

FAMILY JUSTICE SERVICES  
OFFERS A  
PARENTING AFTER SEPARATION AND DIVORCE PROGRAM

**THESE PUBLIC INFORMATION SESSIONS ARE INTENDED TO HELP PEOPLE WHO  
ARE CONSIDERING OR MAY BE IN THE SEPARATION/DIVORCE PROCESS.  
SESSIONS WILL BE OFFERED IN:**

**SASKATOON**

*Wednesday, March 6 & Thursday, March 7, 2019 - 6:00 p.m. to 9:00 p.m.*  
*Tuesday, March 12, 2019 - 9:00 a.m. to 4:00 p.m.*  
*Saturday, March 16, 2019 - 9:00 a.m. to 4:00 p.m.*

*Saturday, April 6, 2019 - 6:00 p.m. to 9:00 p.m.*  
*Tuesday, April 16, 2019 - 9:00 a.m. to 4:00 p.m.*  
*Saturday, April 27, 2019 - 9:00 a.m. to 4:00 p.m.*

*Saturday, May 4, 2019 - 6:00 p.m. to 9:00 p.m.*  
*Tuesday, May 14, 2019 - 9:00 a.m. to 4:00 p.m.*  
*Saturday, May 25, 2019 - 9:00 a.m. to 4:00 p.m.*

*Wednesday, June 5 & Thursday, June 6, 2019 - 6:00 p.m. to 9:00 p.m.*  
*Tuesday, June 11, 2019 - 9:00 a.m. to 4:00 p.m.*  
*Saturday, June 15, 2019 - 9:00 a.m. to 4:00 p.m.*

*Tuesday, July 9, 2019 - 9:00 a.m. to 4:00 p.m.*  
*Saturday, July 13, 2019 - 9:00 a.m. to 4:00 p.m.*

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**Topics of Discussion:**

**Options for Resolving Disputes and Stages of Separation and Divorce**

Presentation of the various stages, losses, and changes experienced by separating or divorcing couples.  
Discussion of the options available for dispute resolution. Information on Child Support Guidelines.

**Children's Reaction to Separation/Divorce**

Discussion of how children may react at different developmental ages. Video presentation in which children talk about their personal experience of separation and/or divorce.

**Challenges to Parenting Post Separation/Divorce**

Presentation on changing family structures and roles. Emphasis on communication and keeping children out of the middle of parental conflict. Discussion video.

Registration is **mandatory**. There is no fee for these sessions.

**TO REGISTER FOR THESE SESSIONS CALL:**

Toll-free 1-877-964-5501 or 306-964-4401 in Saskatoon

**Location:** will be advised when you register

**CLASSES ARE FOR ADULTS ONLY - NO CHILD CARE IS PROVIDED**

*Due to allergies we request all facilities remain scent free*

**FAMILY JUSTICE SERVICES  
OFFERS A  
PARENTING AFTER SEPARATION AND DIVORCE PROGRAM  
FOR  
HIGH CONFLICT SITUATIONS**

***PARENTS WHO HAVE ATTENDED THE REGULAR PARENTING AFTER SEPARATION AND DIVORCE PROGRAM MAY BENEFIT FROM ATTENDING THIS SESSION.***

***IF YOU ARE A PARENT EXPERIENCING HIGH CONFLICT WITH YOUR EX-PARTNER, THIS 6-HOUR SESSION WILL ADDRESS THE FOLLOWING:***

- *Reasons for Conflict*
- *Benefits of Lowering the Conflict*
- *Co-operation vs. Parallel Parenting*
- *Options for Parenting when Domestic Violence is Present*
- *Effects of High Conflict on Children*
- *How to Handle Difficult Questions Your Child May Ask*
- *Resolving Blame and Guilt*

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**SESSIONS WILL BE HELD IN:**

**Regina**

**Mondays: 9:00 a.m. - 3:00 p.m.**

**Monday, May 27, 2019**

**Monday, June 24, 2019**

**Monday, September 9, 2019**

**To Register in Regina**

**Call Toll Free:**

**1-888-218-2822 or**

**(306) 787-9905 in Regina**

**Saskatoon**

**Thursdays: 9:00 a.m. - 4:00 p.m.**

**Thursday, April 25, 2019**

**Thursday, June 13, 2019**

**Thursday, September 12, 2019**

**To Register in Saskatoon**

**Call Toll Free:**

**1-877-964-5501 or**

**(306) 964-4401 in Saskatoon**