

# April 2019

Spring feels like it has finally arrived most days with a quick warm-up (most days) and drying up of the playground. This was a welcome arrival after the last few months of winter. A big thank you to parents, students, and staff for all your efforts in the learning conferences that were held before the break. We know that these opportunities to talk with students about their learning, celebrate their successes and growth, and plan the next steps are valued as we continue to see a very high turnout of parents and students. Along with regular learning information and examples sent home by teachers in portfolios and online tools like SeeSaw and our three Learning Summaries per year we hope you feel well informed about your child's learning and growth.

I want to highlight the need we have for next year's

School Community Council with 2 open positions needing to be filled at our May 7th SCC meeting. Take a look at the notice in this newsletter if you are wondering what is involved and drop by the office to fill out a nomination form.

During the month of April we said goodbye to our nursing interns and third year student teachers from the University of Saskatchewan. These young people were a great compliment to our school and helped tie together the area of health and education. Students benefited from their knowledge and expertise in the field of health as they shared this in various ways with the students.

As we look ahead we see that the end of another year is just over the horizon. With the late Easter break there will be a mere 8.5 weeks left in the school year for students. With all the activities that occur in the final months of every school year this time is sure to go by very quickly. We look forward to the learning and journey that will take us to the end of June. Enjoy the ride!

Admin Team,

Greg Tebay & Orlando Pauls



# **DATES TO REMEMBER**

April 10 Kindergarten Conferences 9a.m-7p.m (no school for kindergarten students)

April 11

Kindergarten Conferences 9a.m-7p.m (no school for kindergarten students)

April 17

Hot Lunch Gr. 1-5 & KA

April 17 SCC Spring Fling

Family Dance 6:30p.m – 8p.m

April 18

Hot Lunch KB

April 19

Good Friday

**NO SCHOOL** 

April 22- April 26 Easter Break

**NO SCHOOL** 

April 29

**Classes resume** 

May 9

Fine Arts Night

May 14

Bike Rodeo

May 15

Hot Lunch KA & Gr. 1-5

May 16

Hot Lunch KB

May 29 Pre-K Information Night 6p.m-7p.m



If your child will be 5 years old by December 31, 2019 (born in 2014), it's time to start thinking about Kindergarten! Kindergarten registrations for the 2019/20 school year are now being accepted. Please contact the school to register your Kindergarten-aged child. We will be holding a Kindergarten Orientation on June 4<sup>th</sup> for registered families.

School enrolment: We are proud of the strong school culture and the learning communities that have been developed at both Warman Elementary School and Traditions Elementary School over this school year. Our elementary schools in Warman benefit from balanced and stable student enrolments. Please note that moving your child from one elementary school in Warman to the other requires the approval of our Learning Superintendent, <u>Mr. Kim</u> <u>Beaulieu</u> (306-683-2840). A request of this nature will be considered if there are special circumstances. Thank you!



# Pre-Kindergarten Program

Warman Elementary School is once again excited to start planning for our Pre-Kindergarten Program for three and four year old children. Children born in 2015 or 2016 may participate in this specialized program, which has 32 spaces. Acceptance into the program is based on a wide range of criteria. The Pre-Kindergarten program provides students with appropriate developmental opportunities and supports at an early age, focusing on active, experiential learning through play.

### **Dates To Remember**

May 29<sup>th</sup>: Parent Information Night 6:00p.m June 3<sup>rd</sup>: Deadline for applications June 27<sup>th</sup>: Applicants will be contacted regarding acceptance

Applications are available at the office

# IMPORTANT REMINDERS



8:35 a.m.: First Bell
8:40 a.m.: Classes Begin
10:15 a.m.: RECESS
10:30 a.m.: Classes Resume
12:00 p.m.: LUNCH
12:25 p.m.: LUNCH RECESS
12:45 p.m.: Classes Resume
2:52 p.m.: Dismissal



Milk is available for purchase at a cost of \$1.00 / milk or a milk punch card can be purchased for \$20.00 from the office.

