# **Pike Lake School Newsletter**





## Principal's Message

Dear Pike Lake Families,

The students and staff at Pike Lake School are looking forward to an eventful month of May! Next week we will be welcoming a few new guests to our school. Mrs. Robertson's class will be hatching chicks and taking care of them for their first week out of the shell. We'll also be welcoming a group of student teachers from the U of S, who will be teaching and learning with us from May 2<sup>nd</sup> to May 20<sup>th</sup>.

On Tuesday May 3<sup>rd</sup>, our SCC has planned an Earth Day Rubbish Roundup; parents and families are welcome to join us for the afternoon, when we'll be participating in a variety of stations, including getting our garden ready for planting, cleaning up the school grounds, cooking a healthy snack, and weaving matts from recycled plastic bags. We hope you can join us!

Later in the month we have a trip scheduled to Wanuskewin on May 18th, as well as Wacky Hair Day and a hip-hop hoop dance performance on the 27<sup>th</sup>.

If that's not enough, we'll be participating in our Annual 30x30 Challenge, where we set a goal of spending 30 minutes outside for each of the 30 days in May. There's lots to look forward to at Pike Lake School this May!

Enjoy the warmer weather, Brian Knowles, Principal

## <u>Reminder</u>

Plant orders for the Growing Smiles fundraiser are due May 2. Delivery will be May 17 with pick up at the outdoor rink. To order please go to:

https://pikelake.growingsmilesfundraising.com/home

#### Dates To Remember:

- May 2: 'Growing Smiles' Orders Due
- May 3: Earth Day Rubbish Roundup
- May 8: Happy Mother's Day!!
- May 13: No School- Teacher PD
- May 17: Plant Pick-up 3:15-7:00pm
- May 18: Wanuskewin Field Trip
- May 20: Wacky Hair Day
- May 23: No School- Victoria Day
- May 27: Hoop Dancer Presentation

#### Contact Info:

Principal – Brian Knowles: <u>brian.knowles@spiritsd.ca</u> Heather Robertson: <u>heather.robertson@spiritsd.ca</u> Kim Picard: <u>kimberley.picard@spiritsd.ca</u>

School Email: <u>pikelakeschool@spiritsd.ca</u> Website: <u>https://blogs.spiritsd.ca/pikelakeschool/</u>

### Dress For the Weather!

With the warmer weather starting students will be spending more of their school day outdoors. In addition to recess, there will be many trips to our Learning Lake, which means lots of walking, as well as outdoor Phys. Ed. classes. It's important that students are wearing the appropriate attire to participate in these outdoor activities.

Please ensure your child has the following items at school so that they may fully enjoy their outdoor learning:

- Outdoor running shoes (no sandals or flip flops)
- Water bottle (labelled)
- Hat

#### The 30x30 Challenge is Back!!!

It's time to fall back in love with nature! For the month of May, we challenge you to spend 30 minutes a day in nature for 30 days to kick-start a nature habit that lasts all year-round. To participate, simply track the date, activity and time spent everyday outdoors. A tracking form has been sent home in your child's daily log.

The goal is simple: to reconnect with nature for the sake of our health and mental well-being!





Q: Why is the letter 'A' like a flower? A: A bee comes after it!



#### **Outdoor Ideas for the One Nature Challenge:**

- Go for a walk, run or bike ride
- Build a fort outside
- Go on a bug hunt
- Blow bubbles
- Read outside
- Look for shapes in the clouds
- How many different birds can you see and hear?
- Have a picnic
- Water the plants
- Sing as loud as you can!

#### It's Tick Season!!

With the arrival of spring and warmer temperatures, it's important to monitor for ticks on ourselves and our pets.

Most ticks found in Saskatchewan are the American dog tick. This species is active from mid-April to the end of July and cannot transmit Lyme disease to people. Blacklegged ticks, which can cause Lyme disease, are rare in Saskatchewan.

Information has been sent home in the daily logs regarding the prevention and removal of ticks, as well as symptoms of Lyme disease.

For more information on ticks and Lyme disease, including how to submit a tick for identification and testing, visit <u>saskatchewan.ca/lyme</u> or <u>https://research-</u> groups.usask.ca/ticks/#Passivesurveillance

