

## **Healthy School Planner - Mental Health Team Meeting (December 14th, 2020)**

**Attendance:** Lisa M., Charmain L., Erin H., Dipo, Brandi, Jill O. & Ryder, Christy B. & Alex & Josh B., Division Representative Heather Wegren, SHA Representative Stacy Alexandre

**For more information please visit: <http://healthyschoolplanner.com/>**

We met as a committee on December 14th, 2020 and went through the initial survey questionnaire to help gain some feedback and data to allow us to help plan some healthy school initiatives. We had some students join us for the first 15 minutes or so - so thanks to Alexander Burnett (Grade 8), Joshua Burnett (Grade 7), and Ryder Olynick (Grade 8) for sharing your thoughts!

Some of the things we discussed centered around:

- Health and wellbeing (instructional vs non-instructional time)
- Equal access to facilities (indoor and outdoor spaces)
- Safety (indoor and outdoor spaces)
- Social Environments (Does your school community foster safe and supportive environments for everyone involved - students, staff, administration, community members)
- Celebrations - (Does your school celebrate the contributions of volunteers?)

At this point students left the meeting and we continued to discuss and answer questions centered around:

- Planning for a health school community (do you have a team, leader)
- Staff supports (Do your staff feel supported?)
- Are your healthy school initiatives embedded with your school action plan?
- Does your school have effective partnerships and access to services in your community?
- Monitoring and Evaluation (this will be an area we as a team focus on once we have collected results from our initial survey - hopefully we can share these with you in January).

Steps moving forward:

- We will meet again sometime in January to assess results and figure out how to implement even more ways to foster healthy school initiatives within Warman Community Middle School.