to contact your child's teacher, Mr. Key or myself.

Yours in education, Audrey Kampen



- Be Respectful
- Be Responsible
- Be Safe
- Be Grateful
- Be Open to Learn and Grow



## **ORANGE & GRAPEFRUIT FUNDRAISER**

Information and order forms went home this week for our orange & grapefruit fundraiser.



This is a school wide fundraiser

with the funds raised supporting the various activities we do in our school. They help to offset the costs related to educational trips and speakers, busing costs and sports related costs such as refing and transportation. We are proud to be able to provide our students with many opportunities and this would not be possible without your support of our fundraising efforts.

> Orders must be submitted by THURSDAY, FEBRUARY 11th.

> Oranges will arrive at the school on MONDAY, MARCH 7th.

Students will call their customers to confirm arrival date and pickup details.

# Milk/Juice Price Increase

For many years the SLC has provided milk or juice for purchase at lunchtime. This has always been set up as a service and is not a fundraiser. The cost of milk from our supplier has gradually increased and unfortunate-



ly, to meet the costs of our milk/juice program, we need to raise the price of milk & juice from 75<sup>4</sup> to \$1.00 effective February 1st.

Any milk cards purchased prior to January 6th will be honored until

they are used up. Beginning February 1st, you will be able to purchase a card for 20 milk/juice at the discounted price of \$18.00.

#### **Building Friendships Before & After School Care**

Contact Crystal Campbell at 306-220-0289 or at buildingfriendships@hotmail.com for more information

# Please pre-register for Kindergarten

Kindergarten is a special time that children look forward to. All children who are five years of age as of Dec. 31, 2016 may be admitted to kindergarten this fall. If you have an eligible child, please contact Osler School at 306-239-2077 to pre-register.

This information is necessary for planning programs, budgeting and staffing for the upcoming year. Please



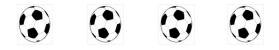
venience.



#### **Dsler Soccer Association 2016 Registration ONLINE REGISTRATION ONLY**

January 4th to March 15th on our registration website https://ssa-osler.goalline.ca/register.php (late registration fee after March 1st)

Email Collin at oslersa.secretary@gmail.com or Jennifer at oslersa.president@gmail.com with any ques-



# BEARS AND PAWS—PUPPET SHOW

Saskatchewan Aboriginal Storytelling 2016

**Osler School** 

Thursday, February 11th

11:15 am—Preschoolers & their parents welcome 1:00 pm—this show is targeted to children in gr. 3-5

#### For more information, contact Osler Library at 306-239-4774

#### What is Aboriginal Storytelling?

For Aborigian people, storytelling is both a gift, and a very old custom, sanctioned by the people to teach, entertain, and remember. Throughout February First Nations & Metis storytelling events are held in schools, libraries, and community organizations throughout Saskatchewan.

#### CYBERSAFETY PRESENTATION FOR PARENTS AND COMMUNITY



Young people's lives are increasingly intertwined with online activities. Parents and guardians often have questions about their children's online behaviour and safety but are unsure of what's important to monitor or where to get information. The WCMS and Osler SCCs cordially invite parents, guardians, and other community members to an informational presentation on Cybersafety hosted by retired Sgt. Brian Trainor. Sgt. Trainor is a nationally recognized and much sought after presenter on 'cyber' topics and has presented to 1000s of stu-

dents and adults across North America. Admission is sponsored by the WCMS and Osler SCCs.

The presentation will take place **Wednesday, February 3, 7:00-8:30pm** in the **Osler School Gymnasium** (*please note the change in location*).

Mark your calendars. We hope to see you there.



## END OF DAY PROCEDURES ARE CHANGING

We thank you for your cooperation as our enrolments increase and we adjust to the reality of another classroom in our Kindergarten to Grade 3 wing. We are making a change to ensure a safer and more relaxed transition at the end of the day for everyone. We want to allow our students room to put on their boots and outdoor shoes without bumping into adults, preschool children or babies. This is an opportunity for our young students to take another step forward in independence. This also allows our staff to work with students in the hallway until the end of the day without interruption. We anticipate that our enrolments will increase again next year and want to ensure that we continue to offer a safe and positive learning environment during the entire school day including the end of the school day.

As of February 1, 2016, the doors to the east entrance will be opened at 3:10. Parents are invited to meet their children outside the doors at 3:10. If you arrive at the school before 3:10 you are most welcome to wait in the front foyer until the 3:10 bell. At that time you can walk around the front of the school and meet your child(ren) outside the Kindergarten to Grade 3 doors. If you have a quick question for the teacher, please do not hesitate to come into the school after the student rush has cleared to touch base with the classroom teacher.

If you have any questions for clarification, please do not hesitate to talk to Ms. Kampen.

#### **Munsch It Up!** By Wide Open Puppet Theatre Company

#### Monday, Feb. 22nd at 1:30 pm

Munsch It Up is based on six stories by Robert Munsch. This one hour presentation features 28 puppets, a live narrator and loads of audience participation. Preschoolers and their parents are welcome to join us!



#### Family Health Information

- ◆ Family *in motion* Day
- Pink Eye
- <u>Healthy Relationships</u>
- Dental Clinic Services

Find more family health info at: <u>www.saskatoonhealthregion.ca</u> (Search: school newsletter inserts)

#### HEALTHY STUDENTS = BETTER LEARNERS



Health Population and Public Health

# Home&School Success

January 2016



Sponsored by your School Community Council



This year, have your child make resolutions that will motivate him to do his best in school. For instance, he could pick a subject to improve in or a challenging book series to read. Encourage him to draw a picture of himself meeting his goal and share the drawing with his teacher.

