

Personal Protective Equipment:

Wearing a mask is part of a layer of protections that aids in reducing the risk of COVID transmission. It is also about protecting others from your own secretions since proper mask use will decrease the distance that droplets can travel in the air. The recommendation we are following by the Saskatchewan Health Authority is several layers. Gaiters (see picture below) are only one layer of protection and therefore not acceptable protection while at school.

This is the direct messaging from our medical health officer:

“Bandanas and gaiter masks are not appropriate face coverings because they are ineffective at blocking respiratory droplets. Several layers are the recommendation. Ministry of Health does not support the wearing of gaiters as proper PPE”



Although gaiters are comfortable for many, it does not protect others from COVID transmission. One easy test that can be done at home is the candle test. If you can easily blow out a candle from about a ruler (30 cm) distance away with the mask on, the mask is not providing enough layers of protection.

Thank you for doing your part in keeping yourself and other safe. If you have any questions, please do not hesitate to contact us.