

Perdue Steelers News

November 2021

Principal's Message -

As we head into the last few weeks of school before the Christmas break, I would like to thank everyone for their support. Everyone has been amazing and I am very grateful for the support and kind words from everyone towards our staff.

Congratulations to Tobin Kirkness, Holden Clark, and Brett Baduik. These young men earned provincial silver medal with Delisle Rebels football team this year! We are extremely proud of your accomplishment and look forward to seeing you compete in future years. Way to go boys!

A big thank you" to all our staff who have been volunteering their time to provide extra-curricular activities for our students! It can be challenging at times, but seeing the smiles on our kids faces has been the best gift I could have received this year! We have an outstanding staff who always step up to support and who realize the benefits these activities have on our students.

-Mr. C

School resumes on Jan.4,2022

Kindergarten on Jan.5, 2022

SCC Christmas Basket Raffle

After some time the SCC is doing the Xmas basket raffle again. Thank you for the donations so far. We appreciate the amazing support from our families! Please return sold tickets to the school no later than Dec.15, 2021

We will be making the draw on Dec.16,2021 and will announce the winner via email/newsletter



JR. SRC

The Jr. SRC will be collecting non-perishable food items for the Perdue Secret Santa Project.

Please watch your email for more details



Interested in obtaining your Food Safe Course?

If so, please contact the school office to get sign-ed up No Later than Dec.3 .The SCC will be sponsoring those enrolled in an on-line course. The course is approx. 6hours and you will have 30 days to complete the course.

Sign up today!

Senior Girls Volleyball

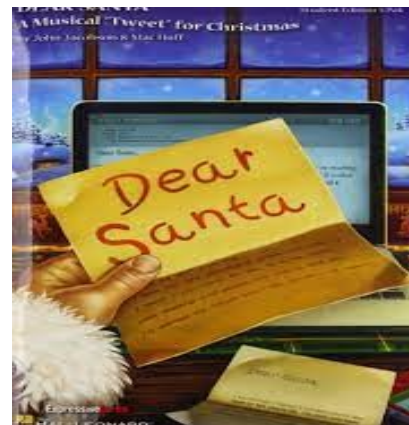
Our volleyball season was fast and furious. It felt great to be back in the gym with the girls! We spent the first month shaking off the rust and getting back into the groove. For a few of the girls they had never played senior ball before and had to learn rotations and systems. It was a big learning curve but each of the girls worked hard and tried their best. We then had the opportunity to start playing some exhibition games and tournaments. The girls worked hard and improved weekly. I want to thank Santana and Jade for their leadership this year. They helped with communication and were always positive with the team. We owe another huge thank you to our parents. We hosted two tournaments and one of them was with just a few days notice. You helped pull things together and everything ran seamlessly. We had so many compliments from other teams regarding the friendliness of our parents and girls. As well many compliments on the quality of our canteen. Without your help and support hosting would not be possible. Lastly I would like to wish Cadence, Maria, Santana and Jade our senior girls the best of luck in their future. The last couple years have not gone as you have planned and we have had some missed opportunities but through it all you never complained and were just happy that you were able to play some ball in your Grade 12 year. It will be sad to say goodbye but I know each of you will do great things. To the returning players I will see you on the court next fall! Mrs. Mason



Virtual Presentation brought to you by Grades K-6

Dear Santa Musical

Please watch for further details



Meet the School Counsellor – Carmelle Blomquist

I am happy and excited to join Prairie Spirit School Division and Perdue School in the community where I was raised.

After the start of my career as a high school sciences teacher, I enrolled in a graduate program to pursue education and training to become a counsellor. Following an experience in a clinical counselling agency, I continued my career as a teacher and counsellor in high school and adult educational institutions. As your school counsellor, my goal is to help students reach a high level of growth and success in academic, emotional, behavioral and social areas.

I will be at Perdue School on Wednesdays. Students may stop by my office to speak with me or make an appointment with Mrs. Fyson. I invite parents to call the school or email me (carmelle.blomquist@spiritsd.ca) with inquiries, questions or concerns.

Mental Health Information and Resources

The following linked resources contain information, strategies and contacts that may be of interest to you and your family.

[Stress Strategies](#)

In addition to the information and interventions for managing stress provided on the main page, the Resources tab (found lower on the main page) links to an extensive and excellent list of primarily Canadian resources.

[Stressed Teens](#)

An online resource featuring the benefits of mindfulness in managing stress. The toolbox includes several activities, videos and suggestions for mindful interventions.

[Kids Help Phone](#) **1-800-668-6868**

Provides direct and immediate access to text/message and phone crisis support. The site contains tons of information about numerous issues such as: depression, ADD/ADHD, body image, gender identity.

[Family Service Saskatoon](#)

Provides access to youth, couples, families, group and individual counselling and support services.

[Catholic Family Service Saskatoon](#)

Delivers information, programming and counselling support for kids, teens, adults experiencing family and personal difficulties.

[Sask First Responders Mental Health](#)

Provides contact information for immediate assistance with mental health crises.

December 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Day 6 Kindergarten	2 Day 1 Kindergarten	3 Day 2 Kindergarten	4	
5	6 Day 3 Kindergarten	7 Day 4 Kindergarten	8 Day 5	9 Day 6 Interviews Gr. 7-12 Kindergarten	10 Day 1	11	
12	13 Day 2 Kindergarten	14 Day 3	15 Day 4 Kindergarten	16 Day 5 SCC Xmas Basket Draw	17 Day 6 SCC Christmas Dinner Kindergarten	18	
19	20	21	22	23	24	25	
		<i>Happy Holidays</i>					
26	27	28	29	30	31		
		<i>Happy Holidays</i>					

Kindergarten will resume on Wednesday January 5, 2022