



SCHOOL NEWSLETTER

NOVEMBER 1, 2024

Message from the Administration

October has gone by quickly and we were fortunate to have nice weather for most of the month. Looking back at the past month there are many things going on in and around the school to highlight including:

- Walk for Wenjack
- Cross Country Running
- Little Spot Story Walk
- Terry Fox Wrap Up Assembly
- Grade 1 & 2 Firehall Tours
- Book Fair
- Grades 1-5 Student Learning Conferences

Thank you for your continued support and for using the Edsby communication tool to keep your child's teacher and the school office informed.

TES Administration Team

Thank You Royal Canadian Legion

All Traditions Elementary students will be offered a poppy sticker to wear on the day of our school assembly - Thursday, November 7. These have graciously been provided by the Royal Canadian Legion – Duck Lake Branch (which remains as one of the sole Legion branches in the district). Our school will be accepting donations for the Legion from November 5 -13. Students may submit donations to their homeroom teacher during this time. Thank you for your support.

November School Break Reminder

As indicated in the calendar, there is an extended break for students November 8-12.

- Friday, November 8 – Teacher Prep Time
- Monday, November 11 – Remembrance Day (School Closed)
- Tuesday, November 12 – Day in Lieu of Student Learning Conference Evenings October 8/10.

PSSD Bussing Procedures/Inclement Weather Bussing Plans

[PSSD AP-805 Bus Service Cancellation Due to Inclement Weather](#) is a school division plan we want to ensure families are informed about as we head into colder weather.

- Buses will be cancelled when the temperature reaches -40 degrees Celsius or -45 degrees Celsius with the windchill
- Buses using wheelchair lifts will have services cancelled when the combined temperature and windchill are at or below -35 degrees Celsius.
- Buses may run at the end of the school day if temperatures are above -40 degrees/-45 degrees with windchill - and road conditions are safe.
- Run status, including cancellations and delays, will continue to be posted on the Prairie Spirit website. Updates can be found by clicking here: [Home Page – BusPlanner Web \(mybusplanner.ca\)](#), then [“View Alerts”](#) (top of page).
- Rural route drivers will continue to communicate with parents directly, as in previous years.

Traditions Elementary Free Book Exchange

The School Community Council (SCC) is excited to host its annual book exchange on **November 4th from 6:00 P.M. – 7:00 P.M. in the Traditions Elementary School Library**. This annual event is a fantastic opportunity to encourage a love of reading with your child.

Here’s how it works:

Students are encouraged to bring gently used school aged books to school to donate to the book exchange. Drop off bins are beside the office.

Teachers will collect donated books **until Monday, November 4, 2024**.

On November 4, 2024, families are encouraged to attend our book exchange in the school library from 6:00 P.M. to 7:00 P.M. where students can take up to 4 free books home to enjoy.

Spend time reading the new-to-you books with your child!

Bookmarks will be provided to all children who visit!

On behalf of the SCC we would like to thank all families in advance for their participation in this school community literacy event. To learn more about future SCC events and future school community initiatives reach out to an SCC member today!



Save The Date – Christmas Programs in December

Traditions Elementary Christmas programs are scheduled for December 6 and 7.

Wednesday, December 11 - Kindergarten A, Grades 3-5

Thursday, December 12 – Kindergarten B, Grades 1-2

On these dates there will be an afternoon performance at 1:15 which is open to the public (doors will open at 1:00) and an evening performance at 7:00 (doors will open at 6:30). Crowd sizes are expected to be large, so we encourage all to attend an afternoon performance if possible. We also ask for everyone's cooperation in keeping evening attendance to immediate family so that we will have a spot for everyone.

Student Leadership Update

Hello from your Student Leadership Team. This year we have a Student Leadership Team comprised of **over forty grade 5 students**. In the applications the students made to start the year they focused on celebrating their own leadership qualities, as well as speaking to the ways they might make our community a better place. Themes of strengthening our school spirit, the school community, our learning community, and the community outside of our walls were prominent in their aspirations for this school year. So far this year students from our leadership team have already been involved in helping organize and plan for spirit days as well as raising awareness of our Terry Fox Walk, Orange Shirt Day, and Walk for Wenjack. Students have helped with our hot lunch program and have prepared for future indoor recesses by preparing some activities they can lead for our younger students. We are looking forward to learning more ways in which we can help our community and grow as leaders.

Sincerely, Dan Howie & Shane Bachmeier

Preparing for Colder Weather

As we move further into the fall season it is important that students come to school properly dressed to be comfortable when outside at recess breaks. We try to get students outside whenever possible – a little light rain, snow or wind will not preclude us from holding outdoor recess breaks. As the weather turns colder, we use –25 degrees Celsius as the coldest temperature at which we will go outside. At –26 degrees Celsius, students must remain in their classrooms for recess breaks (wind chill included).

A reminder to label outdoor clothing and footwear with the child's name. This reduces confusion about 'whose is whose' and helps get lost items back to their owners.

Is My Child Too Sick To Attend School?

If you have questions call HealthLine 811 at any time.

