



STORM NEWS

Warman Community Middle School

June 2016

The month of June is a busy one filled with many transitions and planning in preparation for next fall. We look forward to some new faces with staff and students and wish fond farewells to some who are moving on to other schools and opportunities. We look forward to continue a school tradition of meeting with Grade 7 students in the month of June and presenting each of them with a card and school pin to commemorate the conclusion of their schooling at WCMS. You will find many items

in this month's newsletter aimed at supporting a smooth conclusion to this school year and our start up next fall.

As this is the final full newsletter of the year we want to take an opportunity to thank staff, parents, members of our School Community Council and students for all of your contributions in and out of the classroom that have made for an engaging and learning filled year at WCMS!

-WCMS Admin Team

**Have a safe
and enjoyable
summer!**



CVAC Track Meet



Talent Night

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LIBRARY NEWS

A reminder to student library patrons that WCMS is requesting that all library books are returned by June 17th. There will be no further class book exchanges for the last week and a half of school. Students will need to bring/use their personal li-

brary cards as of June 17th, as the class key fobs will be stored for the summer. Students need to be aware that they are responsible for any fines or fees that are incurred over the summer. The library is open Monday-Saturday throughout the

summer. Students/parents can check their WCL accounts online at <http://www.wheatland.sk.ca/content/warman-library> by using the LOGIN feature.

IMPORTANT TRACK DATES & SCHOOL FIELD TRIP DATES

TRACK DATES

Wednesday, June 1st - Grade 6 Track

Thursday, June 2nd - Grade 5 Track

Friday, June 3rd - Grade 4 Track

Friday, June 10th - WOMV Interschool Meet (Grade 4-6 who advance) - Valley Christian Academy

FIELD TRIP DATES

Thursday, June 2nd - Grade 7 Wanuskewin Field Trip (Bymoan, Pavloff, Strasky, Woods-Fehr)

Friday, June 3rd - Grade 7 Wanuskewin Field Trip (Folden/Procyshyn, Sander/Koroluk)

Wednesday, June 8th - Grade 5 Fort Carleton Field Trip (Schaff, Read & Baudais)

Wednesday, June 8th - Grade 6 Redberry Field Trip (Boyle, Burgess, Fast)

Thursday, June 9th - Grade 5 Fort Carleton Field Trip (Bachmeier, Flett, McKay, Williams)

Thursday, June 9th - Grade 6 Redberry Field Trip (Korver, Hoffman, Georgacacos)

Thursday, June 16th - Grade 4 Spray Park

Thursday, June 16th - Grade 5 Pike Lake Field Trip

Thursday, June 23rd - Grade 4 Batoche Field Trip

SRC

Wow! We can't believe the school year is almost over! Thank you to everyone for a great year and all the support we were given. Last month, our theme was Sports Frenzy! We focused all of the activities on sports.

We had a jersey day and a puck shooting contest. We raised around \$200.00 and the proceeds went to the Red Cross to support the efforts in Fort McMurray. This upcoming month, our theme is School's Out

For The Summer! We have many great events planned, make sure to look at the SRC calendar to find out the dates. We can't wait for the summer. We had the best SRC and can't wait for next year!

WCMS READS READING PARTY

Please join us for this year's final #WCMSREADS Reading Party! Parents, grandparents, and invited guests are asked to join the WCMS community for a reading party on Wednesday, June 15th from 2:30-3:10. Meet your student(s) in their classroom(s) and then find a comfortable spot to enjoy some reading time. You can listen to students read, share a story, or be a reading role model. Feel free to bring a book,

magazine, or newspaper that you can share with your child! We understand that not every family is able to attend every reading party, but we always love opening up our school to those who are able to join us! We do try to pair all students up with a teacher, classmate, or small group so that everyone can celebrate reading and learning together. To assist in our planning, please let your child's classroom teacher know if a

parent, grandparent, or other guest is able to attend!



IMPORTANT REMINDERS

Progress Reports will
be sent home with
students on **June 28th**

FALL REGISTRATION

If your child will **NOT** be attending WCMS this fall, please let us know by calling 306-683-3000 or emailing WCMS at wcms@spiritsd.ca

This would be much appreciated and helpful in assessing our enrollment in August.

