



THE SOUTH CORMAN PARK SCOOP

April 2024

UPCOMING DATES:

APRIL:

- Mar. 29 – Apr. 5 – Spring Break
- Apr. 8 – Classes resume after break
- Apr. 11 – SCC Steak Night at Sports On Tap
- Apr. 12 – SCC Hot lunch – **Domino's**
- Apr. 18 – Kinder Play Day – 3:45-4:45pm
- Apr. 22 – NO SCHOOL – Teacher Prep Day
- Apr. 23 – SCC Hot lunch – Subway
- Apr. 29 – Long John Fundraiser opens on RYCOR.

APRIL 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Blue = Kindergarten days

MAY:

- May 7 – Gr. 2 Long John Fundraiser delivery day!
- May 9 – SCC Hot lunch – Family Pizza
- May 9 – SCC Meeting at 7:00pm
- May 10 – NO SCHOOL – Teacher Prep Day
- May 16 – OSAC presentation
- May 16 – Booster Juice
- May 20 – NO SCHOOL – Victoria Day
- May 21 – SCC Hot lunch – Boston Pizza

Dressing for the Weather:

Our school wants our students to be able to enjoy being outside for recesses, weather permitting.

As the weather warms up and things get muddy and wet out, please ensure your child has:

- Waterproof footwear
- A change of clothes
- Outer gear for a range of weather



Please ensure they have these items at school each day, in case they're needed.

Registration for 2024—2025 has started!

If you have a child or children that will be attending school at SCP in the fall of 2024 or if you are considering SCP for your child or children, please call (306-477-0001) or email the school (scp@spiritsd.ca). The child must be 5 years of age on or before December 31, 2024, to register for Kindergarten.

Children currently registered at SCP do not need to be registered again.

Changes to enrolment: Please advise us as soon as possible if your child will not be returning to SCP in the fall.

Staffing decisions can begin in March so your earliest attention to this would be appreciated.

We invite you to visit the following [link](#) which contains a few short videos on the importance your role as parents is regarding at home learning with your young child(ren) as their first teacher to their development.

REMINDER:
Milk cards are now \$25 for 16 milk and can be purchased on RYCOR!



Order forms available on RYCOR
Monday April 29th!



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SCC Corner:

The April hot lunch dates are:

- Friday April 12 – **Domino's**
- Tuesday April 23 – **Subway**

All hot lunch orders and payments are processed via www.healthyhunger.ca. Orders must be placed five days prior to the scheduled hot lunch date.

Steak Night:

Tickets available until Sunday April 7th.

Get yours today!

A promotional poster for a 'Steak Night Fundraiser' at the South Corman Park School Playground. The poster features a background of a grill with sizzling steaks. Text on the poster includes: 'South Corman Park School Playground', 'STEAK NIGHT FUNDRAISER' in large yellow and white letters, 'Thursday, April 11th', 'Cocktails 6 PM', 'Supper 7 PM', 'SPORTS ON TAP', '2606 Lorne Ave', 'Silent Auction and 50/50!', a yellow circular badge that says 'TICKETS \$25', and a yellow banner at the bottom that says 'TICKETS AVAILABLE ON RYCOR'.

Mother Earth gift cards:

The SCC is partnering up with Mother Earth Greenhouse for a Spring Fundraiser!

Whether you're planning your garden or searching for a great Mother's Day gift, support our school by purchasing a Mother Earth Greenhouse gift card - it's a win-win for your garden and our school!

For every \$25 gift card purchased, the school will earn \$5 back. Gift cards can be purchased on RYCOR (under the oldest child in your family) from March 25-April 12 and will be sent home the first week in May.

Thank you in advance for your support!



SCC Elections:

Please be advised that South Corman Park SCC will be holding an election for the 24/25 school year on May 9, 2024. The election will take place at SCP school at 7pm. Advertisements will be placed on our local school Facebook page and in the school's April and May edition of the monthly newsletter.

Please contact the school for a nomination form.



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From the Office:

SCP School Handbook:

Check out our SCP School Handbook on our school webpage! You'll find lots of helpful information about busing, field trips, the milk program....and much more!



Click on the book to check out our newly updated School Handbook!

Click me!!