Symptoms	Could be...	Should my child attend school?	When can my child return to school?	Should we see a Healthcare Provider? Call 811 for advise at anytime
<ul style="list-style-type: none"> High temperature or fever/chills (over 37.5° C orally) 	<ul style="list-style-type: none"> Strep Throat (usually very painful) Chicken Pox Measles Respiratory infections 	No	<p>Once the child is fever-free for at least 1 day without the help of medication</p> <p>Healthcare Provider to advise if treatment is required.</p>	Yes, if your child seems to be getting worse or if fever lasts longer than 3 days or cannot be controlled with acetaminophen or ibuprofen.
<ul style="list-style-type: none"> Rashes <p>(Rashes have many different causes and some are very contagious. Usually a Healthcare Provider must see the rash and testing may be required.)</p>	<ul style="list-style-type: none"> Allergic reaction, insect bite, heat rash Fifth's Disease/Parvovirus B19 <hr/> <ul style="list-style-type: none"> Scarlet Fever/Strep Throat Impetigo Chicken Pox/Shingles Hand, Foot and Mouth virus Scabies Measles 	<p>Yes, if allergic reaction, heat rash, insect bite, Fifth's Disease or treated scabies</p> <hr/> <p>No</p>	<p>Return to school timeline will vary depending on the cause of the rash.</p> <p>If antibiotics are prescribed for Impetigo or Strep infections, child can return to school 24 hours following the start of treatment.</p> <p>Chicken Pox - when feeling well enough to attend and all blisters have crusted over</p> <p>Shingles - if lesions are covered.</p>	<p>Yes, unless you are sure it is an allergic reaction or heat rash.</p> <p>Phone the Healthcare Provider's office before you go to prevent spreading the rash to others.</p>



Symptoms	Could be...	Should my child attend school?	When can my child return to school?	Should we see a Healthcare Provider?
<ul style="list-style-type: none"> Vomiting Diarrhea 	<ul style="list-style-type: none"> Upset stomach (caused by bacteria, virus or the toxins they produce) Gastroenteritis Norovirus COVID 19 	No	Not until it's been at least 2 days since the last episode of vomiting or diarrhea.	Yes, if the child : <ul style="list-style-type: none"> is unable to keep any fluids down for 24 hours is dehydrated has blood in stool.
<ul style="list-style-type: none"> Headache 	<ul style="list-style-type: none"> Upset/Stressed Tired Dehydrated Onset of an illness Injury COVID 19 	No, stay home. Reassess for 24 hours. Yes, if recovered and the headache is no longer present after that time.	When the child is well and able to manage school activities.	Yes, if headache is severe or accompanied by a stiff neck, or symptoms continue even with treatment; or a change is noted in the child's normal behavior (i.e.: sleepy). If not recovered call 811
<ul style="list-style-type: none"> Cough Minor Cold Runny Nose Minor Sore Throat 	<ul style="list-style-type: none"> Seasonal cold Influenza (a very contagious viral infection that attacks the nose, throat and lungs and also causes fever, weakness and severe aches.) COVID 19 	No, if not able to participate fully in regular activities No, if it is Influenza. No, if it is COVID	When the child is well and able to manage school activities.	Yes, if they have coughing that won't stop or anything different about the child's breathing

<ul style="list-style-type: none"> Redness in the white part of the eye or along eye lids. Itching or pain in eye Watering eye (tearing) Discharge from the eye 	<ul style="list-style-type: none"> Pinkeye (Conjunctivitis) 	No	If antibiotics drops are prescribed for pinkeye, can return to school 24 hours after the antibiotic was started.	Yes, if discharge is seen from the eye.
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- Immunizations and frequent handwashing will help prevent many of these common childhood illnesses.
- Inform your school about the symptoms your child is experiencing when you call to inform them about the absence.
- See "Communicable Disease Control" for information about these and other communicable diseases at: [Communicable Disease Control | SaskHealthAuthority](#)
- Contact a Public Health Nurse at your local community office: <https://www.saskhealthauthority.ca/system/files/2023-06/CS-G-0151-Communicable-Disease-Office-Information.pdf>

Safe School Lunches

Is your child's packed lunch still safe to eat by lunchtime? When perishable foods such as milk and meat are kept at room temperature until lunchtime (more than two hours), they can grow dangerous numbers of bacteria. These bacteria can lead to food poisoning.

The following steps can help to keep your child's lunch safe:

- Place a small ice pack in your child's lunch bag. Frozen unsweetened 100% juice boxes also work well.
- Take advantage of the *School Milk Program* if it is offered in your child's school.
- Use a Thermos™ to keep perishable items cold or hot.
- If you are sending food that needs to be heated in a microwave, be sure to pack it in a microwave safe container. Remember that food containers such as yogurt and margarine tubs are not meant to be reused.
- Remind your child to wash their hands before eating lunch.
- If your child carries a reusable lunch bag, be sure to wash it out daily. Bacteria can grow on particles of food that may have spilled in the lunch bag.
- Water bottles also need to be washed with soap daily in order to prevent the growth of harmful bacteria.
- Throw away leftover perishable food that was not eaten at lunch.

Impetigo

What is impetigo?

- a skin infection caused by a bacteria
- the bacteria gets into cuts, sores and other breaks in the skin
- usually appears around the nose, mouth and skin not covered by clothes.
- the infection begins as fluid-filled blisters
- the blisters break or weep and a yellow crust forms

What can you do if your child has impetigo?

- take your child to the doctor for diagnosis and medication
- your child can return to school after 24 hours of antibiotic treatment

How can you help prevent impetigo?

- wash hands with soap and water regularly
- keep small cuts and scratches clean
- if someone in the house has impetigo, keep their clothing, towels and combs separate - wash these items thoroughly in hot water and soap