Last Day of School
for Students

June 28th



Follow the Blog

Click on the "follow" tab at the bottom of our blog (<http://blogs.spiritsd.ca/wcms/>) if you would like to receive an email each time a post is added.

Family Health Information

- ◆ [Sweet Enough Already](#)
- ◆ [Your Child and Cycling](#)
- ◆ [Petting Zoos and Farms](#)
- ◆ [Talking to Children about Sexuality](#)

Find more family health info at:

(Search: school newsletter inserts)

HEALTHY STUDENTS = BETTER LEARNERS



Population and Public Health

Contact Us

Give us a call or email any time with questions, concerns or suggestions.

Warman Community Middle School

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Visit us on the web at :

<http://blogs.spiritsd.ca/wcms/>

YEAR END REMINDERS

The school year is quickly drawing to a close. Please be aware of the following:

- If your child will not be attending school on Tuesday, June 28th and cannot pick up their progress report, the following alternative arrangements can be made:
 - ⇒ Communicate with your child's homeroom teacher about someone else picking it up from their classroom at the end of the day on June 28th.
 - ⇒ Progress reports may be picked up in the school office on Wednesday, June 29th or Thursday, June 30th (before noon).
 - ⇒ Provide a self-addressed stamped envelope before June 28th and it will be mailed.
 - ⇒ Pick up the progress report from the school office between the hours of 9am-4pm after it re-opens on August 29th.
- All student materials (from classrooms and lost and found bins) must be removed by the final day of classes. Unclaimed items are donated to charity at the beginning of July.
- Final day of student attendance will be Tuesday, June 28th.
- Final progress reports will be sent home with students on the last day of classes (June 28th).
- The last day of school bus operation will be Tuesday, June 28th.

Just a quick reminder!

TENTATIVE CLASSROOM ASSIGNMENTS

We will include a welcome letter for your child's home-room teacher for next year in the final progress report on June 28th. This has proven to be a beneficial way for the first day of student attendance and supportive

of the grade to grade transition. Please note that the assignment is tentative in the event that significant changes to enrollment over the summer require us to change our plan. In the rare event that this should occur,

the school will contact any students/families affected the week of August 29-31st.

GRADE 7 BUS REMINDER

Grade 7 Bus Reminders:

All current urban Warman Grade 3 and Grade 7 students must reapply for busing for September 2016, because they are switching schools. Students only need to apply if they live within Warman city

limits and are eligible for bus service next school year. If you are unsure of eligibility, please refer to the website <https://www.spiritsd.ca/buses/>.

Urban student forms received later than Friday, June 10, 2016, may have to wait until the end of Septem-

ber for bus service and bus passes.

PSSD Bus Garage



FACILITY ACCESS PLAN

WCMS and the Legends Centre were designed to ensure that we can move large numbers of people in and out of the facility quickly and safely. Please follow these guidelines to help do your part:

- School bus loading and unloading in the east side of the Leg-

ends Centre – in front of the Legends Centre.

- Parent pickup and drop off of students – please use the parking available on Gowan Road on the west side of the school. **DO NOT** use the Legends Centre parking lot as a location to pick up students.

- Student pedestrians – please use the pathways and sidewalks. Please use the bike racks on the school side of the facility (do not use the bike rack in front of the Legends Centre main doors).

WELCOME BACK

We welcome back students to classes on Tuesday, September 1st. Students should use wing doors and proceed directly to their homeroom locations. Maps and directions will be posted. New students and any-

one needing assistance should proceed to the school office area where there will be staff representatives from our School Community Council to assist.



CHILDREN'S
Activity Camps
JULY 6 TO AUGUST 28

- Fun safe, non-competitive activity camps for children ages 5-12
- Certified and experienced instructors
- Week-long, half-day or full-day camps available
- A variety of activities to choose from, including soccer, volleyball, sports and water mania, rock climbing and many more!
- There's something for everyone!