#### **Cell Phones and Devices**

Please do not send your child (ren) to school with personal devices such as cell phones, ipods, ipads etc. There may be times when a teacher will ask students to bring a device for an educational purpose but you will receive notice from a teacher in advance. If emergencies arise, parents can always get in touch with their child (ren) by phoning the office.

#### **Exterior Doors**

For safety reasons, all exterior doors are locked throughout the day except for the morning and over recess and noon hour. The main entrance of the school is always open.

#### **Extended Absences**

If your child will be away from school (medical, vacation, etc) please connect with your child's teacher and the office in advance.

## "Earth Day" is coming up!



Throughout the week of April 15<sup>th</sup> - 18th<sup>,</sup> W.E.S. students and staff will show how much they care about their planet by participating in a few activities. These are the activities your child will be participating in with their class:

April 15: "Mindful Monday" Students will reflect on ways they can help the earth.

**April 16**: **"Turn if Off Tuesday"** Power down throughout the school. To conserve energy, classrooms will turn off some lights and other power-consuming devices.

**April 17: "Waste-free Wednesday"** Students are encouraged to bring a garbage free lunch to school. To be "waste-free", students can bring reusable food and drink containers, not disposable ones.

**April 18: "Thankful Thursday**" Classes will participate in a school-wide garbage pick-up. As a gesture of appreciation for our earth, students will pick up garbage in their assigned area around the school.

Students will require gloves to pick up the garbage. Please send a plastic bag and gloves with your child.

The planet thanks you for your support in taking care of our world!



SCC SPRING FLING FAMILY DANCE Wednesday April 17 6:30p.m – 8p.m in the school gym

> \*Admission by donation\* \*Concession\*

All children must be accompanied by an adult All money raised will go towards new playground equipment.



# EASTER STORY WALK





In conjunction with the Easter holiday, the S.C.C has chosen a book entitled, **Wish** by Chris Saunders, to read as a part of the S.C.C's Annual Story Walk. For the Story Walk, pages of the book will be posted in the front window of various venues around Warman on April 17th until May 1st. The venue and address for each page is listed on the question and answer page (available for pick up at the office by April 16). The first stop on the story walk will be at Warman Elementary School.



### SCHOOL COMMUNITY COUNCILS



A primary link between the home, community and school

Our School Community Council (SCC) supports student learning success and well-being and encourages parent and community involvement in the school. Prairie Spirit School Division believes that involvement with SCCs is a rewarding and meaningful activity for parent and community members. If you would like to make a difference at our school, please consider running in the upcoming SCC election. Parents and members of the community are eligible to run for the local SCC.

Our School Community Council has 4 positions open for members for two-year terms beginning fall, 2019. We have 5 members who will be remaining for their second year for 2018/19. Our Annual General Meeting and SCC election will be held:

- Tuesday, May 7<sup>th</sup>, 2019
- 7:00PM, Warman Elementary School

Please contact the school office for more information and for nomination forms. Successful schools don't just happen. They need parent and community involvement!



\*For the safety of everyone please make sure students and adults are crossing at the marked crosswalks.

\*Drivers please take extra caution when driving in fron of the school and be aware that things will slow down during the beginning and end of school times.

\*We ask that all parents obey the parking and drop off signs at the front of the school and in our drop off lane. The bylaw officer will be issuing tickets for those continuing to park in non-parking areas and stopping in bus lanes during marked hours.



### **School Clothing Orders**

All ordered school clothing should arrive at Warman Elementary School by April 30<sup>th</sup>, 2019.



Make sure you have a lock to secure your bike/scooter.

# Healthy Hunger News



April's Hot Lunch will be purchased from Subway April 17 KA & Gr. 1-5 April 18 KB

May's Hot Lunch will be purchased from Pizza Hut May 15 KA& Gr.1-5 May 16 KB

Your School Community Council has organized monthly hot lunch days through Healthy Hunger. Profits from this initiative go into Council fundraising projects like the recent picnic tables installed on the playground.

