



# OSLER SCHOOL NEWSLETTER

*"Learning, Growing.....Together"*

September 7, 2016

Principal: Ms. Audrey Kampen  
Vice-Principal: Mr. Glenn Key

Phone: 306-239-2077  
[www.spiritsd.ca/osler](http://www.spiritsd.ca/osler)

## DATES TO REMEMBER

### Tuesday, Sept. 13

SCC meeting - 6:00 pm

### Wednesday, Sept. 14

Welcome Back BBQ

### Thursday, Sept. 15—11:15 a.m.

Matt Gore—The Ginger Ninja Show

### Friday, Sept. 16

Teacher PD & Prep Time—No school

### Thursday, Sept. 29

Terry Fox Run

### Friday, Sept. 30

Pancake Breakfast

### Monday, Oct. 3

Picture day

### Tuesday, Oct. 4 & Thursday, Oct. 6

Student Progress Conferences for  
Grades 1 to 9, 3:30 to 7:00 pm

### Friday, Oct. 7

Teacher Prep Time—No school

### Monday, Oct. 10

Thanksgiving—No school

Dear Parents,

The beginning of the year is always exciting. The smiles, the new clothes and new book bags add to the excitement of the first morning. Our enrolments continue to grow. As of this week we have 305 students registered. Our new staff and students are settling in and are a welcome addition to our school community. To accommodate our increasing enrolment we are now using the former science lab as a classroom.

Our High 5 program continues this year. Our students respond very well when we set high expectations for them and our High 5's set out those expectations. We will continue to recognize when our students are great examples of our High 5's with High 5 tickets. At the opening assembly we examined what respect 'looks like' and 'sounds like' during assemblies. Classrooms then discussed what "respect" looked like in their classrooms, on the playground, at home and in the community. This is a great way to remind our students that their "learning and growing" extends beyond the classroom and the school.

In the next month there will be many opportunities to meet you. I am looking forward to seeing you at our pancake breakfast and again at Progress Conferences in October. Thank you for filling in the volunteer survey and returning it to your child's classroom teacher. As the saying goes **"Together Everyone Accomplishes More."**

If you have compliments, questions or concerns please contact your children's classroom teacher, Mr. Key or myself.

Yours in education,

Ms. Kampen



Welcome to ...

... **Mrs. Nancy Pavloff** who is the Grade 9 homeroom teacher

... **Mr. Orrin Chornekyo** who is the Grade 6 homeroom teacher

... **Mrs. Liz Harrison** who is our Learning Facilitator and who will be working in a variety of classes.

**Check out our School Website for  
updates, reminders and  
announcements.**

**Sign up to receive daily email  
notifications with school  
announcements!**

**Keep up to date on our team  
practices, games and  
competitions.**

<http://blogs.spiritsd.ca/oslerschool/>



## Osler School High 5's

- ✎ Be Respectful
- ✎ Be Responsible
- ✎ Be Safe
- ✎ Be Grateful
- ✎ Be Open to Learn and Grow



## Grade 6-9 BOTTLE DRIVE

The grade 6-9 classes will be going on their bi-annual Redberry field trip in May/June. To fundraise for the trip, they will be holding a **bottle drive** on **Monday September 12th**. Students will be coming around town between 3:30pm and 5:30pm to collect bottles.

If you won't be around and wish to donate to our bottle drive, **please leave your bottles on your driveway marked Osler School**. If you live out of town and wish to donate bottles, please feel free to drop them off at the school anytime this week (during school hours). We will also be making a rural bottle run on Wednesday so if you wish for us to stop at your farm or acreage, please call the school by Friday at 306-239-2077.

**Thanks for your support!**

**NOTE:** Grade 6-9 parents: We will be in need of trucks and drivers. If you are able to help out, please email Mrs. Lane at [michelle.lane@spiritsd.ca](mailto:michelle.lane@spiritsd.ca)  
Thanks!

## FUNDRAISING PLAN - Osler School 2016-2017

Fundraising is a way that we can support the many activities that go on at Osler School. Fundraising monies are used to pay for sports related costs (uniforms, referees, transportation costs), special guests/events, awards day costs, commencement costs, field trip travel and costs, theme activity days and supporting school improvement projects.

We are very thankful and appreciative of the support we have received in the past and hope to see that continued support this year. We have outlined a tentative fundraising plan for the year in order to make you aware and plan accordingly. Thanks in advance for your support this year!