For more information please, visit
recservices.usask.ca

To register call 306-966-1001

CALENDAR MAGNETS FOR 2016-2017

Thank you to our School Community Council for providing families with a school year calendar for the upcoming

school year. Members of the School Community Council will be distributing these to the youngest

WCMS student in each family on the first day of school (September 1st) to take home.

WCMS Important Dates 2016-2017

September	1	First Day of Classes
September	8	SCC Welcome Back BBQ @ Legends
September	15	School Community Council Meeting (6:30pm)
September	16	Prep/PD Day – NO SCHOOL
September	23	School Picture Day
October	7	Prep Day – NO SCHOOL
October	10	Thanksgiving – NO SCHOOL
October	20	School Community Council Meeting (6:30pm)
October	24	School Picture Re-takes
November	1	Student Led Conferences (3:45-7:30)
November	3	Student Led Conferences (3:45-7:30)
November	10	NO SCHOOL (in Lieu)
November	11	Holiday – NO SCHOOL
November	14	Prep Day – NO SCHOOL
November	17	School Community Council Meeting (6:30pm)
November	30	Progress Reports
December 22-January 2		Holidays – NO SCHOOL
January	19	School Community Council Meeting (6:30pm)
January	30	Prep Day – NO SCHOOL
February	16	School Community Council Meeting (6:30pm)
February	20-24	February Break – NO SCHOOL
March	16	School Community Council Meeting (6:30pm)
March	17	Progress Reports
March	20	Student Led Conferences (3:45-7:30)
March	22	Student Led Conferences (3:45-7:30)
March	23	Prep Day – NO SCHOOL
March	24	NO SCHOOL – (in Lieu)
April	14-21	Holiday – NO SCHOOL
May	11	School Community Council Meeting (6:30pm)
May	19	Prep Day – NO SCHOOL
May	22	Victoria Day – NO SCHOOL
June	5	Prep Day – NO SCHOOL
June	15	School Community Council Meeting (6:30pm)
June	28	Progress Reports – Last Day of School
June	29	Prep Day – NO SCHOOL
June	30	Prep/PD Day – No School

A reminder to parents, guardians and other visitors who have school business to please check in at the school office upon your arrival. Thanks!



CVAC Track Meet

Vegetables

Bright yellow and orange peppers, crisp celery and juicy tomatoes – vegetables come in all shapes, colours, textures and flavours. Packed with important vitamins, minerals, and fibre, eating vegetables daily helps to keep us healthy. Fresh, frozen or canned vegetables are all great options. Enjoy vegetables raw or cooked, alone or in a mixed dish.

One food guide serving of vegetables is:

- ⇒ 1 medium size vegetable
- ⇒ 1/2 cup chopped, frozen or canned vegetables
- ⇒ 1 cup salad greens
- ⇒ 1/2 cup 100% vegetable juice

Tips for including more vegetables in your day

- Fill 1/2 your plate with vegetables
- Keep cut up vegetables in the fridge for a quick and easy snack
- Enjoy vegetables with a dip such as hummus (chickpea dip) or black bean dip
- Add chopped vegetables to scrambled eggs or omelets
- Add kale or other leafy greens to a fruit smoothie



Eat at least one **dark green** and one **orange** vegetable a day

Vegetable Quinoa

Ingredients

(Makes 6 servings)

- 1 cup quinoa
- 1 cup boiling water
- 1/4 cup diced tomatoes
- 1/4 cup carrot strips
- 1/4 cup chopped broccoli
- 1/4 cup cauliflower florets
- 1/4 cup diced zucchini
- 2 tbsp. olive oil
- 1 tbsp. low sodium soy sauce



Directions

1. Rinse quinoa under cold water. In a medium saucepan, add quinoa to boiling water; cover and simmer for about 15 minutes or until tender. (Watch carefully to prevent sticking.)
2. Heat oil in a skillet over medium-high heat. Add tomatoes, carrots, broccoli, cauliflower, and zucchini and stir fry for about 7 minutes. Add quinoa and soy sauce to cooked vegetables and mix together. Serve immediately.



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