Newsletter activity:

Congrats to our March winners! Lukas, Sawyer, Kelsey, Kira, Thea, Hannah, Maria, Grady and Zara!

For this month – come to the office and ask Ms. Lindberg for the activity.

Congratulations to Jaxon and Victor, our CO2 Race Car Champions!

Both our grade 7 and 8 classes had the opportunity in PAA to learn about engineering principles associated with design, mechanics and aerodynamics. We had some awesome races in the gym and there were some creative designs and cars!



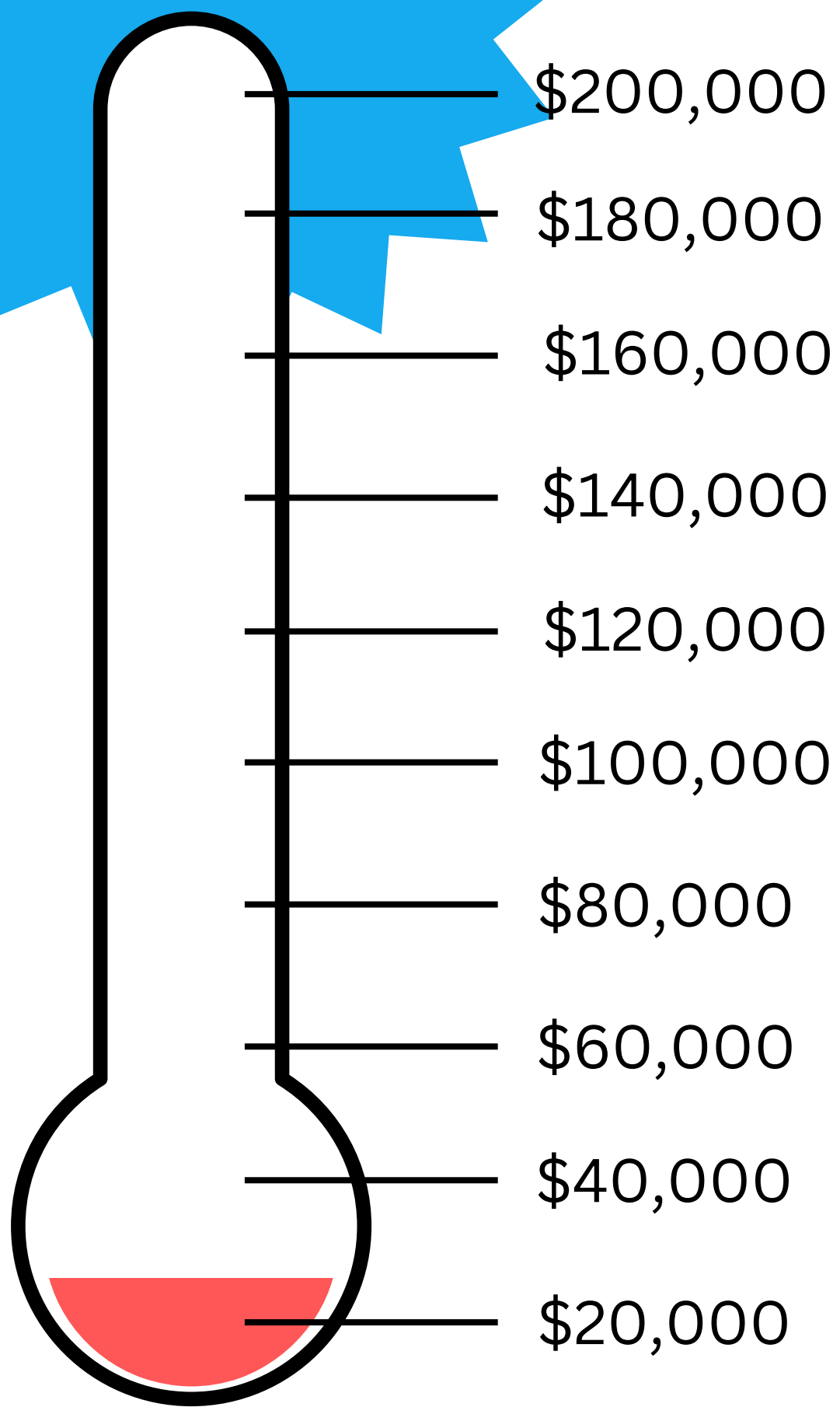
Plans & Renderings Coming soon!