The dates of our up coming hot lunches are April 17, May 15, and then sometime in June (all WEDNESDAYS for GR. 1-5 & KA -with KB Kindergarten classes being offered hot lunch on Thursdays).

If you already have an account please proceed to the Health Hunger website (www.healthyhunger.ca) and log into your account. At the end of the school year Healthy Hunger always erases your child(ren) from your account so you will be prompted to add your child(ren) and which grade/teacher they are with this year. Please ensure that you select the city/town as Warman and the school as Warman Elementary School. Once you have added your child(ren) you are then able to place your order. If you are new and have not created an account, please proceed to the Healthy Hunger website and click the green Learn more button under Parents and then signup a free account.

- Once you are in your account you will notice that we have set up most of the hot lunch dates for • the year. If you would like to proceed and order all of your lunches available to date you can. You can also come back into your account at any time and order or make changes to your orders.
- Nutritional Guide available upon request .

If you have any questions about the lunch, please contact Denaye Merz at dmerz@sasktel.net. You can also call Healthy Hunger if you have any questions about the site at 1-800-818-6260.

#### **Do More Watch Less**

Parents generally agree that their kids spend too much time watching TV or using the computer. The amount of time used up on screen-based activities, has been implicated as one of the causes for increasing childhood overweight and obesity.

#### Why do we need to "Do More and Watch Less?

- Very little energy is used while watching ٠ television compared to other activities
- Time spent in front of the screen takes away time children can spend being physically active.
- Food ads may influence children to make unhealthy food choices.
- Children tend to snack more while in front of the screen.
- Families tend to eat less healthy meals in front of the television.

#### Tips to reduce your family screen time:

Budget: Allow children to plan and budget no more than one to two hours per day to spend on screen time.

<u>Develop an after school plan</u>: Create a list of activities your kids enjoy doing that will get them up and moving after-school. <u>At meal time turn it off</u>: Make a "no screen"

policy during family meals and make meal time family time to talk. Go screen free: Designate screen-free evenings

each week and use the time for a planned family physical activity like a family walk, swim or bike ride

# Saskatchewan Health Authority

#### **Your Child and Cycling**

Cycling, for both recreation and transportation purposes, is a great way to increase your child's physical activity! Getting to "bike to school" is an exciting time for yor child to interact with ther envionment and to help grow their independence.

Your child isn't just a small adults so help them to have safe cycling practices.

Rules of the Road ab ride in single file of parked cars - do not weave in and out

- of parked cars
  of parked cars
  ride one to a bike
  always ride with traffic
  have a bell on your bike to use and alert pedestrians that you are near
  at busy corners, stop and walk your bike
  keep your eyes on the road and traffic at all times
  use hand signals to tell others what you are doing
  wear brightly coloured clothes
  if you must ride after dark, use a headlight and red rear reflector
  Be Alert. Be Seen. Be Predictable

- Always wear an approved helmet
  wear your helmet squarely on top of your head (no more than 2 finger-wildths above your eyebrows)
  your helmet should fit snug
  your should ot be able to take your helmet off when the chin strap is done up
  you should only be able to one finger between your chin and chin strap



Wrong Right Wrong Experience riding on the road together so the safe cycling behavior is modelled to them before they venture out on their own. Have funl

07/2018

# Saskatchewan Health Authority

#### **Breakfast Gets Top Marks**

Children need a good breakfast in order to learn well and enjoy their day of school. Other family members also need a healthy breakfast, no matter what activities their days include. Here are some tips to ensure that everyone in the family has a wholesome meal at the start of the day.

- Plan Ahead. Since time is often tight, this can be the most important step. Plan for the whole week to help with grocery shopping and supplies.
- Prepare ahead. Do what you can the night before.
- Beat boredom. It is fine to include healthy foods not usually thought of as "breakfast foods."
- Make it a habit. If you want to strengthen your family's breakfast routine, pick two or three weeks to focus on the change. It takes 21 to 28 days to change a habit.
- Eat together whenever you can. Families tend to eat better when they share mealtime. As an added bonus, breakfast together offers a great chance to plan for the day's activities.