### **September/October**

- Apple Fundraiser led by Div. 2 (K-9 involved in selling)

### **February/March**

- Naval Orange/Grapefruit Fundraiser led by Div. 3 (K-9 involved in selling)



### **Other Fundraising or Donation Opportunities (tentative)**

- Kickoff and yearend BBQ
- Monthly hot lunches (led by SLC/JMSC or individual classes)
- Terry Fox Run
- Remembrance Day
- Pancake Breakfast
- Christmas Shoebox or other charitable cause
- We Day sponsored activities
- French Carnival (January)

## **Welcome Back BBQ September 14<sup>th</sup>**



JMSC will be hosting a "Welcome Back" barbeque. Parents are welcome to join us. Orders for parents can be included on their youngest student's food order. Community members are also welcome to join us. Those orders will be taken at the booth. The student order forms are due on Monday, September 12<sup>th</sup>. We look forward to some great burgers and hotdogs for lunch!

## **Lunch Time for Town Students**

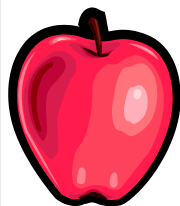
Town students are welcome to go home at lunch. **Our lunch hour is 12:10-12:56.** A nourishing lunch away from the busyness of the classroom is often a great break for students and makes their afternoon more productive.



Students may purchase milk and juice at lunch time. The price is \$1.00. You may also buy a beverage card which enables you to buy 20 milk or juice for \$18.00.

## Apple Fundraiser

Our annual fall Apple Fundraiser is underway! This year, we will be selling our regular apples; **Macs, Spartans, Golden Delicious, and Red Delicious**. We are also excited to add **Ambrosia Apples** and **Gala Apples** to our specialty list. Because of the severe weather conditions experienced in the Okanagan this year, we have had to raise the prices of our “regular” apples to **\$22** per 20 lb. box. Also, because the “specialty” apples are more difficult and labour intensive to pick, they are sold at **\$26** per 20 lb. box. We thank you, parents, for your continued support and help with this very worthwhile fundraiser. All proceeds are directed towards supporting field trips, sports teams and trips, special events and guest speakers, uniform and equipment upgrades and other improvements to enhance our school programs. The apples will be arriving at school straight from the orchards on **October 3rd**. The Junior Monarchs Student Council (JMSC) is proud to sponsor this event.



## Terry Fox Run

The Terry Fox School Run will be held on **Thursday, September 29 at 1:15**. We will have an assembly in the gym prior to the walk. This is the 36th year that the run has been held to raise money for cancer research. Parents and community members are welcome to join us for this event. More information will be sent home.



### Family Health Information

[Chicken Pox](#)

[Common Cold](#)

[Control of Communicable Diseases](#)

[Healthy Eating for Meetings](#)

[Vision Problems](#)

Find more family health info at:  
[www.saskatoonhealthregion.ca](http://www.saskatoonhealthregion.ca)  
(Search: school newsletter inserts)

**HEALTHY STUDENTS = BETTER LEARNERS**



*Population and Public Health*

### Monthly Hot Lunches

Hot lunches are offered usually once a month throughout the year. The purpose of offering a hot lunch is to provide opportunity for the parents to have a break from making lunches. Hot Lunches are optional. Funds raised go towards various student activities. Listed below are the tentative hot lunch dates for the fall:

- **Wednesday, September 14th**  
- Welcome Back BBQ
- **Friday, October 21st**
- **Friday, November 25th**
- **Friday, December 9th**  
- School Christmas Banquet



## Student Progress Conferences

Student Progress Conferences will once again be booked online at [www.schoolinterviews.ca](http://www.schoolinterviews.ca). An email will be sent out the week of Sept 19th to notify you that bookings have opened. The email will also include instructions for how to book online! Progress Conferences are scheduled for Tuesday, Oct 4th and Thursday, Oct 6th.

## Healthy Snack Program

We are looking for volunteers for our Healthy Snack Program.

The Snack Program will run Wednesdays and Thursdays. Volunteers would be needed from 10 - 11 am. You can volunteer as often or as little as you like.



For more information please call or text Kathy @ 306-261-3293.