SCP FUTURE PLAYGROUND

SCP in partnership with the SCC is fundraising to expand our playground to better suit the ages and abilities of our community - WE NEED YOUR HELP!

GOAL!





When: Saturday, May 11th, 2024

Time: 10am to 3pm

Where: Log Cabin, 1670 Baker Road
(Corner of Preston Ave & Baker Rd.)

Concession on Site - Cash only

COMMUNITY YARD SALE

***Kick-start your spring
cleaning and sell
your treasures!***



South Corman Park
Community Association

Details:

- Booth rental space (\$10 outdoor, \$15 indoor)
- Must provide own table & chairs
- No food sales at booths
- Registration is required (May 1st deadline)
- Rain or Shine!

Space is limited, reserve your spot today!

To register or for more information contact:

Shelley Saleski

shelleysaleski@gmail.com

FAMILY HEALTH INFORMATION - School Newsletter Inserts

Population and Public Health is pleased to provide schools with a variety of family health information that can be added monthly to school newsletters.

- The school newsletter insert contains topics of interest to child health and family wellbeing that have been written or reviewed by public health professionals.
- The school newsletter inserts are formatted as “newsletter ready” picture files that can be easily copied and pasted directly into your school newsletters.
- This document contains an entire school year of health information inserts.
- Some of the articles are intended for certain months and are time sensitive, while other general health information can be incorporated at any appropriate time in the school year.

Topics	Recommended month:	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Chicken Pox						*					
Information on the Common Cold					*						
Immunization Notice September 2019		*									
When Should Your Child Stay Home			*			*					
Healthy Eating for Meetings			*								
Impetigo				*							
Safe School Lunches				*							
Eat Better, Eat Together					*			*			
Fifth Disease							*				
Do More, Watch Less					*				*		
Breakfast Gets Top Marks											
Pink Eye							*				
Head Lice								*			
Healthy Eating Ideas for Year-End Parties										*	*
Sweet Enough			*							*	
Mosquito Precautions										*	*
West Nile Virus											*
Petting Zoos and Farms											*
Your Child and Cycling		*							*		

How to use:

- Select the article image below **by clicking on the article you wish to use**. Select COPY then PASTE the object into the MS-Word or MS-Publisher document you use for your newsletter.
- The article image can be **resized/enlarged as needed** by dragging on the corners of the image.

*****To help us gauge use of these articles. Please complete this 3 question survey each time you utilize the inserts. <https://www.surveymonkey.com/r/NewsletterInserts>**

Do More Watch Less

Parents generally agree that their kids spend too much time watching TV or using the computer. The amount of time used up on screen-based activities, has been implicated as one of the causes for increasing childhood overweight and obesity.

Why do we need to “Do More and Watch Less?”

- Very little energy is used while watching television compared to other activities
- Time spent in front of the screen takes away time children can spend being physically active.
- Food ads may influence children to make unhealthy food choices.
- Children tend to snack more while in front of the screen.
- Families tend to eat less healthy meals in front of the television.

Tips to reduce your family screen time:

Budget: Allow children to plan and budget no more than one to two hours per day to spend on screen time.

Develop an after school plan: Create a list of activities your kids enjoy doing that will get them up and moving after-school.

At meal time turn it off: Make a “no screen” policy during family meals and make meal time family time to talk.

Go screen free: Designate screen-free evenings each week and use the time for a planned family physical activity like a family walk, swim or bike ride.



07/2018

Pink Eye

What is pink eye?

- an infection of the eye caused by bacteria or viruses
- the eyes may become watery, red, itchy and sensitivity to light
- pus or discharge from the eyes may be present
- it can last from 2 days to 3 weeks

How do we get pink eye?

- by contact with the discharge from an infected person’s eye, nose or mouth
- can be spread by fingers, towels, clothing and other articles such as eye make-up applicators and eye drops
- can be spread until it is treated

What can you do if your child has pink eye?