07/2018

# A THING OR TWO ABOUT OUR CREW...



# **Erin Tempel**

Although Perdue is where I grew up, Warman has been home to my family for 23 years now. We have 3 daughters, one son-in-law, 2 grandkids and a cat! I have taught several grades throughout my career. Grades 4-6 (in Biggar), Grade 7-8 (in Delisle), Grade 6, Kindergarten and Grade 2 (here) but now I am lucky to be able to work with kids from K-4 teaching Arts Ed. I'm also fortunate to be able to help with the Grade 3 choir. Music is my first love and I try my best to pass that appreciation on to my students.

When not teaching or playing piano, I enjoy cheering on the Riders, attending Rush lacrosse games, spending time in my backyard or at the lake, and reading.



# **Cheryl Fortier**

Hi my name is Cheryl Fortier. This is my first year as an E.A at Warman Elementary School. Previously, I worked for 15 years at Warman High School and 5 years at Warman Middle School. My husband and I have lived in Warman for 35 (always in the same house) and we have seen significant changes in Warman. Our daughter and son are both married and live close by which is awesome as I have 2 wonderful grandsons Luke (almost 4) and Lane (almost 1) that I get to see often. We love to camp and fish and we can't wait to get to Delaronde for May long weekend.



# Lucia Oanta

Hi, I am Lucia Oanta. I grew up in Saskatoon and surrounding areas. I have been an EA at Warman Elementary since the fall of 2011. Before my time at Warman Elementary I ran a day home and was a stay at home mom. I live just outside of Martensville with my husband, children, Lucas (14), and Isabella (16), 2 dogs and 3 cats. I am always on the move with afterschool activities in dance, fitness classes and martial arts. I love coming to school and being a part of all the little ones lives, successes and watching them grow. I look forward to each and every morning. Warman Elementary is a special place for me. On my free time I enjoy watching movies, visiting with friends, and spending time outside at home. I love the smell of spring and fresh flowers. I'm looking forward to it after such a long winter.



April 2019



**D.E.A.R. Day** This April 12, cele-

brate Drop Everything and Read Day with a reading campout—or "campin." Pitch a tent in the backyard, or let your youngster make a living room fort. Then, take turns reading aloud, read silently together, or do both. *Idea*: Encourage regular reading by making D.E.A.R. a monthly tradition.



Spending time outdoors can build your child's observation skills. Play

"I Spy" with clouds ("I spy a cloud that looks like a rabbit") and see who else can spot it, too. Or take a walk with a magnifying glass, and have your youngster look closely at plants and animals.

#### Online homework

If your youngster does homework online, you may wonder how to support him. Just like with pencil-andpaper assignments, invite him to explain his homework to you, and ask to look over his finished work before he sends it. Also, make sure he closes tabs he's not using for assignments so he doesn't get distracted.

#### Worth quoting

"The shortest way to do many things is to do only one thing at a time." *Richard Cecil* 



# **Being responsible**

Megan keeps up with her homework and is always ready for soccer practice on time. The reason? She has learned about responsibility from a young age. Consider these hands-on ways to help your youngster be responsible, too.

#### Part of the team

Show your child that everyone's responsibilities matter. Have her cut

bookmark-sized strips of paper and write a family activity on one (eating dinner). On the others, she should write jobs that make it happen (plan the meal, buy groceries, cook, set the table). Now let her link the strips to make a chain. She'll see that dinner relies on everyone doing their job!

#### Around the clock

Help your youngster get in the habit of handling her responsibilities on time. Let her draw a clock on paper or poster board and add sticky notes labeled with

# **Review report cards**

When your child's next report card arrives, use it to encourage him to finish the school year strong. Try these strategies for discussing it.