Kindergarten is looking for craft supplies that you are no longer needing. Items such as feathers, ribbon, beads, buttons, fabric, shells, folk art paint, foam pieces, wooden pieces, simple crafts kits (for the independent craft center), stickers, stamps, scrapbook paper, styrofoam trays, toilet paper rolls etc. would be greatly appreciated. Items can be dropped off at the front office or in the kindergarten classroom. Thank you for supporting our budding little artists!!!

Mrs. Bymoen and kindergarteners



## Matt Gore: The Ginger Ninja

### Thursday, September 15th 11:15

An award winner family entertainer will present a special show for our students. Kindergarten students who are not scheduled to attend kindergarten that day are welcome to bring their parents and come for the show.



## THANK YOU !

Last spring I was blessed with receiving the CVAC “Male Coach of the Year” award. I wanted to extend my deep felt gratitude and appreciation for being recognized. Thanks to Mrs. Lane and Mrs. Milnthorp for nominating me for this privilege. As a coach, you never do it alone. So I must thank Mrs. Lane, Mrs. Milnthorp, and Ms. Bodnar for their continuous help and going over and beyond to make my job easier. Also, working with many athletes in the school makes it rewarding when I see the growth over a season. I am truly rewarded not only by the successes, but also by the smiles, enthusiasm, and confidence that athletes show. Thanks so much!!

Mr. Lewchuk

# SPORTS NEWS

### Gym Clothing

Thank you to everyone who purchased new gym clothing this school year. If any students still need new gym clothing, please email Mrs. Milnthorp as soon as possible with your clothing needs ([tamara.milnthorp@spiritsd.ca](mailto:tamara.milnthorp@spiritsd.ca))

### Cross Country

Students in Grades 4 - 9 are encouraged to sign up and be a part of our Cross Country team at Osler School. Practices will be held twice a week during the lunch hour.

There will be two after school meets held this fall:

- **Monday, September 19th** in Langham
- **Thursday, September 29th** in Martensville

Our season will wrap up with the District meet in Delisle at the old golf course on Wednesday, October 5th. This is a meet that occurs during the school day.



### Division 3 Volleyball Teams

Grade 7-9 Volleyball has started up. Great turnout at the first practice last Friday at noon.



Both boys and girls have mini-tournaments in Martensville this week to kick off the season.

Good luck and have fun!

Mrs. Lane, Mrs. Klassen, Mr. Cherneyko

### Division II Soccer Teams

Soccer practices will begin for Grades 4 to 6 soccer players this week!

**Girls** will practice at noon. **Boys** will practice on **Tuesday after school (3:15 – 4:30)** and at **noon on Thursday**. The

soccer players will need to wear running shoes (or cleats) and shin guards to all practices. Please watch for notes regarding upcoming games and tournaments. We look forward to a fun soccer season!





# Home & School

## CONNECTION®

Working Together for School Success

September 2016

Sponsored by your School Community Council



### SHORT NOTES

#### I can visualize it

Whether your child is reading or doing math, being able to “see” the material can help her understand it. For example, have her sketch a scene from a story or draw a map of the setting. Or she might use objects to solve a math problem. For  $15 \div 3$ , she could arrange 15 barrettes into 3 equal groups to find the answer (5).

#### Update your information

Has your contact information changed since spring? Check that your youngster's school has your correct home address, phone numbers, and email addresses on file. That way, teachers and staff will know the best way to reach you about school events, concerns with your child, or emergency closings.

#### Trait of the week

Encourage good character all year long! Each week, vote on a trait to celebrate, such as respect, honesty, or tolerance. Ask your youngster to create a poster illustrating the trait, and hang it up. Then, family members can look for examples and jot them on the poster. At the end of the week, read the examples aloud—and vote on a new trait.

#### Worth quoting

“If you can dream it, you can do it.”  
Walt Disney

### JUST FOR FUN

**Q:** Where can you find hippos?

**A:** It depends on where you hide them!



## Launch into learning

Three...two...one...blast off! It's a brand-new school year, and your child's mission is to learn. With these tips, he'll land in class ready to succeed.

### 3...Build excitement

Help your youngster get revved up about what he'll learn this year. To find out what's ahead, attend back-to-school night, talk to his teacher, and check the school website. Find topics you think will interest him, and read about them together in library books or online.

Look for hands-on opportunities to get him excited, such as visiting a public garden or planting seeds at home if he's going to study plant life cycles.