- seek treatment early
- encourage hand washing
- if antibiotics are prescribed stay home for 24 hours after start of treatment
- to prevent re-infection, finish all the medication as prescribed
- wash all items that may have been in contact with eye or nose discharge

For more information, contact Population and Public Health.



DC
05/2018

Head Lice

What are head lice?

- head lice are not easy to see -they are tan coloured, small, wingless insects which are about the size of a sesame seed
- they live only on the human head and do not fly or jump
- head lice are common in school age children
- head lice are not a disease and lice do not spread disease
- anyone can get head lice - it has nothing to do with personal cleanliness
- the entire life cycle of head lice occurs on the human head
- head lice do not usually survive off the human head for longer than 2 – 3 days
- lice are spread by direct head to head contact, or by sharing combs, brushes or headgear
- eggs that are more than 1 cm (one-half inch) away from the scalp are dead or have hatched

What are the signs of head lice?

- “itching” of the scalp or “tickling feeling”
- when checking for lice, look for the eggs on the hair strand, close to the scalp - they are small, oval and brown or white
- the eggs are glued firmly to the hair and cannot be easily removed

How do you prevent getting head lice?

- teach children not to share combs, brushes or headgear
- remind children to store outer clothing away from other children’s clothing
- braid or tie back long hair
- treat lice and nits promptly with recommended products according to package instructions



05/2018

West Nile Virus - Reducing the Risk

- West Nile Virus (WNV) is a virus that can cause disease in people, birds, and horses.
- WNV is spread by the bite of an infected mosquito which is most active in July, August and early September.

What are the signs and symptoms?

- Most people infected with WNV have no symptoms or have very mild disease which causes flu-like symptoms.
- Rarely, WNV causes severe disease such as meningitis or encephalitis.
- Symptoms can begin 2 to 14 days after the bite of an infected mosquito.

Reduce mosquito populations by:

- Draining any standing water (such as old tires, wading pools, eaves troughs). Empty and clean bird baths weekly.
- Aerating ornamental ponds and stocking fish that eat mosquito larvae.
- Covering rain barrels with screens, mesh size should be less than 1.5 mm.
- Keeping grass cut short.
- Keeping swimming pool covers free of stagnant water.

How is West Nile Virus prevented?

- Wear light coloured, loose-fitting clothes with long sleeves and pants when spending time outside.
- Make sure that window and door screens fit tightly and are free from holes.
- Apply mosquito repellent that contains DEET or Picaridin 20% (Icaridin) based on age recommendations when you are outdoors, especially at peak biting periods such as dawn and dusk.

DEET Recommendations	
Age	Recommendation
0 – 6 months	Not recommended
6 months – 2 years	10% or less <ul style="list-style-type: none"> ▪ Limit use to once a day; avoid hands and face
2 – 12 years	10% or less <ul style="list-style-type: none"> ▪ No more than 3 times per day, avoiding parts of the hands which may have contact with eyes or mouth
12 year and up	Up to 30%
Pregnant and nursing mothers	Consult physician

05/2018



Your Child and Cycling

Cycling, for both recreation and transportation purposes, is a great way to increase your child's physical activity! Getting to "bike to school" is an exciting time for your child to interact with their environment and to help grow their independence.

Your child isn't just a small adult so help them to have safe cycling practices.

Rules of the Road

- ⌘ ride in single file – do not weave in and out of parked cars
- ⌘ ride one to a bike
- ⌘ always ride with traffic
- ⌘ have a bell on your bike to use and alert pedestrians that you are near
- ⌘ at busy corners, stop and walk your bike
- ⌘ keep your eyes on the road and traffic at all times
- ⌘ use hand signals to tell others what you are doing
- ⌘ wear brightly coloured clothes
- ⌘ if you must ride after dark, use a headlight and red rear reflector
- ⌘ **Be Alert. Be Seen. Be Predictable**

Always wear an approved helmet

- ⌘ wear your helmet squarely on top of your head (no more than 2 finger-widths above your eyebrows)
- ⌘ your helmet should fit snug
- ⌘ you should not be able to take your helmet off when the chin strap is done up
- ⌘ you should only be able to put one finger between your chin and chin strap



Wrong



Right



Wrong

Experience riding on the road together so the safe cycling behavior is modelled to them before they venture out on their own. Have fun!

07/2018

