



**MEMORANDUM**

**Please display this information in a  
convenient location.**

**Thank You.**

**FAMILY JUSTICE SERVICES  
OFFERS A  
PARENTING AFTER SEPARATION AND DIVORCE PROGRAM**

***THESE PUBLIC INFORMATION SESSIONS ARE INTENDED TO HELP PEOPLE WHO  
ARE CONSIDERING OR MAY BE IN THE SEPARATION/DIVORCE PROCESS.  
SESSIONS WILL BE OFFERED IN:***

***SASKATOON***

*Wednesday, September 14, 2016 – 9:00 a.m. to 4:00 p.m.*

*Wednesday & Thursday, September 21 & 22, 2016 – 7:00 p.m. to 10:00 p.m.*

*Saturday, September 24, 2016 – 9:00 a.m. to 4:00 p.m.*

*Saturday, October 15, 2016 – 9:00 a.m. to 4:00 p.m.*

*Wednesday, October 19, 2016 – 9:00 a.m. to 4:00 p.m.*

*Saturday, October 29, 2016 – 9:00 a.m. to 4:00 p.m.*

*Saturday, November 5, 2016 – 9:00 a.m. to 4:00 p.m.*

*Tuesday, November 15, 2016 – 9:00 a.m. to 4:00 p.m.*

*Saturday, November 26, 2016 – 9:00 a.m. to 4:00 p.m.*

*Saturday, December 10, 2016 – 9:00 a.m. to 4:00 p.m.*

*Tuesday, December 13, 2016 – 9:00 a.m. to 4:00 p.m.*

*Saturday, January 7, 2017 – 9:00 a.m. to 4:00 p.m.*

*Tuesday, January 17, 2017 – 9:00 a.m. to 4:00 p.m.*

*Saturday, January 21, 2017 – 9:00 a.m. to 4:00 p.m.*

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**Topics of Discussion:**

***Options for Resolving Disputes and Stages of Separation and Divorce***

Presentation of the various stages, losses, and changes experienced by separating or divorcing couples. Discussion of the options available for dispute resolution. Information on Child Support Guidelines.

***Children's Reaction to Separation/Divorce***

Discussion of how children may react at different developmental ages. Video presentation in which children talk about their personal experience of separation and/or divorce.

***Challenges to Parenting Post Separation/Divorce***

Presentation on changing family structures and roles. Emphasis on communication and keeping children out of the middle of parental conflict. Discussion video.

Registration is mandatory. There is no fee for these sessions.

**TO REGISTER FOR THESE SESSIONS CALL:**

**Toll-free 1-877-964-5501 or 306-964-4401 in Saskatoon**

**Location: will be advised when you register**

**CLASSES ARE FOR ADULTS ONLY - NO CHILD CARE IS PROVIDED**

***Due to allergies we request all facilities remain scent free***

**FAMILY JUSTICE SERVICES  
OFFERS A  
PARENTING AFTER SEPARATION AND DIVORCE PROGRAM  
FOR  
HIGH CONFLICT SITUATIONS**

***PARENTS WHO HAVE ATTENDED THE REGULAR PARENTING AFTER SEPARATION AND DIVORCE PROGRAM MAY BENEFIT FROM ATTENDING THIS SESSION.***

***IF YOU ARE A PARENT EXPERIENCING HIGH CONFLICT WITH YOUR EX-PARTNER, THIS 6-HOUR SESSION WILL ADDRESS THE FOLLOWING:***

- *Reasons for Conflict*
- *Benefits of Lowering the Conflict*
- *Co-operation vs. Parallel Parenting*
- *Options for Parenting when Domestic Violence is Present*
- *Effects of High Conflict on Children*
- *How to Handle Difficult Questions Your Child May Ask*
- *Resolving Blame and Guilt*

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**SESSIONS WILL BE HELD IN:**

**Regina**

**Mondays: 9:00 a.m. - 4:00 p.m.**

**September 12, 2016**

**November 21, 2016**

**January 9, 2017**

**To Register in Regina**

**Call Toll Free:**

**1-888-218-2822 or**

**(306) 787-9905 in Regina**

**Saskatoon**

**Thursdays: 9:00 a.m. - 4:00 p.m.**

**September 8, 2016**

**November 24, 2016**

**January 26, 2017**

**To Register in Saskatoon**

**Call Toll Free:**

**1-877-964-5501 or**

**(306) 964-4401 in Saskatoon**