

Healthy School Planner - Mental Health Team Meeting (January 11th, 2021)

Attendance: Lisa M., Charmain L., , Brandi R., Jill O., Christy B. & Alex & Josh B., Division Representative Heather Wegren, SHA Representative Stacy Alexandre, Oladipo Jabagun, Lisa H & Katie

For more information please visit: <http://healthyschoolplanner.com/>

We met as a committee on January 11th and went through the survey questions for Module 2. We had some students join us for the first 6 questions or so - so thanks to Alexander Burnett (Grade 8), Joshua Burnett (Grade 7), and Katie Harms (Grade 7) for sharing your thoughts!

The discussion and questions were based around 4 pillars:

- 1. Teaching/Learning Activities/Resources**
- 2. Social/Physical Environments**
- 3. Healthy School Policy**
- 4. Partnerships & Services**

Some questions we considered were:

- Do staff members explore student interests when planning lessons and activities?
- Do teachers ask for feedback from students?
- Do staff members have an understanding of positive mental health, social emotional learning practices and decision making and use such knowledge in their educational planning for students?
- To what extent do school-wide initiatives foster the creation of safe and caring environments for students?

At this point students left the meeting and we continued to discuss:

- To what extent does your school implement policies that facilitate continued school connectedness and restoration?
- Do school staff members maintain regular communication with parents or caregivers?
- Does the school provide the students with mentorship learning opportunities with community based organizations or caring adults?
- Should we share our school survey data results? - Lisa M. will ask Clint for permission before we say Yes or No.

Next Steps:

- The school based mental health team (Lisa, Charmain, Brandi, Erin, Heather, & Oladipo) will meet to synthesize survey results from our Mental Health meetings and One School Planner. They will condense and share data results with us.
- The week before or after the February break we will meet as a Mental Health Planning team to hear the condensed results and further discuss how COVID has changed daily operations but lead us to some new positives. What positive changes are worth keeping post COVID?