**I.** Give your youngster and his report card your full attention. For example, find a quiet spot, put away your phone, and turn off the TV.

**2.** Find reasons to high-five your child. Maybe he

brought up his writing grade or the teacher commented on how well he gets along with classmates.

**3.** Talk about ways he could improve. If his math grade dropped, he might doublecheck work for careless errors. Or if he needs to be more organized, share strategies you use, like keeping office supplies in different-sized containers.♥



Sponsored by your School Community Council

daily tasks. She might put "Homework" at 4 p.m. and "Walk the dog" at 7 p.m. Have her post the clock in a visible spot as a reminder.

#### Caught in the act

"Catch" your child being responsible, and tell her you noticed. ("That was responsible of you to throw away your trash.") You could even snap photos of her responsible behavior (say, making her bed) and hang them on the refrigerator. Seeing the photos will inspire her to continue being responsible.♥



Where will your child hear the word *stethoscope*? What synonym could he use for *hilarious*? Hearing and saying words in context is a good way for your youngster to learn and remember them. Consider these ideas to improve his vocabulary.

**Match places with words.** Ask your child to name a place in your community (*bakery*, *swimming pool*). Take turns saying a word you might hear or say there. When you run out

# **ACTIVITY CORNER** flowers

Spring is in bloom—and so are these "flowers" that let your youngster explore fractions.



**I** • Have your child color three paper plates, each a different color.

**2.** She can use a ruler and marker to draw lines dividing the plates into fractions—one into halves, another into fourths, and the other into eighths.

**3.** Ask her to label each "petal" with its fraction  $(\frac{1}{2}, \frac{1}{4}, \frac{1}{8})$  and cut the plates apart on the lines.

**4.** Now let your youngster see which fractions are *equivalent*—or represent the same parts of a whole—by creating flowers with different color petals. For example, if she glues a purple half and two orange fourths onto a new plate, that's a whole flower  $(\frac{1}{2} + \frac{1}{4} + \frac{1}{4} = 1)$ .

#### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting. Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rfecustomer@wolterskluwer.com www.rfeonline.com ISSN 1540-5621

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of familiar words (*doughnut*, *swim*), try to come up with less common ones (*aroma*, *chlorine*). The last person who thinks of a word picks the next location.

**Use synonyms.** Hold a conversation full of synonyms words with similar meanings. Your youngster might say, "The *funniest thing happened* in the *cafeteria* today." Then, go back and forth, replacing as many words as possible with synonyms. *Examples*: "What *hilarious incident occurred* in the

*lunchroom*?" or "I love it when *comical events transpire* in the *canteen*!" *Tip*: Keep a thesaurus or dictionary handy to find new synonyms.♥



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# **Teachable moments**

During a recent game of disc golf at

a local park, our family had some fun conversations—and I think my daughter Esme learned a lot, too.

It started when Esme said she was going to "toss the Frisbee." I pointed out that the disc wasn't actually a Frisbee! I explained that *Frisbee* is a

brand name that people use generically. Soon we were naming all sorts of products like that, such as inline skates (*Rollerblades*) and ice pops (*Popsicles*).

Then, as we played, Esme asked why there were three different types of discs in the game. That led us to a conversation about engineering, as we examined the discs and talked about how their designs affect how far, fast, or straight they fly.

All this made me realize that simple family outings can be learning opportunities!♥

# Handling complaints

**Q:** My son has been complaining a lot lately, even about little things. For example, he'll gripe if we're out of his favorite cereal or his sister moves his backpack. How can I handle this?

A: Try acknowledging your son's feelings in a calm, upbeat voice. Then, encourage him to find a solution. You might say, "I know you're disappointed about your cereal. What could you eat instead?" Resist the urge to say, "That's nothing to complain about," which can discourage him from expressing his feelings. Instead, brainstorm ways to "flip" his thinking. For instance, he could say, "I

have cereal every day, so it might be nice to eat something different."

With practice, he'll get out of the habit of complaining—and make life more pleasant for everyone.♥