#### Hands-on history

Let your youngster take white paper and an unwrapped crayon on a walk around town. She can place the paper over engravings on historical markers or plaques and rub lightly with the side of the crayon. At home, suggest that she write a caption for each rubbing to tell a "local history" story.

#### Sick time

When your child is sick, notify the school as soon as possible that he will be absent. Then, follow school policy about how long he must be symptom-free before he may return to class. *Note:* He could ask a sibling or friend to bring home his work. Or when he goes back, he can talk to his teacher about making up the work.

#### Worth quoting

Every time you tear a leaf off a calendar, you present a new place for new ideas and progress." *Charles Kettering* 



Q: Can you name three consecutive days without saying Sunday, Wednesday, or Friday? A: Yes! Yesterday, today, and tomorrow.

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# The three Cs of group work

Three kindergartners work together on a mural in art class. Several fifth graders discuss a novel they read in reading group. No matter how old your child is, being able to communicate, collaborate, and compromise is important when she works with others. Consider these ways to practice at home.

#### ommunication

Group members communicate better when one person speaks at a time. Let your youngster create a "talking stick" by covering a ruler with aluminum foil or decorating a paper towel tube. During a family discussion, pass the stick around—only the person holding it may speak. This will remind your child to wait her turn and listen to what others say.

#### ollaboration

Show your youngster that when people combine ideas, they often come up with new or better ones. Pretend you're a restaurant marketing team in charge of designing a pizza or burger. Start by looking at menus for interesting twists (barbecue pizza, burger with fried egg), and create something differ-



ent (blue cheese pizza, Caesar burger). Then, work together to make your new menu item for dinner.

#### ompromise

When group members disagree on a topic for their presentation or on who will take what role, it's important to compromise. That means stating what you would prefer—and what alternatives you're willing to accept. Your child can try this at home when your family makes a decision. For example, maybe one sibling wants to go sledding while another would prefer ice skating. They could agree to sled first—but the one who wanted to ice skate gets to choose the hill they'll sled on.♥

# Keep track of progress

By staying on top of how your youngster does in school, you can support his achievements and nip any problems in the bud. Try these strategies.

• Go over papers. Look at each graded assignment your child brings home. This is an easy way to see what he's doing well and what he needs to work on.

• Use electronic tools. If the school posts grades online, check them regularly.

● **Communicate with the teacher.** Contact her if your youngster says a subject is difficult or brings home low grades. You could ask about ways to help him.♥

# Home & School CONNECTION®

# **Behavior** "mysteries"

Is your youngster's behavior sometimes baffling? Here are solutions to common scenarios parents face.

My child behaves in school but acts out at home. Your youngster probably feels more relaxed at home and can let his guard down more with you. Rest assured this is normal. Remind him of the consequences for misbehaving at home, and follow through when he acts out. (And be glad that your child behaves at school!)

After school, my youngster doesn't want to talk about his day or start homework. Your child may be



### **Experiment with** evergreens

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Your child may wonder why some trees stay green throughout the year (evergreens) and others lose their leaves (deciduous). With this activity, she can find out.

Let your youngster cut out two green constructionpaper "leaves"



and sprinkle them lightly with water. She should wrap one in waxed paper and lay both leaves in the sun for at least two hours. What happens? (The bare leaf stays dry, but the protected one remains moist.)

The science: A deciduous tree loses water through its leaves' tiny pores, so it gets rid of the leaves to conserve water in harsh weather. But evergreen leaves have a waxy cuticle, or covering, kind of like the waxed paper that protected your child's paper leaf. This coating keeps the water from evaporating, so leaves can remain on the tree through the winter.♥

#### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting. Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 540-636-4280 • rfecustomer@wolterskluwer.com www.rfeonline.com ISSN 1540-5621

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struggling to switch out of "school mode." Try giving him a break first—he may appreciate a few minutes to unwind, just as some adults do after work. Suggest a snack and exercise, such as riding his bike or jumping rope.

#### My child only obeys me when I raise my voice. If your youngster knows he has

to do what you ask only when you shout, he'll probably wait for your raised voice before he listens. Tell him that you'll ask nicely once, and after that, there will be a consequence for not listening.♥

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Spell-check pitfalls

Q: My daughter says spelling is no big deal How can I convince her that spelling still matters?

because we have spell-check and autocorrect. A: Spell-check and autocorrect are handy tools.

But they're not foolproof, and they're not always available.

When your child writes a school report, sit with her while she runs spell-check. Together, look for examples of mistakes caused by relying on the computer. This often happens with homophones (it's and its, you're and your), for instance. She'll need to know the difference to use the correct word.

Also, help her think of situations where she won't have spell-check or autocorrect, such as taking a test or using special software that doesn't include the feature. And if she can't spell a word, she may not recognize it when she reads, which can interfere with her comprehension.

Finally, point out that if she studies her spelling words, thinks carefully about how words are spelled, and proofreads her work, she'll find that the best spell-check is in her own head!♥



# Helpful strategies for ADHD

My fourth-grader, Ryan, has ADHD, and he often loses books and papers and forgets to turn in assignments or to bring home slips for me to sign.

I talked to a fellow PTA parent whose oldest son has ADHD. She said her son puts sticky-note reminders everywhereon his desk and binders and beside the front door. He also does better in school if he gets 11 hours

of sleep, about two hours more than his siblings need.

I got colorful pads of sticky notes for Ryan, and he came up with a system for color-coding his reminders. Also, we are moving up his bedtime by a few minutes each night until we

notice a difference. I know Ryan

will still forget things from time to time, but it's helpful to know that we have strategies to try.♥

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