

Healthy School Planner - Mental Health Team Meeting (February 22, 2021)

Attendance: Lisa M., Brandi R., Jill O., Christy B., Division Representative Heather Wegren, SHA Representative Stacey Alexandre, Oladipo Jabagun, Lisa H., Hali H., Erin H.

For more information please visit: <http://healthyschoolplanner.com/>

We met as a committee on February 22nd and discussed the results of the Healthy School Planner survey. Prior to our meeting, the school team met and thought two key areas surfaced as areas to identify and spend some time on to help create an even healthier school!

The discussion was focused on two key areas:

- 1. Connectedness**
- 2. Engagement**

Heather shared a powerpoint and then we discussed ways to improve school connectedness and engagement within the school between students and teachers, as well as school-student relations.

Some ideas we discussed include:

- Daily greetings - greeting students at the door to the school, or door to your classroom is key to setting up a positive classroom /school experience and helps students feel important.
- Highlighting students positive contributions - setting a goal to point out students who are making a positive contribution to the school community.
- Arranging a time each day/week to share students thoughts and concerns - to hear their voice and then be able to act on their suggestions. Possibility of setting up a suggestion box, talk box so students can voice their concerns or topics they want to learn about or discuss. This could be used in conjunction with a wellness Wednesday theme.
- PowerSchool Live vs Google Classroom - anyway for the middle school to use PowerSchool Live? We definitely think it is important to increase communication so parents have a better idea what's happening at school academically and socially. More texts, shorter newsletters and reaching out on SCC Facebook page may help shorten information coming home all at once and make it more useful/accessible for parents.
- Peer Inter-mingling - Buddy Program - would this help connectedness?
- Project Based ILO - offer a project based learning ILO - Hali H. has just began running this in her classroom and will now work with 9 more teachers this year to help set up this scaffold within more classrooms. This will be a work in progress and continue in the fall and help address more relevant lessons and learning opportunities for students.
- Virtual Wellness Event - Lisa connected with Martinsville High and we can use this idea to help encourage positive mental health and wellness ideas at home.