### 2...Set goals

Specific, doable goals are critical to any successful mission. Let your child write goals and “due dates” on strips of construction paper (“I will finish long-term projects one day early so I have time to review them”). He can loop the strips together into a paper chain, then

cut off each link as he achieves the goal. With hard work, he'll be able to say, “Mission accomplished!”

### 1...Develop routines

Your youngster will blast off ready to learn if he is well rested, well fed, and active. Set a bedtime that gives him the recommended 9–11 hours of sleep. Make sure he wakes up early enough to enjoy a healthy breakfast. Also, try to see that he gets at least an hour of physical activity a day.♥



## In school every day

Did you know that attending school regularly will affect how well your youngster does this year *and* in later grades? Use these suggestions to help her get an A+ in attendance.

● **Stay healthy.** Remind your child to wash her hands with soap and water before eating and after using the restroom or playing outside. Also, work with your pediatrician if your youngster has a chronic condition, such as allergies or asthma, that could cause her to miss school.

● **Address problems.** If your child wants to stay home when she's not sick, ask why. Talk to her teacher if this happens frequently or if you suspect a bigger issue. For example, struggling with schoolwork and being bullied are two common reasons for wanting to avoid school.♥



## Building friendships

Children with friends enjoy school more, develop important social skills, and even do better academically. Here are ways to help your child build and strengthen friendships.

**Find shared interests.** Suggest that your youngster ask classmates what they do in their spare time and ask follow-up questions to show she cares. ("What's your favorite skateboard trick?") Then, she could talk about her own interests, whether she likes solving her Rubik's Cube or crocheting hats. She and a classmate may discover new activities to



share—which can naturally lead to friendships.

**Be a good friend.** Talk to your child about what you value in your friendships, and ask about hers. You might say, "I can always count on Debbie at work to help me think of ideas when I'm stuck."

Perhaps your youngster will say, "Maddie invites me to play at recess even when she's with the older girls from her class." She'll realize which traits she values in a friend, such as dependability and loyalty. Discuss ways she could show those traits, too (helping friends study, making them feel included).

*Note:* Does your child struggle to make friends or complain she has no friends? Have her teacher recommend a classmate who may be a good match. Then, contact the other parent to arrange a get-together.♥

### ACTIVITY CORNER

#### My school-year memory book

Encourage your youngster to create a personalized memory book this school year. It will give him a place to save schoolwork he's proud of and provide a nice keepsake for both of you.

**1.** To make the front and back covers, have him cut off the large panels of a cereal box and cover them with construction paper.



**2.** Let him write his name, the year, his school, and his teacher's name on the front. He can decorate both panels with stickers or drawings.

**3.** Hole-punch the covers, thread yarn through, and tie loosely so it's easy to untie and add pages.

**4.** As the school year goes on, he might add graded assignments, artwork, programs from plays or concerts, and notes from teachers.

Keep his memory book in a special spot so you can both enjoy looking through it this school year—and beyond.♥

#### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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### Q & A

#### A reading habit

**Q:** This year, my son has a daily homework assignment to read for 20 minutes. What should we do to make sure this happens?

**A:** Reading every day is one of the best ways for a child to become a strong reader, and it's great that you're eager to help.

Some evenings, you could invite him to read to you. He'll practice reading, and you'll get to hear how he's doing. On other nights, hold family reading time where everyone quietly reads their own books, newspapers, or magazines. Your son might also enjoy reading aloud to younger siblings.

Here's another suggestion: If you normally read him a bedtime story, try ending your nightly routine by reading one chapter aloud. Does he want to know what will happen next? He can continue reading on his own for 20 minutes to find out!♥



### PARENT TO PARENT

#### Stay safe online

My daughter Sierra brought home an "online safety contract" that listed classroom rules for using the Internet. After we read it together and Sierra signed it, we decided to create our own version at home. We borrowed some ideas from the school form like:

- Keep usernames and passwords private.
- Do not post personal information online.
- Only respond to messages from people you know.



Then, we added a few rules of our own:

- Turn on "safe mode" when using a search engine.
- Do not create social media accounts.

Sierra helped me write out the contract, and everyone in our family signed it. We posted it by our computer as a reminder. While I still supervise my kids online, I feel better having a written agreement as an extra layer of protection.♥